# Students in grades 6 to 12 who report eating vegetables or fruits 5 times or more the day before the survey

Unit:%

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Province			
New Brunswick	49.1	43.4	45.9
Health zones			
Zone 1 - Moncton and South-East Area	50.9	45.2	47.6
Zone 2 - Fundy Shore and Saint John Area	47.9	42.4	45.2
Zone 3 - Fredericton and River Valley Area	49.1	43.5	46.6
Zone 4 - Madawaska and North-West Area	51.6	45.5	48.5
Zone 5 - Restigouche Area	46.7	38.1	40.1
Zone 6 - Bathurst and Acadian Peninsula Area	47.9	42.4	42.7
Zone 7 - Miramichi Area	44.6	38.7	41.5
Communities			
Bathurst, Beresford, Petit-Rocher Area	46.4	40.1	44.5
Bouctouche, Richibucto, Saint-Antoine Area	44.6	38.9	41.3
Campbellton, Atholville, Tide Head Area	45.9	37.3	41.2
Caraquet, Paquetville, Bertrand Area	48.3	45.9	37.7
Dalhousie, Balmoral, Belledune Area	47.9	39.3	38.4
Dieppe and Memramcook	54.5	49.4	54.0
Douglas, Saint Marys, Doaktown Area	43.4	35.1	39.8
Edmundston, Rivière-Verte, Lac Baker Area	50.7	47.5	51.1
Florenceville-Bristol, Woodstock, Wakefield Area	47.7	43.1	43.5
Fredericton	52.0	45.9	50.6
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	51.6



	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Grand Falls, Saint-Léonard, Drummond Area	53.0	44.0	46.2
Hillsborough, Riverside-Albert, Alma Area	43.5	41.2	38.8
Kedgwick, Saint-Quentin and Grimmer	51.8	41.4	41.1
Minto, Chipman, Cambridge-Narrows Area	38.9	41.6	39.5
Miramichi, Rogersville, Blackville Area	44.5	38.8	41.4
Moncton	51.8	46.7	48.3
Nackawic, McAdam, Canterbury Area	40.8	40.8	38.5
Neguac, Alnwick, Esgenoopetitj Area	45.0	37.6	42.1
New Maryland, Kingsclear, Lincoln Area	56.8	46.9	40.1
Oromocto, Gagetown, Fredericton Junction Area	47.8	41.9	45.2
Perth-Andover, Plaster Rock, Tobique Area	39.6	33.1	36.6
Quispamsis, Rothesay, Hampton Area	49.4	46.6	50.8
Riverview and Coverdale	52.7	44.7	48.2
Sackville, Dorchester, Port Elgin Area	47.5	41.3	51.4
Saint John, Simonds and Musquash	47.6	41.3	41.8
Salisbury and Petitcodiac	47.2	39.8	43.4
Shediac, Beaubassin East and Cap-Pelé	50.9	43.8	42.9
Shippagan, Lamèque, Inkerman Area	48.3	44.3	41.6
St. George, Grand Manan, Blacks Harbour Area	44.3	36.5	43.9
St. Stephen, Saint Andrews, Campobello Island Area	49.3	37.3	45.6
Sussex, Norton, Sussex Corner Area	45.6	41.4	44.5
Tracadie and Saint-Isidore	50.4	43.0	43.1
School districts			
Anglophone East School District	49.6	43.6	46.8



	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone North School District	42.2	36.0	38.9
Anglophone South School District	47.5	41.8	45.0
Anglophone West School District	48.0	43.1	45.6
Anglophone sector	47.6	42.0	45.0
District scolaire francophone Nord-Est	49.3	43.0	43.4
District scolaire francophone Nord-Ouest	52.6	46.5	49.0
District scolaire francophone Sud	55.3	49.2	51.0
Francophone sector	53.0	46.8	48.3
Grades			
Grades 6 to 8	56.8	51.2	54.4
Grades 9 to 12	43.6	37.8	39.6
Gender			
Female	46.8	41.1	43.5
Male	51.8	46.4	49.0
Non-binary	35.6	33.3	38.2
Sex at birth			
Female	46.3	40.3	42.9
Male	52.1	46.5	49.0
2SLGBTQIA+ status			
2SLGBTQIA+	39.8	35.5	38.9
Indigenous identity			
Indigenous	47.0	41.2	45.1

## Immigrant

Data downloaded from the NBHC website on April 24, 2024 More information available at: https://nbhc.ca/nutritionstudents



	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Immigrants	52.7	46.9	49.6
Disability or special need			
Disability or special need	46.1	n/a	n/a
Racialized groups			
Racialized groups	54.4	n/a	n/a



### About

This indicator is the percentage of students in grades 6 to 12 who report eating vegetables or fruits 5 times or more the day before the survey.

#### Source

Student Wellness and Education Survey - Grades 6-12

#### Calculations

This indicator adds the responses to the following 2 individual questions: 'Yesterday, how many times did you eat or drink: Vegetables (for example, fresh, cooked, frozen or canned)?' and 'Yesterday, how many times did you eat or drink: Fruit (for example, fresh, frozen, canned or dried fruits; do not include fruit juice or fruit flavoured candies)?'. The response options for these 2 individual questions are: none, 1 serving, 2 servings, 3 servings, 4 servings, 5 servings and 6+ servings. This indicator is calculated by dividing the number of respondents who have a total combined response of '5 or more servings' by the number of respondents who answered at least 1 of the 2 individual questions.

#### Notes

This indicator has replaced SH\_EATFV\_1, which was previously available on our Web site, due to changes in our 2021-2022 edition of the questionnaire. Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit %

Interpretation Higher is better NBHC code SH\_EHAFV\_1

#### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size