

# Students in grades 6 to 12 who report eating 5 or more servings of vegetables or fruit the day before the survey

Unit : %

Academic Year  
2021-2022

## Province

New Brunswick 45.9

## Health zones

Zone 1 - Moncton and South-East Area 47.6

Zone 2 - Fundy Shore and Saint John Area 45.2

Zone 3 - Fredericton and River Valley Area 46.6

Zone 4 - Madawaska and North-West Area 48.5

Zone 5 - Restigouche Area 40.1

Zone 6 - Bathurst and Acadian Peninsula Area 42.7

Zone 7 - Miramichi Area 41.5

## Communities

Bathurst, Beresford, Petit-Rocher Area 44.5

Bouctouche, Richibucto, Saint-Antoine Area 41.3

Campbellton, Atholville, Tide Head Area 41.2

Caraquet, Paquetville, Bertrand Area 37.7

Dalhousie, Balmoral, Belledune Area 38.4

Dieppe and Memramcook 54.0

Douglas, Saint Marys, Doaktown Area 39.8

Edmundston, Rivière-Verte, Lac Baker Area 51.1

Florenceville-Bristol, Woodstock, Wakefield Area 43.5

Fredericton 50.6

Grand Bay-Westfield, Westfield, Greenwich Area 51.6

	Academic Year 2021-2022
Grand Falls, Saint-Léonard, Drummond Area	46.2
Hillsborough, Riverside-Albert, Alma Area	38.8
Kedgwick, Saint-Quentin and Grimmer	41.1
Minto, Chipman, Cambridge-Narrows Area	39.5
Miramichi, Rogersville, Blackville Area	41.4
Moncton	48.3
Nackawic, McAdam, Canterbury Area	38.5
Neguac, Alnwick, Esgenooetitj Area	42.1
New Maryland, Kingsclear, Lincoln Area	40.1
Oromocto, Gagetown, Fredericton Junction Area	45.2
Perth-Andover, Plaster Rock, Tobique Area	36.6
Quispamsis, Rothesay, Hampton Area	50.8
Riverview and Coverdale	48.2
Sackville, Dorchester, Port Elgin Area	51.4
Saint John, Simonds and Musquash	41.8
Salisbury and Petitcodiac	43.4
Shediac, Beaubassin East and Cap-Pelé	42.9
Shippagan, Lamèque, Inkerman Area	41.6
St. George, Grand Manan, Blacks Harbour Area	43.9
St. Stephen, Saint Andrews, Campobello Island Area	45.6
Sussex, Norton, Sussex Corner Area	44.5
Tracadie and Saint-Isidore	43.1
<b>School districts</b>	
Anglophone East School District	46.8

	Academic Year 2021-2022
Anglophone North School District	38.9
Anglophone South School District	45.0
Anglophone West School District	45.6
Anglophone sector	45.0
District scolaire francophone Nord-Est	43.4
District scolaire francophone Nord-Ouest	49.0
District scolaire francophone Sud	51.0
Francophone sector	48.3
<b>Grades</b>	
Grades 6 to 8	54.4
Grades 9 to 12	39.6
<b>Gender</b>	
Woman/Girl	43.5
Man/Boy	49.0
Non-binary	38.2
<b>Sex at birth</b>	
Female	42.9
Male	49.0
<b>Race</b>	
White	44.1
South Asian	55.4
Other	53.6
Middle Eastern	52.0

	Academic Year 2021-2022
Latino	47.2
East/Southeast Asian	55.4
Black	48.0
<b>Indigenous identity</b>	
Indigenous	45.1
Non-Indigenous	45.5
<b>Immigrant</b>	
Immigrants	49.6
Non-immigrants	45.5
<b>Special needs</b>	
Has a special need	41.8
No special need	48.1

## About

This indicator is the percentage of students in grades 6 to 12 who report eating five or more servings of vegetables or fruit the day before the survey, based on their responses to 2 individual questions in the survey.

## Source

New Brunswick Health Council, New Brunswick Student Wellness Survey - Grades 6-12

## Calculations

This indicator adds the responses to the following 2 individual questions: 'Yesterday, how many times did you eat or drink: Vegetables (for example, fresh, cooked, frozen or canned)?' and 'Yesterday, how many times did you eat or drink: Fruit (for example, fresh, frozen, canned or dried fruits; do not include fruit juice or fruit flavoured candies)?'. The response options for these 2 individual questions are: none, 1 serving, 2 servings, 3 servings, 4 servings, 5 servings and 6+ servings. This indicator is calculated by dividing the number of respondents who have a total combined response of '5 or more servings' by the number of respondents who answered at least 1 of the 2 individual questions.

## Notes

This indicator has replaced SH\_EATFV\_1, which was previously available on our Web site. Due to changes in our 2021-2022 edition of the questionnaire, this indicator cannot be compared to previous versions. Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

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Unit	NBHC code
%	SH_EHAFV_1

### Caption

n/a = Not applicable / not available

S = Data was suppressed due to low respondent counts