

Students in grades 6 to 12 who reported having an evening meal together with family, friends or guardians at least 5 times a week

Unit : %

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Province			
New Brunswick	64.2	59.4	60.3
Health zones			
Zone 1 - Moncton and South-East Area	66.1	61.2	61.5
Zone 2 - Fundy Shore and Saint John Area	60.4	54.6	56.0
Zone 3 - Fredericton and River Valley Area	61.9	56.9	58.1
Zone 4 - Madawaska and North-West Area	S	75.2	75.3
Zone 5 - Restigouche Area	64.9	60.4	60.7
Zone 6 - Bathurst and Acadian Peninsula Area	70.7	66.8	67.8
Zone 7 - Miramichi Area	58.0	54.0	53.4
Communities			
Bathurst, Beresford, Petit-Rocher Area	65.4	64.0	65.1
Bouctouche, Richibucto, Saint-Antoine Area	65.2	58.5	57.8
Campbellton, Atholville, Tide Head Area	65.1	62.9	60.1
Caraquet, Paquetville, Bertrand Area	71.6	69.6	70.8
Dalhousie, Balmoral, Belledune Area	64.7	56.7	61.4
Dieppe and Memramcook	75.4	72.8	72.4
Douglas, Saint Marys, Doaktown Area	61.6	52.8	55.3
Edmundston, Rivière-Verte, Lac Baker Area	S	76.2	74.4
Florenceville-Bristol, Woodstock, Wakefield Area	61.8	56.5	56.9
Fredericton	62.6	58.5	59.5
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	66.1

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Grand Falls, Saint-Léonard, Drummond Area	74.8	73.1	75.3
Hillsborough, Riverside-Albert, Alma Area	60.1	58.6	55.9
Kedgwick, Saint-Quentin and Grimmer	S	77.0	80.5
Minto, Chipman, Cambridge-Narrows Area	51.3	45.2	53.9
Miramichi, Rogersville, Blackville Area	57.4	53.9	53.0
Moncton	64.7	59.5	60.1
Nackawic, McAdam, Canterbury Area	58.0	53.9	54.1
Neguac, Alnwick, Esgenoopetitj Area	64.0	54.9	56.9
New Maryland, Kingsclear, Lincoln Area	71.4	65.9	54.9
Oromocto, Gagetown, Fredericton Junction Area	62.5	58.1	59.5
Perth-Andover, Plaster Rock, Tobique Area	57.8	46.2	52.1
Quispamsis, Rothesay, Hampton Area	60.7	56.2	57.3
Riverview and Coverdale	63.0	59.5	61.0
Sackville, Dorchester, Port Elgin Area	64.2	57.7	60.7
Saint John, Simonds and Musquash	59.1	53.0	53.7
Salisbury and Petitcodiac	59.8	55.6	53.7
Shediac, Beaubassin East and Cap-Pelé	70.7	64.4	62.9
Shippagan, Lamèque, Inkerman Area	78.4	72.3	71.0
St. George, Grand Manan, Blacks Harbour Area	62.6	51.2	56.4
St. Stephen, Saint Andrews, Campobello Island Area	63.2	56.1	57.4
Sussex, Norton, Sussex Corner Area	60.1	54.8	59.7
Tracadie and Saint-Isidore	75.2	66.8	69.2
School districts			
Anglophone East School District	61.7	56.4	57.5

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Anglophone North School District	56.2	52.4	52.3
Anglophone South School District	60.1	54.1	55.8
Anglophone West School District	60.5	55.8	57.5
Anglophone sector	60.2	55.0	56.3
District scolaire francophone Nord-Est	73.1	68.4	69.2
District scolaire francophone Nord-Ouest	S	77.6	76.7
District scolaire francophone Sud	73.8	69.6	68.2
Francophone sector	74.1	70.6	70.1
Grades			
Grades 6 to 8	72.4	67.7	69.1
Grades 9 to 12	58.5	53.5	53.8
Gender			
Female	62.5	58.0	60.1
Male	66.8	61.7	62.6
Non-binary	47.8	46.3	46.2
Sex at birth			
Female	61.7	57.1	58.4
Male	66.9	62.0	62.5
2SLGBTQIA+ status			
2SLGBTQIA+	51.6	47.8	51.3
Indigenous identity			
Indigenous	58.1	51.8	52.8
Immigrant			

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Immigrants	67.5	65.3	64.7
Disability or special need			
Disability or special need	56.3	52.5	n/a
Racialized groups			
Racialized groups	66.2	62.4	n/a
Socioeconomic status			
High socioeconomic status	70.8	n/a	n/a
Low socioeconomic status	53.9	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported having an evening meal together with family, friends or guardians at least 5 times a week.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "5 days a week, 6 days a week or every day" by the number of respondents who answered "never, 1 day a week, 2 days a week, 3 days a week, 4 days a week, 5 days a week, 6 days a week or every day" to the question: How often do you have an evening meal together with family, friend(s) or guardian(s)?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_EAT11_2

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size