

Students in grades 6 to 12 who reported eating highly processed foods one time or none the day before the survey

Unit: %

Province New Brunswick 32.7 32.1 38.3 36.7 Health zones 20ne 1 - Moncton and South-East Area 34.5 34.6 40.0 39.1 Zone 2 - Fundy Shore and Saint John Area 30.5 29.3 35.9 34.0 Zone 3 - Fredericton and River Valley Area 30.1 29.8 37.0 34.6 Zone 4 - Madawaska and North-West Area 34.8 35.0 41.1 40.7 Zone 5 - Restigouche Area 32.2 31.4 38.8 38.8 Zone 6 - Bathurst and Acadian Peninsula Area 37.6 36.9 42.4 39.5 Zone 7 - Miramichi Area 38.0 40.2 36.9 34.8 Communities Bathurst, Beresford, Petil-Rocher Area 38.0 40.2 41.6 39.0 Bouctouche, Richibucto, Saint-Antoine Area 36.1 35.0 42.9 41.7 Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dailhousie, Balmoral, Belledune Area 32.6 30.9 40.4 41.5	51HC . 70	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	
Health zones Zone 1 - Moncton and South-East Area 34.5 34.6 40.0 39.1 Zone 2 - Fundy Shore and Saint John Area 30.5 29.3 35.9 34.0 Zone 3 - Fredericton and River Valley Area 30.1 29.8 37.0 34.6 Zone 4 - Madawaska and North-West Area 34.8 35.0 41.1 40.7 Zone 5 - Restigouche Area 32.2 31.4 38.8 38.8 Zone 6 - Bathurst and Acadian Peninsula Area 37.6 36.9 42.4 39.5 Zone 7 - Miramichi Area 32.6 30.2 35.9 34.8 Communities Bathurst, Beresford, Petit-Rocher Area 38.0 40.2 41.6 39.0 Bouctouche, Richibucto, Saint-Antoine Area 35.1 35.0 42.9 41.7 Caraquet, Paquetville, Bertrand Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 </td <td>Province</td> <td></td> <td></td> <td></td> <td></td>	Province				
Zone 1 - Moncton and South-East Area 34.5 34.6 40.0 39.1 Zone 2 - Fundy Shore and Saint John Area 30.5 29.3 35.9 34.0 Zone 3 - Fredericton and River Valley Area 30.1 29.8 37.0 34.6 Zone 4 - Madawaska and North-West Area 34.8 35.0 41.1 40.7 Zone 5 - Restigouche Area 32.2 31.4 38.8 38.8 Zone 6 - Bathurst and Acadian Peninsula Area 37.6 36.9 42.4 39.5 Zone 7 - Miramichi Area 32.6 30.2 35.9 34.8 Communities Bathurst, Beresford, Petit-Rocher Area 38.0 40.2 41.6 39.0 Bouctouche, Richibucto, Saint-Antoine Area 35.1 35.0 42.9 41.7 Campbellton, Atholville, Tide Head Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 32.6 30.9 40.4 38.9 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4	New Brunswick	32.7	32.1	38.3	36.7
Zone 2 - Fundy Shore and Saint John Area 30.5 29.3 35.9 34.0 Zone 3 - Fredericton and River Valley Area 30.1 29.8 37.0 34.6 Zone 4 - Madawaska and North-West Area 34.8 35.0 41.1 40.7 Zone 5 - Restigouche Area 32.2 31.4 38.8 38.8 Zone 6 - Bathurst and Acadian Peninsula Area 37.6 36.9 42.4 39.5 Zone 7 - Miramichi Area 32.6 30.2 35.9 34.8 Communities Bathurst, Beresford, Petit-Rocher Area 38.0 40.2 41.6 39.0 Bouctouche, Richibucto, Saint-Antoine Area 35.1 35.0 42.9 41.7 Campbellton, Atholville, Tide Head Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmu	Health zones				
Zone 3 - Fredericton and River Valley Area 30.1 29.8 37.0 34.6 Zone 4 - Madawaska and North-West Area 34.8 35.0 41.1 40.7 Zone 5 - Restigouche Area 32.2 31.4 38.8 38.8 Zone 6 - Bathurst and Acadian Peninsula Area 37.6 36.9 42.4 39.5 Zone 7 - Miramichi Area 32.6 30.2 35.9 34.8 Communities Bathurst, Beresford, Petit-Rocher Area 38.0 40.2 41.6 39.0 Bouctouche, Richibucto, Saint-Antoine Area 35.1 35.0 42.9 41.7 Campbellton, Atholville, Tide Head Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Flo	Zone 1 - Moncton and South-East Area	34.5	34.6	40.0	39.1
