

Students in grades 6 to 12 who report eating highly processed foods one time or less the day before the survey

Unit : %

Academic Year
2021-2022

Province

New Brunswick	36.7
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Health zones

Zone 1 - Moncton and South-East Area	39.1
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Zone 2 - Fundy Shore and Saint John Area	34.0
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Zone 3 - Fredericton and River Valley Area	34.6
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Zone 4 - Madawaska and North-West Area	40.7
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Zone 5 - Restigouche Area	38.8
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Zone 6 - Bathurst and Acadian Peninsula Area	39.5
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Zone 7 - Miramichi Area	34.8
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Communities

Bathurst, Beresford, Petit-Rocher Area	39.0
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Bouctouche, Richibucto, Saint-Antoine Area	41.7
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Campbellton, Atholville, Tide Head Area	38.7
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Caraquet, Paquetville, Bertrand Area	39.5
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Dalhousie, Balmoral, Belledune Area	38.9
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Dieppe and Memramcook	41.5
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Douglas, Saint Marys, Doaktown Area	28.4
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Edmundston, Rivière-Verte, Lac Baker Area	40.7
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Florenceville-Bristol, Woodstock, Wakefield Area	34.3
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Fredericton	36.6
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Grand Bay-Westfield, Westfield, Greenwich Area	26.2
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	Academic Year 2021-2022
Grand Falls, Saint-Léonard, Drummond Area	41.1
Hillsborough, Riverside-Albert, Alma Area	30.2
Kedgwick, Saint-Quentin and Grimmer	39.5
Minto, Chipman, Cambridge-Narrows Area	30.6
Miramichi, Rogersville, Blackville Area	34.5
Moncton	38.9
Nackawic, McAdam, Canterbury Area	30.8
Neguac, Alnwick, Esgenooetitj Area	37.4
New Maryland, Kingsclear, Lincoln Area	36.5
Oromocto, Gagetown, Fredericton Junction Area	31.4
Perth-Andover, Plaster Rock, Tobique Area	33.4
Quispamsis, Rothesay, Hampton Area	35.2
Riverview and Coverdale	35.5
Sackville, Dorchester, Port Elgin Area	38.9
Saint John, Simonds and Musquash	34.2
Salisbury and Petitcodiac	35.9
Shediac, Beaubassin East and Cap-Pelé	41.3
Shippagan, Lamèque, Inkerman Area	41.4
St. George, Grand Manan, Blacks Harbour Area	29.0
St. Stephen, Saint Andrews, Campobello Island Area	34.8
Sussex, Norton, Sussex Corner Area	33.5
Tracadie and Saint-Isidore	39.4
School districts	
Anglophone East School District	36.3

	Academic Year 2021-2022
Anglophone North School District	35.9
Anglophone South School District	33.8
Anglophone West School District	34.3
Anglophone sector	34.8
District scolaire francophone Nord-Est	39.3
District scolaire francophone Nord-Ouest	41.5
District scolaire francophone Sud	42.7
Francophone sector	41.4
Grades	
Grades 6 to 8	33.9
Grades 9 to 12	38.8
Gender	
Woman/Girl	39.4
Man/Boy	34.5
Non-binary	35.1
Sex at birth	
Female	39.0
Male	34.3
Race	
White	36.9
South Asian	40.0
Other	37.0
Middle Eastern	40.3

	Academic Year 2021-2022
Latino	39.5
East/Southeast Asian	33.1
Black	37.2
Indigenous identity	
Indigenous	36.4
Non-Indigenous	36.8
Immigrant	
Immigrants	37.8
Non-immigrants	36.6
Special needs	
Has a special need	36.8
No special need	36.6

About

This indicator is the percentage of students in grades 6 to 12 who report eating highly processed foods one time or less the day before the survey.

Source

New Brunswick Health Council, New Brunswick Student Wellness Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "none or 1 serving" by the number of respondents who answered "none, 1 serving, 2 servings, 3 servings, 4 servings, 5 servings, 6+ servings" to the question: Yesterday, how many times did you eat or drink: c) Highly processed foods (for example, chips, chocolate, candies, ice cream and frozen desserts, fast foods like French fries and burgers, frozen entrées like pasta dishes and pizzas, bakery products like muffins, buns and cakes, processed meats like sausages and deli meats)?

Notes

This indicator has replaced SH_EATNN_1 (non-nutritious foods), which was previously available on our Web site. Due to changes in our 2021-2022 edition of the questionnaire, this indicator cannot be compared to previous versions. Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	NBHC code
%	SH_EHA03_1

Caption

n/a = Not applicable / not available

S = Data was suppressed due to low respondent counts