

## Students in grades 6 to 12 who report eating highly processed foods one time or none the day before the survey

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
<b>Province</b>			
New Brunswick	32.1	38.3	36.7
<b>Health zones</b>			
Zone 1 - Moncton and South-East Area	34.6	40.0	39.1
Zone 2 - Fundy Shore and Saint John Area	29.3	35.9	34.0
Zone 3 - Fredericton and River Valley Area	29.8	37.0	34.6
Zone 4 - Madawaska and North-West Area	35.0	41.1	40.7
Zone 5 - Restigouche Area	31.4	38.8	38.8
Zone 6 - Bathurst and Acadian Peninsula Area	36.9	42.4	39.5
Zone 7 - Miramichi Area	30.2	35.9	34.8
<b>Communities</b>			
Bathurst, Beresford, Petit-Rocher Area	40.2	41.6	39.0
Bouctouche, Richibucto, Saint-Antoine Area	35.0	42.9	41.7
Campbellton, Atholville, Tide Head Area	31.7	37.7	38.7
Caraquet, Paquetville, Bertrand Area	33.0	38.4	39.5
Dalhousie, Balmoral, Belledune Area	30.9	40.4	38.9
Dieppe and Memramcook	38.1	44.1	41.5
Douglas, Saint Marys, Doaktown Area	31.8	36.8	28.4
Edmundston, Rivière-Verte, Lac Baker Area	36.2	41.7	40.7
Florenceville-Bristol, Woodstock, Wakefield Area	30.8	35.8	34.3
Fredericton	30.6	39.1	36.6
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	26.2

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Grand Falls, Saint-Léonard, Drummond Area	31.8	40.4	41.1
Hillsborough, Riverside-Albert, Alma Area	30.0	26.8	30.2
Kedgwick, Saint-Quentin and Grimmer	38.7	40.2	39.5
Minto, Chipman, Cambridge-Narrows Area	28.2	30.4	30.6
Miramichi, Rogersville, Blackville Area	30.3	34.9	34.5
Moncton	34.4	39.0	38.9
Nackawic, McAdam, Canterbury Area	28.6	34.7	30.8
Neguac, Alnwick, Esgenoopetitj Area	29.5	44.4	37.4
New Maryland, Kingsclear, Lincoln Area	26.5	36.2	36.5
Oromocto, Gagetown, Fredericton Junction Area	26.2	33.9	31.4
Perth-Andover, Plaster Rock, Tobique Area	32.1	38.7	33.4
Quispamsis, Rothesay, Hampton Area	29.7	37.2	35.2
Riverview and Coverdale	32.3	37.5	35.5
Sackville, Dorchester, Port Elgin Area	31.2	36.6	38.9
Saint John, Simonds and Musquash	28.4	35.8	34.2
Salisbury and Petitcodiac	31.2	37.5	35.9
Shediac, Beaubassin East and Cap-Pelé	37.5	44.6	41.3
Shippagan, Lamèque, Inkerman Area	33.3	44.9	41.4
St. George, Grand Manan, Blacks Harbour Area	31.0	37.7	29.0
St. Stephen, Saint Andrews, Campobello Island Area	30.6	34.4	34.8
Sussex, Norton, Sussex Corner Area	32.1	35.5	33.5
Tracadie and Saint-Isidore	35.7	44.8	39.4
<b>School districts</b>			
Anglophone East School District	32.2	37.1	36.3

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone North School District	31.2	36.9	35.9
Anglophone South School District	29.0	35.8	33.8
Anglophone West School District	29.3	37.1	34.3
Anglophone sector	30.1	36.6	34.8
District scolaire francophone Nord-Est	35.2	42.3	39.3
District scolaire francophone Nord-Ouest	35.9	41.5	41.5
District scolaire francophone Sud	38.3	43.3	42.7
Francophone sector	37.0	42.7	41.4

### Grades

Grades 6 to 8	28.5	34.6	33.9
Grades 9 to 12	34.6	41.0	38.8

### Gender

Female	33.6	40.1	39.4
Male	30.8	37.1	34.5
Non-binary	29.3	36.7	35.1

### Sex at birth

Female	33.5	39.7	39.0
Male	30.6	37.0	34.3

### 2SLGBTQIA+ status

2SLGBTQIA+	30.4	36.2	35.7
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### Indigenous identity

Indigenous	31.4	37.3	36.4
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### Immigrant

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Immigrants	35.8	40.5	37.8
<b>Disability or special need</b>			
Disability or special need	29.1	n/a	n/a
<b>Racialized groups</b>			
Racialized groups	33.5	n/a	n/a

## About

This indicator is the percentage of students in grades 6 to 12 who report eating highly processed foods one time or none the day before the survey.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who answered "none or 1 serving" by the number of respondents who answered "none, 1 serving, 2 servings, 3 servings, 4 servings, 5 servings, 6+ servings" to the question: Yesterday, how many times did you eat or drink: c) Highly processed foods (for example, chips, chocolate, candies, ice cream and frozen desserts, fast foods like French fries and burgers, frozen entrées like pasta dishes and pizzas, bakery products like muffins, buns and cakes, processed meats like sausages and deli meats)?

## Notes

This indicator has replaced SH\_EATNN\_1 (non-nutritious foods), which was previously available on our Web site, due to changes in our 2021-2022 edition of the questionnaire. Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

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Unit	Interpretation	NBHC code
%	Higher is better	SH_EHA03_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size