Zone 4 - Madawaska and North-West Area 34.8 35.0 41.1 40.7 Zone 5 - Restigouche Area 32.2 31.4 38.8 38.8 Zone 6 - Bathurst and Acadian Peninsula Area 37.6 36.9 42.4 39.5 Zone 7 - Miramichi Area 32.6 30.2 35.9 34.8 Communities Bathurst, Beresford, Petit-Rocher Area 38.0 40.2 41.6 39.0 Bouctouche, Richibucto, Saint-Antoine Area 35.1 35.0 42.9 41.7 Campbellton, Atholville, Tide Head Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 <	Zone 2 - Fundy Shore and Saint John Area	30.5	29.3	35.9	34.0
Zone 5 - Restigouche Area 32.2 31.4 38.8 38.8 Zone 6 - Bathurst and Acadian Peninsula Area 37.6 36.9 42.4 39.5 Zone 7 - Miramichi Area 32.6 30.2 35.9 34.8 Communities Bathurst, Beresford, Petit-Rocher Area 38.0 40.2 41.6 39.0 Bouctouche, Richibucto, Saint-Antoine Area 35.1 35.0 42.9 41.7 Campbellton, Atholville, Tide Head Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6	Zone 3 - Fredericton and River Valley Area	30.1	29.8	37.0	34.6
Zone 5 - Restigouche Area 32.2 31.4 38.8 38.8 Zone 6 - Bathurst and Acadian Peninsula Area 37.6 36.9 42.4 39.5 Zone 7 - Miramichi Area 32.6 30.2 35.9 34.8 Communities Bathurst, Beresford, Petit-Rocher Area 38.0 40.2 41.6 39.0 Bouctouche, Richibucto, Saint-Antoine Area 35.1 35.0 42.9 41.7 Campbellton, Atholville, Tide Head Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6		34.8	35.0	41.1	40.7
Zone 7 - Miramichi Area 32.6 30.2 35.9 34.8 Communities Bathurst, Beresford, Petit-Rocher Area 38.0 40.2 41.6 39.0 Bouctouche, Richibucto, Saint-Antoine Area 35.1 35.0 42.9 41.7 Campbellton, Atholville, Tide Head Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6		32.2	31.4	38.8	38.8
Communities Bathurst, Beresford, Petit-Rocher Area 38.0 40.2 41.6 39.0 Bouctouche, Richibucto, Saint-Antoine Area 35.1 35.0 42.9 41.7 Campbellton, Atholville, Tide Head Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6	Zone 6 - Bathurst and Acadian Peninsula Area	37.6	36.9	42.4	39.5
Bathurst, Beresford, Petit-Rocher Area 38.0 40.2 41.6 39.0 Bouctouche, Richibucto, Saint-Antoine Area 35.1 35.0 42.9 41.7 Campbellton, Atholville, Tide Head Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6	Zone 7 - Miramichi Area	32.6	30.2	35.9	34.8
Bouctouche, Richibucto, Saint-Antoine Area 35.1 35.0 42.9 41.7 Campbellton, Atholville, Tide Head Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6	Communities				
Campbellton, Atholville, Tide Head Area 31.9 31.7 37.7 38.7 Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6	Bathurst, Beresford, Petit-Rocher Area	38.0	40.2	41.6	39.0
Caraquet, Paquetville, Bertrand Area 37.8 33.0 38.4 39.5 Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6	Bouctouche, Richibucto, Saint-Antoine Area	35.1	35.0	42.9	41.7
Dalhousie, Balmoral, Belledune Area 32.6 30.9 40.4 38.9 Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6	Campbellton, Atholville, Tide Head Area	31.9	31.7	37.7	38.7
Dieppe and Memramcook 43.4 38.1 44.1 41.5 Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6	Caraquet, Paquetville, Bertrand Area	37.8	33.0	38.4	39.5
Douglas, Saint Marys, Doaktown Area 28.0 31.8 36.8 28.4 Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6	Dalhousie, Balmoral, Belledune Area	32.6	30.9	40.4	38.9
Edmundston, Rivière-Verte, Lac Baker Area 35.1 36.2 41.7 40.7 Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6	Dieppe and Memramcook	43.4	38.1	44.1	41.5
Florenceville-Bristol, Woodstock, Wakefield Area 29.5 30.8 35.8 34.3 Fredericton 30.9 30.6 39.1 36.6	Douglas, Saint Marys, Doaktown Area	28.0	31.8	36.8	28.4
Fredericton 30.9 30.6 39.1 36.6	Edmundston, Rivière-Verte, Lac Baker Area	35.1	36.2	41.7	40.7
	Florenceville-Bristol, Woodstock, Wakefield Area	29.5	30.8	35.8	34.3
Grand Falls, Saint-Léonard, Drummond Area 34.3 31.8 40.4 41.1	Fredericton	30.9	30.6	39.1	36.6
	Grand Falls, Saint-Léonard, Drummond Area	34.3	31.8	40.4	41.1



