Students in grades 6 to 12 who reported eating vegetables or fruits 5 times or more the day before the survey

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	**57.3**	**52.3**	**49.1**	**43.4**
Health zones				
Zone 1 - Moncton and South-East Area	**59.0**	**54.7**	**50.9**	**45.2**
Zone 2 - Fundy Shore and Saint John Area	**56.9**	**51.8**	**47.9**	**42.4**
Zone 3 - Fredericton and River Valley Area	**56.6**	**51.4**	**49.1**	**43.5**
Zone 4 - Madawaska and North-West Area	S	**57.1**	**51.6**	**45.5**
Zone 5 - Restigouche Area	**56.7**	**47.4**	**46.7**	**38.1**
Zone 6 - Bathurst and Acadian Peninsula Area	**55.5**	**50.2**	**47.9**	**42.4**
Zone 7 - Miramichi Area	**50.6**	**44.2**	**44.6**	**38.7**
Communities				
Bathurst, Beresford, Petit-Rocher Area	**53.6**	**49.5**	**46.4**	**40.1**
Bouctouche, Richibucto, Saint-Antoine Area	**52.8**	**46.7**	**44.6**	**38.9**
Campbellton, Atholville, Tide Head Area	**57.5**	**48.3**	**45.9**	**37.3**
Caraquet, Paquetville, Bertrand Area	**56.8**	**52.9**	**48.3**	**45.9**
Dalhousie, Balmoral, Belledune Area	**55.4**	**46.1**	**47.9**	**39.3**
Dieppe and Memramcook	**62.7**	**56.4**	**54.5**	**49.4**
Douglas, Saint Marys, Doaktown Area	**52.0**	**42.3**	**43.4**	**35.1**
Edmundston, Rivière-Verte, Lac Baker Area	S	**57.1**	**50.7**	**47.5**
Florenceville-Bristol, Woodstock, Wakefield Area	**56.5**	**51.1**	**47.7**	**43.1**
Fredericton	**58.5**	**52.8**	**52.0**	**45.9**
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	n/a	n/a

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Grand Falls, Saint-Léonard, Drummond Area	**59.3**	**61.5**	**53.0**	**44.0**
Hillsborough, Riverside-Albert, Alma Area	**50.4**	**47.3**	**43.5**	**41.2**
Kedgwick, Saint-Quentin and Grimmer	S	**46.5**	**51.8**	**41.4**
Minto, Chipman, Cambridge-Narrows Area	**53.5**	**46.6**	**38.9**	**41.6**
Miramichi, Rogersville, Blackville Area	**50.9**	**44.3**	**44.5**	**38.8**
Moncton	**60.1**	**57.1**	**51.8**	**46.7**
Nackawic, McAdam, Canterbury Area	**45.7**	**43.7**	**40.8**	**40.8**
Neguac, Alnwick, Esgenoopetitj Area	**48.1**	**43.7**	**45.0**	**37.6**
New Maryland, Kingsclear, Lincoln Area	**61.6**	**58.3**	**56.8**	**46.9**
Oromocto, Gagetown, Fredericton Junction Area	**54.0**	**51.4**	**47.8**	**41.9**
Perth-Andover, Plaster Rock, Tobique Area	**52.9**	**50.7**	**39.6**	**33.1**
Quispamsis, Rothesay, Hampton Area	**60.6**	**54.0**	**49.4**	**46.6**
Riverview and Coverdale	**59.0**	**53.8**	**52.7**	**44.7**
Sackville, Dorchester, Port Elgin Area	**59.0**	**52.3**	**47.5**	**41.3**
Saint John, Simonds and Musquash	**55.7**	**52.5**	**47.6**	**41.3**
Salisbury and Petitcodiac	**51.8**	**46.3**	**47.2**	**39.8**
Shediac, Beaubassin East and Cap-Pelé	**59.5**	**58.0**	**50.9**	**43.8**
Shippagan, Lamèque, Inkerman Area	**56.8**	**48.2**	**48.3**	**44.3**
St. George, Grand Manan, Blacks Harbour Area	**55.4**	**47.9**	**44.3**	**36.5**
St. Stephen, Saint Andrews, Campobello Island Area	**55.5**	**47.4**	**49.3**	**37.3**
Sussex, Norton, Sussex Corner Area	**54.0**	**48.5**	**45.6**	**41.4**
Tracadie and Saint-Isidore	**57.5**	**51.0**	**50.4**	**43.0**

School districts

Anglophone East School District	**57.7**	**53.8**	**49.6**	**43.6**

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Anglophone North School District	**49.9**	**44.1**	**42.2**	**36.0**
Anglophone South School District	**56.5**	**51.2**	**47.5**	**41.8**
Anglophone West School District	**55.7**	**51.2**	**48.0**	**43.1**
Anglophone sector	**55.8**	**51.0**	**47.6**	**42.0**
District scolaire francophone Nord-Est	**57.4**	**50.1**	**49.3**	**43.0**
District scolaire francophone Nord-Ouest	S	**56.9**	**52.6**	**46.5**
District scolaire francophone Sud	**63.0**	**58.5**	**55.3**	**49.2**
Francophone sector	**61.0**	**55.6**	**53.0**	**46.8**
Grades				
Grades 6 to 8	**66.1**	**61.2**	**56.8**	**51.2**
Grades 9 to 12	**51.0**	**45.6**	**43.6**	**37.8**
Gender				
Female	**55.8**	**50.2**	**46.8**	**41.1**
Male	**59.4**	**54.7**	**51.8**	**46.4**
Non-binary	**41.5**	**42.7**	**35.6**	**33.3**
Sex at birth				
Female	**55.2**	**49.7**	**46.3**	**40.3**
Male	**59.6**	**55.1**	**52.1**	**46.5**
2SLGBTQIA+ status				
2SLGBTQIA+	**44.5**	**42.4**	**39.8**	**35.5**
Indigenous identity				
Indigenous	**55.9**	**51.2**	**47.0**	**41.2**
Immigrant				

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Immigrants	**62.1**	**58.5**	**52.7**	**46.9**
Disability or special need				
Disability or special need	**52.3**	**48.3**	**46.1**	n/a
Racialized groups				
Racialized groups	**62.9**	**59.0**	**54.4**	n/a
Socioeconomic status				
High socioeconomic status	**68.7**	n/a	n/a	n/a
Low socioeconomic status	**47.9**	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported eating vegetables or fruits 5 times or more the day before the survey.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator adds the responses to the following 2 individual questions: 'Yesterday, how many times did you eat or drink: Vegetables (for example, fresh, cooked, frozen or canned)?' and 'Yesterday, how many times did you eat or drink: Fruit (for example, fresh, frozen, canned or dried fruits; do not include fruit juice or fruit flavoured candies)?'. The response options for these 2 individual questions are: none, 1 serving, 2 servings, 3 servings, 4 servings, 5 servings and 6+ servings. This indicator is calculated by dividing the number of respondents who have a total combined response of '5 or more servings' by the number of respondents who answered at least 1 of the 2 individual questions.

Notes

This indicator has replaced SH_EATFV_1 starting with the 2021-2022 edition of the questionnaire. Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_EHAFV_1

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size