

Students in grades 6 to 12 who reported eating vegetables or fruits 5 times or more the day before the survey

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	57.3	52.3	49.1	43.4
Health zones				
Zone 1 - Moncton and South-East Area	59.0	54.7	50.9	45.2
Zone 2 - Fundy Shore and Saint John Area	56.9	51.8	47.9	42.4
Zone 3 - Fredericton and River Valley Area	56.6	51.4	49.1	43.5
Zone 4 - Madawaska and North-West Area	S	57.1	51.6	45.5
Zone 5 - Restigouche Area	56.7	47.4	46.7	38.1
Zone 6 - Bathurst and Acadian Peninsula Area	55.5	50.2	47.9	42.4
Zone 7 - Miramichi Area	50.6	44.2	44.6	38.7
Communities				
Bathurst, Beresford, Petit-Rocher Area	53.6	49.5	46.4	40.1
Bouctouche, Richibucto, Saint-Antoine Area	52.8	46.7	44.6	38.9
Campbellton, Atholville, Tide Head Area	57.5	48.3	45.9	37.3
Caraquet, Paquetville, Bertrand Area	56.8	52.9	48.3	45.9
Dalhousie, Balmoral, Belledune Area	55.4	46.1	47.9	39.3
Dieppe and Memramcook	62.7	56.4	54.5	49.4
Douglas, Saint Marys, Doaktown Area	52.0	42.3	43.4	35.1
Edmundston, Rivière-Verte, Lac Baker Area	S	57.1	50.7	47.5
Florenceville-Bristol, Woodstock, Wakefield Area	56.5	51.1	47.7	43.1
Fredericton	58.5	52.8	52.0	45.9
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	n/a	n/a

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Grand Falls, Saint-Léonard, Drummond Area	59.3	61.5	53.0	44.0
Hillsborough, Riverside-Albert, Alma Area	50.4	47.3	43.5	41.2
Kedgwick, Saint-Quentin and Grimmer	S	46.5	51.8	41.4
Minto, Chipman, Cambridge-Narrows Area	53.5	46.6	38.9	41.6
Miramichi, Rogersville, Blackville Area	50.9	44.3	44.5	38.8
Moncton	60.1	57.1	51.8	46.7
Nackawic, McAdam, Canterbury Area	45.7	43.7	40.8	40.8
Neguac, Alnwick, Esgenoopetitj Area	48.1	43.7	45.0	37.6
New Maryland, Kingsclear, Lincoln Area	61.6	58.3	56.8	46.9
Oromocto, Gagetown, Fredericton Junction Area	54.0	51.4	47.8	41.9
Perth-Andover, Plaster Rock, Tobique Area	52.9	50.7	39.6	33.1
Quispamsis, Rothesay, Hampton Area	60.6	54.0	49.4	46.6
Riverview and Coverdale	59.0	53.8	52.7	44.7
Sackville, Dorchester, Port Elgin Area	59.0	52.3	47.5	41.3
Saint John, Simonds and Musquash	55.7	52.5	47.6	41.3
Salisbury and Petitcodiac	51.8	46.3	47.2	39.8
Shediac, Beaubassin East and Cap-Pelé	59.5	58.0	50.9	43.8
Shippagan, Lamèque, Inkerman Area	56.8	48.2	48.3	44.3
St. George, Grand Manan, Blacks Harbour Area	55.4	47.9	44.3	36.5
St. Stephen, Saint Andrews, Campobello Island Area	55.5	47.4	49.3	37.3
Sussex, Norton, Sussex Corner Area	54.0	48.5	45.6	41.4
Tracadie and Saint-Isidore	57.5	51.0	50.4	43.0
School districts				
Anglophone East School District	57.7	53.8	49.6	43.6

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Anglophone North School District	49.9	44.1	42.2	36.0
Anglophone South School District	56.5	51.2	47.5	41.8
Anglophone West School District	55.7	51.2	48.0	43.1
Anglophone sector	55.8	51.0	47.6	42.0
District scolaire francophone Nord-Est	57.4	50.1	49.3	43.0
District scolaire francophone Nord-Ouest	S	56.9	52.6	46.5
District scolaire francophone Sud	63.0	58.5	55.3	49.2
Francophone sector	61.0	55.6	53.0	46.8
Grades				
Grades 6 to 8	66.1	61.2	56.8	51.2
Grades 9 to 12	51.0	45.6	43.6	37.8
Gender				
Female	55.8	50.2	46.8	41.1
Male	59.4	54.7	51.8	46.4
Non-binary	41.5	42.7	35.6	33.3
Sex at birth				
Female	55.2	49.7	46.3	40.3
Male	59.6	55.1	52.1	46.5
2SLGBTQIA+ status				
2SLGBTQIA+	44.5	42.4	39.8	35.5
Indigenous identity				
Indigenous	55.9	51.2	47.0	41.2
Immigrant				

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Immigrants	62.1	58.5	52.7	46.9
Disability or special need				
Disability or special need	52.3	48.3	46.1	n/a
Racialized groups				
Racialized groups	62.9	59.0	54.4	n/a
Socioeconomic status				
High socioeconomic status	68.7	n/a	n/a	n/a
Low socioeconomic status	47.9	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported eating vegetables or fruits 5 times or more the day before the survey.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator adds the responses to the following 2 individual questions: 'Yesterday, how many times did you eat or drink: Vegetables (for example, fresh, cooked, frozen or canned)?' and 'Yesterday, how many times did you eat or drink: Fruit (for example, fresh, frozen, canned or dried fruits; do not include fruit juice or fruit flavoured candies)?'. The response options for these 2 individual questions are: none, 1 serving, 2 servings, 3 servings, 4 servings, 5 servings and 6+ servings. This indicator is calculated by dividing the number of respondents who have a total combined response of '5 or more servings' by the number of respondents who answered at least 1 of the 2 individual questions.

Notes

This indicator has replaced SH_EATFV_1 starting with the 2021-2022 edition of the questionnaire. Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_EHAFV_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size