	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Hillsborough, Riverside-Albert, Alma Area	28.0	30.0	26.8	30.2
Kedgwick, Saint-Quentin and Grimmer	35.3	38.7	40.2	39.5
Minto, Chipman, Cambridge-Narrows Area	30.3	28.2	30.4	30.6
Miramichi, Rogersville, Blackville Area	31.9	30.3	34.9	34.5
Moncton	33.7	34.4	39.0	38.9
Nackawic, McAdam, Canterbury Area	28.2	28.6	34.7	30.8
Neguac, Alnwick, Esgenoopetitj Area	39.0	29.5	44.4	37.4
New Maryland, Kingsclear, Lincoln Area	26.4	26.5	36.2	36.5
Oromocto, Gagetown, Fredericton Junction Area	29.6	26.2	33.9	31.4
Perth-Andover, Plaster Rock, Tobique Area	31.6	32.1	38.7	33.4
Quispamsis, Rothesay, Hampton Area	33.2	29.7	37.2	35.2
Riverview and Coverdale	31.7	32.3	37.5	35.5
Sackville, Dorchester, Port Elgin Area	32.4	31.2	36.6	38.9
Saint John, Simonds and Musquash	28.5	28.4	35.8	34.2
Salisbury and Petitcodiac	28.9	31.2	37.5	35.9
Shediac, Beaubassin East and Cap-Pelé	32.9	37.5	44.6	41.3
Shippagan, Lamèque, Inkerman Area	37.1	33.3	44.9	41.4
St. George, Grand Manan, Blacks Harbour Area	31.1	31.0	37.7	29.0
St. Stephen, Saint Andrews, Campobello Island Area	31.5	30.6	34.4	34.8
Sussex, Norton, Sussex Corner Area	30.7	32.1	35.5	33.5
Tracadie and Saint-Isidore	36.9	35.7	44.8	39.4
School districts				
Anglophone East School District	32.3	32.2	37.1	36.3
Anglophone North School District	31.2	31.2	36.9	35.9



	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone South School District	30.5	29.0	35.8	33.8
Anglophone West School District	30.1	29.3	37.1	34.3
Anglophone sector	30.9	30.1	36.6	34.8
District scolaire francophone Nord-Est	37.7	35.2	42.3	39.3
District scolaire francophone Nord-Ouest	35.7	35.9	41.5	41.5
District scolaire francophone Sud	37.9	38.3	43.3	42.7
Francophone sector	37.4	37.0	42.7	41.4
Grades				
Grades 6 to 8	29.2	28.5	34.6	33.9
Grades 9 to 12	35.3	34.6	41.0	38.8
Gender				
Female	34.7	33.6	40.1	39.4
Male	31.0	30.8	37.1	34.5
Non-binary	30.3	29.3	36.7	35.1
Sex at birth				
Female	34.5	33.5	39.7	39.0
Male	30.9	30.6	37.0	34.3
2SLGBTQIA+ status				
2SLGBTQIA+	31.8	30.4	36.2	35.7
Indigenous identity				
Indigenous	31.2	31.4	37.3	36.4
Immigrant				
Immigrants	33.9	35.8	40.5	37.8



	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Disability or special need				
Disability or special need	29.3	29.1	n/a	n/a
Racialized groups				
Racialized groups	32.8	33.5	n/a	n/a



About

This indicator is the percentage of students in grades 6 to 12 who reported eating highly processed foods one time or none the day before the survey.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "none or 1 serving" by the number of respondents who answered "none, 1 serving, 2 servings, 3 servings, 4 servings, 5 servings, 6+ servings" to the question: Yesterday, how many times did you eat or drink: c) Highly processed foods (for example, chips, chocolate, candies, ice cream and frozen desserts, fast foods like French fries and burgers, frozen entrées like pasta dishes and pizzas, bakery products like muffins, buns and cakes, processed meats like sausages and deli meats)?

Notes

This indicator has replaced SH_EATNN_1 (non-nutritious foods), which was previously available on our Web site, due to changes in our 2021-2022 edition of the questionnaire. Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit Interpretation NBHC code % Higher is better SH_EHA03_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size