

Students in grades 6 to 12 who reported eating breakfast at least 5 times a week

Unit : %

	Academic Year 2023-2024	Academic Year 2021-2022
Province		
New Brunswick	47.5	48.2
Health zones		
Zone 1 - Moncton and South-East Area	52.1	53.2
Zone 2 - Fundy Shore and Saint John Area	45.3	44.8
Zone 3 - Fredericton and River Valley Area	44.3	45.4
Zone 4 - Madawaska and North-West Area	49.9	49.8
Zone 5 - Restigouche Area	41.4	44.8
Zone 6 - Bathurst and Acadian Peninsula Area	51.0	52.6
Zone 7 - Miramichi Area	40.1	41.4
Communities		
Bathurst, Beresford, Petit-Rocher Area	51.9	52.7
Bouctouche, Richibucto, Saint-Antoine Area	47.4	48.5
Campbellton, Atholville, Tide Head Area	41.4	44.5
Caraquet, Paquetville, Bertrand Area	50.0	50.7
Dalhousie, Balmoral, Belledune Area	41.5	45.3
Dieppe and Memramcook	61.7	65.3
Douglas, Saint Marys, Doaktown Area	33.2	32.9
Edmundston, Rivière-Verte, Lac Baker Area	52.1	49.0
Florenceville-Bristol, Woodstock, Wakefield Area	41.1	39.9
Fredericton	49.2	51.8
Grand Falls, Saint-Léonard, Drummond Area	45.7	49.2

	Academic Year 2023-2024	Academic Year 2021-2022
Hillsborough, Riverside-Albert, Alma Area	34.8	37.6
Kedgwick, Saint-Quentin and Grimmer	52.7	55.8
Minto, Chipman, Cambridge-Narrows Area	33.1	32.2
Miramichi, Rogersville, Blackville Area	39.8	41.4
Moncton	53.3	53.0
Nackawic, McAdam, Canterbury Area	38.3	34.0
Neguac, Alnwick, Esgenoopetitj Area	42.5	41.3
New Maryland, Kingsclear, Lincoln Area	52.7	43.2
Oromocto, Gagetown, Fredericton Junction Area	40.4	41.4
Perth-Andover, Plaster Rock, Tobique Area	27.0	33.5
Quispamsis, Rothesay, Hampton Area	51.2	49.6
Riverview and Coverdale	51.3	51.7
Sackville, Dorchester, Port Elgin Area	43.6	51.2
Saint John, Simonds and Musquash	43.3	43.1
Salisbury and Petitcodiac	41.7	42.0
Shediac, Beaubassin East and Cap-Pelé	50.4	53.9
Shippagan, Lamèque, Inkerman Area	54.0	51.1
St. George, Grand Manan, Blacks Harbour Area	40.0	38.8
St. Stephen, Saint Andrews, Campobello Island Area	41.4	41.9
Sussex, Norton, Sussex Corner Area	42.9	42.2
Tracadie and Saint-Isidore	48.2	54.7

School districts

Anglophone East School District	49.1	49.3
Anglophone North School District	37.5	39.7

Academic Year	Academic Year
2023-2024	2021-2022

Anglophone South School District	44.9	44.6
Anglophone West School District	42.8	44.0
Anglophone sector	44.4	45.0
District scolaire francophone Nord-Est	51.3	53.2
District scolaire francophone Nord-Ouest	51.7	50.4
District scolaire francophone Sud	58.5	60.2
Francophone sector	55.2	56.2

Grades

Grades 6 to 8	55.5	56.0
Grades 9 to 12	41.7	42.4

Gender

Female	42.0	43.4
Male	53.9	55.2
Non-binary	35.7	31.3

Sex at birth

Female	41.1	41.6
Male	54.3	55.4

2SLGBTQIA+ status

2SLGBTQIA+	35.3	37.7
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Indigenous identity

Indigenous	35.0	35.2
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Immigrant

Immigrants	55.9	55.0
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Academic Year Academic Year
2023-2024 2021-2022

Disability or special need

Disability or special need	44.0	n/a
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Racialized groups

Racialized groups	51.7	n/a
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About

This indicator is the percentage of students in grades 6 to 12 who reported eating breakfast at least 5 times a week.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "5-6 times or 7+ times" by the number of respondents who answered "never, 1-2 times, 3-4 times, 5-6 times or 7+ times" to the question: In the last 7 days, how many times did you: c) Eat breakfast?

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_EAT12_2

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size