

## Students in grades 6 to 12 who reported eating highly processed foods one time or none the day before the survey

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
<b>Province</b>				
New Brunswick	32.7	32.1	38.3	36.7
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	34.5	34.6	40.0	39.1
Zone 2 - Fundy Shore and Saint John Area	30.5	29.3	35.9	34.0
Zone 3 - Fredericton and River Valley Area	30.1	29.8	37.0	34.6
Zone 4 - Madawaska and North-West Area	34.8	35.0	41.1	40.7
Zone 5 - Restigouche Area	32.2	31.4	38.8	38.8
Zone 6 - Bathurst and Acadian Peninsula Area	37.6	36.9	42.4	39.5
Zone 7 - Miramichi Area	32.6	30.2	35.9	34.8
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	38.0	40.2	41.6	39.0
Bouctouche, Richibucto, Saint-Antoine Area	35.1	35.0	42.9	41.7
Campbellton, Atholville, Tide Head Area	31.9	31.7	37.7	38.7
Caraquet, Paquetville, Bertrand Area	37.8	33.0	38.4	39.5
Dalhousie, Balmoral, Belledune Area	32.6	30.9	40.4	38.9
Dieppe and Memramcook	43.4	38.1	44.1	41.5
Douglas, Saint Marys, Doaktown Area	28.0	31.8	36.8	28.4
Edmundston, Rivière-Verte, Lac Baker Area	35.1	36.2	41.7	40.7
Florenceville-Bristol, Woodstock, Wakefield Area	29.5	30.8	35.8	34.3
Fredericton	30.9	30.6	39.1	36.6
Grand Falls, Saint-Léonard, Drummond Area	34.3	31.8	40.4	41.1

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Hillsborough, Riverside-Albert, Alma Area	28.0	30.0	26.8	30.2
Kedgwick, Saint-Quentin and Grimmer	35.3	38.7	40.2	39.5
Minto, Chipman, Cambridge-Narrows Area	30.3	28.2	30.4	30.6
Miramichi, Rogersville, Blackville Area	31.9	30.3	34.9	34.5
Moncton	33.7	34.4	39.0	38.9
Nackawic, McAdam, Canterbury Area	28.2	28.6	34.7	30.8
Neguac, Alnwick, Esgenoopetitj Area	39.0	29.5	44.4	37.4
New Maryland, Kingsclear, Lincoln Area	26.4	26.5	36.2	36.5
Oromocto, Gagetown, Fredericton Junction Area	29.6	26.2	33.9	31.4
Perth-Andover, Plaster Rock, Tobique Area	31.6	32.1	38.7	33.4
Quispamsis, Rothesay, Hampton Area	33.2	29.7	37.2	35.2
Riverview and Coverdale	31.7	32.3	37.5	35.5
Sackville, Dorchester, Port Elgin Area	32.4	31.2	36.6	38.9
Saint John, Simonds and Musquash	28.5	28.4	35.8	34.2
Salisbury and Petitcodiac	28.9	31.2	37.5	35.9
Shediac, Beaubassin East and Cap-Pelé	32.9	37.5	44.6	41.3
Shippagan, Lamèque, Inkerman Area	37.1	33.3	44.9	41.4
St. George, Grand Manan, Blacks Harbour Area	31.1	31.0	37.7	29.0
St. Stephen, Saint Andrews, Campobello Island Area	31.5	30.6	34.4	34.8
Sussex, Norton, Sussex Corner Area	30.7	32.1	35.5	33.5
Tracadie and Saint-Isidore	36.9	35.7	44.8	39.4
<b>School districts</b>				
Anglophone East School District	32.3	32.2	37.1	36.3
Anglophone North School District	31.2	31.2	36.9	35.9

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone South School District	30.5	29.0	35.8	33.8
Anglophone West School District	30.1	29.3	37.1	34.3
Anglophone sector	30.9	30.1	36.6	34.8
District scolaire francophone Nord-Est	37.7	35.2	42.3	39.3
District scolaire francophone Nord-Ouest	35.7	35.9	41.5	41.5
District scolaire francophone Sud	37.9	38.3	43.3	42.7
Francophone sector	37.4	37.0	42.7	41.4

### Grades

Grades 6 to 8	29.2	28.5	34.6	33.9
Grades 9 to 12	35.3	34.6	41.0	38.8

### Gender

Female	34.7	33.6	40.1	39.4
Male	31.0	30.8	37.1	34.5
Non-binary	30.3	29.3	36.7	35.1

### Sex at birth

Female	34.5	33.5	39.7	39.0
Male	30.9	30.6	37.0	34.3

### 2SLGBTQIA+ status

2SLGBTQIA+	31.8	30.4	36.2	35.7
------------	------	------	------	------

### Indigenous identity

Indigenous	31.2	31.4	37.3	36.4
------------	------	------	------	------

### Immigrant

Immigrants	33.9	35.8	40.5	37.8
------------	------	------	------	------

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
<b>Disability or special need</b>				
Disability or special need	29.3	29.1	n/a	n/a
<b>Racialized groups</b>				
Racialized groups	32.8	33.5	n/a	n/a

## About

This indicator is the percentage of students in grades 6 to 12 who reported eating highly processed foods one time or none the day before the survey.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who answered "none or 1 serving" by the number of respondents who answered "none, 1 serving, 2 servings, 3 servings, 4 servings, 5 servings, 6+ servings" to the question: Yesterday, how many times did you eat or drink: c) Highly processed foods (for example, chips, chocolate, candies, ice cream and frozen desserts, fast foods like French fries and burgers, frozen entrées like pasta dishes and pizzas, bakery products like muffins, buns and cakes, processed meats like sausages and deli meats)?

## Notes

This indicator has replaced SH\_EATNN\_1 (non-nutritious foods), which was previously available on our Web site, due to changes in our 2021-2022 edition of the questionnaire. Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

---

Unit	Interpretation	NBHC code
%	Higher is better	SH_EHA03_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size