

Students in grades 6 to 12 who reported eating vegetables or fruits 5 times or more the day before the survey

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Province				
New Brunswick	52.3	49.1	43.4	45.9
Health zones				
Zone 1 - Moncton and South-East Area	54.7	50.9	45.2	47.6
Zone 2 - Fundy Shore and Saint John Area	51.8	47.9	42.4	45.2
Zone 3 - Fredericton and River Valley Area	51.4	49.1	43.5	46.6
Zone 4 - Madawaska and North-West Area	57.1	51.6	45.5	48.5
Zone 5 - Restigouche Area	47.4	46.7	38.1	40.1
Zone 6 - Bathurst and Acadian Peninsula Area	50.2	47.9	42.4	42.7
Zone 7 - Miramichi Area	44.2	44.6	38.7	41.5
Communities				
Bathurst, Beresford, Petit-Rocher Area	49.5	46.4	40.1	44.5
Bouctouche, Richibucto, Saint-Antoine Area	46.7	44.6	38.9	41.3
Campbellton, Atholville, Tide Head Area	48.3	45.9	37.3	41.2
Caraquet, Paquetville, Bertrand Area	52.9	48.3	45.9	37.7
Dalhousie, Balmoral, Belledune Area	46.1	47.9	39.3	38.4
Dieppe and Memramcook	56.4	54.5	49.4	54.0
Douglas, Saint Marys, Doaktown Area	42.3	43.4	35.1	39.8
Edmundston, Rivière-Verte, Lac Baker Area	57.1	50.7	47.5	51.1
Florenceville-Bristol, Woodstock, Wakefield Area	51.1	47.7	43.1	43.5
Fredericton	52.8	52.0	45.9	50.6
Grand Falls, Saint-Léonard, Drummond Area	61.5	53.0	44.0	46.2

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Hillsborough, Riverside-Albert, Alma Area	47.3	43.5	41.2	38.8
Kedgwick, Saint-Quentin and Grimmer	46.5	51.8	41.4	41.1
Minto, Chipman, Cambridge-Narrows Area	46.6	38.9	41.6	39.5
Miramichi, Rogersville, Blackville Area	44.3	44.5	38.8	41.4
Moncton	57.1	51.8	46.7	48.3
Nackawic, McAdam, Canterbury Area	43.7	40.8	40.8	38.5
Neguac, Alnwick, Esgenoopetitj Area	43.7	45.0	37.6	42.1
New Maryland, Kingsclear, Lincoln Area	58.3	56.8	46.9	40.1
Oromocto, Gagetown, Fredericton Junction Area	51.4	47.8	41.9	45.2
Perth-Andover, Plaster Rock, Tobique Area	50.7	39.6	33.1	36.6
Quispamsis, Rothesay, Hampton Area	54.0	49.4	46.6	50.8
Riverview and Coverdale	53.8	52.7	44.7	48.2
Sackville, Dorchester, Port Elgin Area	52.3	47.5	41.3	51.4
Saint John, Simonds and Musquash	52.5	47.6	41.3	41.8
Salisbury and Petitcodiac	46.3	47.2	39.8	43.4
Shediac, Beaubassin East and Cap-Pelé	58.0	50.9	43.8	42.9
Shippagan, Lamèque, Inkerman Area	48.2	48.3	44.3	41.6
St. George, Grand Manan, Blacks Harbour Area	47.9	44.3	36.5	43.9
St. Stephen, Saint Andrews, Campobello Island Area	47.4	49.3	37.3	45.6
Sussex, Norton, Sussex Corner Area	48.5	45.6	41.4	44.5
Tracadie and Saint-Isidore	51.0	50.4	43.0	43.1
School districts				
Anglophone East School District	53.8	49.6	43.6	46.8
Anglophone North School District	44.1	42.2	36.0	38.9

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone South School District	51.2	47.5	41.8	45.0
Anglophone West School District	51.2	48.0	43.1	45.6
Anglophone sector	51.0	47.6	42.0	45.0
District scolaire francophone Nord-Est	50.1	49.3	43.0	43.4
District scolaire francophone Nord-Ouest	56.9	52.6	46.5	49.0
District scolaire francophone Sud	58.5	55.3	49.2	51.0
Francophone sector	55.6	53.0	46.8	48.3
Grades				
Grades 6 to 8	61.2	56.8	51.2	54.4
Grades 9 to 12	45.6	43.6	37.8	39.6
Gender				
Female	50.2	46.8	41.1	43.5
Male	54.7	51.8	46.4	49.0
Non-binary	42.7	35.6	33.3	38.2
Sex at birth				
Female	49.7	46.3	40.3	42.9
Male	55.1	52.1	46.5	49.0
2SLGBTQIA+ status				
2SLGBTQIA+	42.4	39.8	35.5	38.9
Indigenous identity				
Indigenous	51.2	47.0	41.2	45.1
Immigrant				
Immigrants	58.5	52.7	46.9	49.6

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Disability or special need				
Disability or special need	48.3	46.1	n/a	n/a
Racialized groups				
Racialized groups	59.0	54.4	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported eating vegetables or fruits 5 times or more the day before the survey.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator adds the responses to the following 2 individual questions: 'Yesterday, how many times did you eat or drink: Vegetables (for example, fresh, cooked, frozen or canned)?' and 'Yesterday, how many times did you eat or drink: Fruit (for example, fresh, frozen, canned or dried fruits; do not include fruit juice or fruit flavoured candies)?'. The response options for these 2 individual questions are: none, 1 serving, 2 servings, 3 servings, 4 servings, 5 servings and 6+ servings. This indicator is calculated by dividing the number of respondents who have a total combined response of '5 or more servings' by the number of respondents who answered at least 1 of the 2 individual questions.

Notes

This indicator has replaced SH_EATFV_1, which was previously available on our Web site, due to changes in our 2021-2022 edition of the questionnaire. Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_EHAFV_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size