Students in grades 6 to 12 who reported having an evening meal together with family, friends or guardians at least 5 times a week

Unit : %

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Province			
New Brunswick	**64.2**	**59.4**	**60.3**
Health zones			
Zone 1 - Moncton and South-East Area	**66.1**	**61.2**	**61.5**
Zone 2 - Fundy Shore and Saint John Area	**60.4**	**54.6**	**56.0**
Zone 3 - Fredericton and River Valley Area	**61.9**	**56.9**	**58.1**
Zone 4 - Madawaska and North-West Area	S	**75.2**	**75.3**
Zone 5 - Restigouche Area	**64.9**	**60.4**	**60.7**
Zone 6 - Bathurst and Acadian Peninsula Area	**70.7**	**66.8**	**67.8**
Zone 7 - Miramichi Area	**58.0**	**54.0**	**53.4**
Communities			
Bathurst, Beresford, Petit-Rocher Area	**65.4**	**64.0**	**65.1**
Bouctouche, Richibucto, Saint-Antoine Area	**65.2**	**58.5**	**57.8**
Campbellton, Atholville, Tide Head Area	**65.1**	**62.9**	**60.1**
Caraquet, Paquetville, Bertrand Area	**71.6**	**69.6**	**70.8**
Dalhousie, Balmoral, Belledune Area	**64.7**	**56.7**	**61.4**
Dieppe and Memramcook	**75.4**	**72.8**	**72.4**
Douglas, Saint Marys, Doaktown Area	**61.6**	**52.8**	**55.3**
Edmundston, Rivière-Verte, Lac Baker Area	S	**76.2**	**74.4**
Florenceville-Bristol, Woodstock, Wakefield Area	**61.8**	**56.5**	**56.9**
Fredericton	**62.6**	**58.5**	**59.5**
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	**66.1**

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Grand Falls, Saint-Léonard, Drummond Area	**74.8**	**73.1**	**75.3**
Hillsborough, Riverside-Albert, Alma Area	**60.1**	**58.6**	**55.9**
Kedgwick, Saint-Quentin and Grimmer	S	**77.0**	**80.5**
Minto, Chipman, Cambridge-Narrows Area	**51.3**	**45.2**	**53.9**
Miramichi, Rogersville, Blackville Area	**57.4**	**53.9**	**53.0**
Moncton	**64.7**	**59.5**	**60.1**
Nackawic, McAdam, Canterbury Area	**58.0**	**53.9**	**54.1**
Neguac, Alnwick, Esgenoopetitj Area	**64.0**	**54.9**	**56.9**
New Maryland, Kingsclear, Lincoln Area	**71.4**	**65.9**	**54.9**
Oromocto, Gagetown, Fredericton Junction Area	**62.5**	**58.1**	**59.5**
Perth-Andover, Plaster Rock, Tobique Area	**57.8**	**46.2**	**52.1**
Quispamsis, Rothesay, Hampton Area	**60.7**	**56.2**	**57.3**
Riverview and Coverdale	**63.0**	**59.5**	**61.0**
Sackville, Dorchester, Port Elgin Area	**64.2**	**57.7**	**60.7**
Saint John, Simonds and Musquash	**59.1**	**53.0**	**53.7**
Salisbury and Petitcodiac	**59.8**	**55.6**	**53.7**
Shediac, Beaubassin East and Cap-Pelé	**70.7**	**64.4**	**62.9**
Shippagan, Lamèque, Inkerman Area	**78.4**	**72.3**	**71.0**
St. George, Grand Manan, Blacks Harbour Area	**62.6**	**51.2**	**56.4**
St. Stephen, Saint Andrews, Campobello Island Area	**63.2**	**56.1**	**57.4**
Sussex, Norton, Sussex Corner Area	**60.1**	**54.8**	**59.7**
Tracadie and Saint-Isidore	**75.2**	**66.8**	**69.2**

School districts

Anglophone East School District	**61.7**	**56.4**	**57.5**

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Anglophone North School District	**56.2**	**52.4**	**52.3**
Anglophone South School District	**60.1**	**54.1**	**55.8**
Anglophone West School District	**60.5**	**55.8**	**57.5**
Anglophone sector	**60.2**	**55.0**	**56.3**
District scolaire francophone Nord-Est	**73.1**	**68.4**	**69.2**
District scolaire francophone Nord-Ouest	S	**77.6**	**76.7**
District scolaire francophone Sud	**73.8**	**69.6**	**68.2**
Francophone sector	**74.1**	**70.6**	**70.1**
Grades			
Grades 6 to 8	**72.4**	**67.7**	**69.1**
Grades 9 to 12	**58.5**	**53.5**	**53.8**
Gender			
Female	**62.5**	**58.0**	**60.1**
Male	**66.8**	**61.7**	**62.6**
Non-binary	**47.8**	**46.3**	**46.2**
Sex at birth			
Female	**61.7**	**57.1**	**58.4**
Male	**66.9**	**62.0**	**62.5**
2SLGBTQIA+ status			
2SLGBTQIA+	**51.6**	**47.8**	**51.3**
Indigenous identity			
Indigenous	**58.1**	**51.8**	**52.8**
Immigrant			

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Immigrants	**67.5**	**65.3**	**64.7**
Disability or special need			
Disability or special need	**56.3**	**52.5**	n/a
Racialized groups			
Racialized groups	**66.2**	**62.4**	n/a
Socioeconomic status			
High socioeconomic status	**70.8**	n/a	n/a
Low socioeconomic status	**53.9**	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported having an evening meal together with family, friends or guardians at least 5 times a week.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "5 days a week, 6 days a week or every day" by the number of respondents who answered "never, 1 day a week, 2 days a week, 3 days a week, 4 days a week, 5 days a week, 6 days a week or every day" to the question: How often do you have an evening meal together with family, friend(s) or guardian(s)?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_EAT11_2

Caption

n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size