

## Students in grades 6 to 12 who have a high level of mental fitness

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
<b>Province</b>				
New Brunswick	25.6	24.6	19.5	22.1
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	28.2	27.1	20.8	22.5
Zone 2 - Fundy Shore and Saint John Area	22.9	21.9	17.1	20.0
Zone 3 - Fredericton and River Valley Area	22.8	22.0	17.7	20.9
Zone 4 - Madawaska and North-West Area	29.4	29.7	24.7	29.0
Zone 5 - Restigouche Area	24.5	23.2	21.4	23.2
Zone 6 - Bathurst and Acadian Peninsula Area	29.7	28.6	22.2	25.0
Zone 7 - Miramichi Area	23.1	23.9	19.2	22.2
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	29.6	27.0	20.8	23.9
Bouctouche, Richibucto, Saint-Antoine Area	25.3	24.7	20.9	20.9
Campbellton, Atholville, Tide Head Area	25.9	25.9	23.5	24.2
Caraquet, Paquetville, Bertrand Area	29.7	30.5	20.4	24.3
Dalhousie, Balmoral, Belledune Area	22.7	19.6	18.5	21.7
Dieppe and Memramcook	38.3	36.4	28.9	31.7
Douglas, Saint Marys, Doaktown Area	19.1	19.3	19.2	20.3
Edmundston, Rivière-Verte, Lac Baker Area	32.7	31.9	26.2	30.4
Florenceville-Bristol, Woodstock, Wakefield Area	27.6	23.5	20.2	22.0
Fredericton	24.0	24.0	19.0	22.8
Grand Falls, Saint-Léonard, Drummond Area	25.5	24.7	21.1	25.5
Hillsborough, Riverside-Albert, Alma Area	18.6	16.8	12.5	8.5

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Kedgwick, Saint-Quentin and Grimmer	26.6	34.0	27.7	31.3
Minto, Chipman, Cambridge-Narrows Area	14.4	15.0	11.8	17.3
Miramichi, Rogersville, Blackville Area	23.3	24.3	19.2	22.9
Moncton	28.4	27.3	20.2	22.5
Nackawic, McAdam, Canterbury Area	21.8	22.0	19.9	19.0
Neguac, Alnwick, Esgenoopetitj Area	20.2	20.0	20.0	16.2
New Maryland, Kingsclear, Lincoln Area	30.3	26.3	20.6	22.3
Oromocto, Gagetown, Fredericton Junction Area	18.8	17.7	14.2	16.8
Perth-Andover, Plaster Rock, Tobique Area	13.3	13.1	8.5	14.6
Quispamsis, Rothesay, Hampton Area	23.5	23.2	17.4	21.8
Riverview and Coverdale	25.7	21.5	14.8	16.8
Sackville, Dorchester, Port Elgin Area	17.8	20.4	16.3	19.4
Saint John, Simonds and Musquash	22.5	21.4	17.4	18.6
Salisbury and Petitcodiac	18.4	18.4	15.3	15.4
Shediac, Beaubassin East and Cap-Pelé	32.0	34.5	25.4	28.4
Shippagan, Lamèque, Inkerman Area	26.6	23.9	22.4	24.9
St. George, Grand Manan, Blacks Harbour Area	21.9	17.1	16.6	19.5
St. Stephen, Saint Andrews, Campobello Island Area	26.7	24.6	15.9	22.7
Sussex, Norton, Sussex Corner Area	20.3	21.4	15.7	18.8
Tracadie and Saint-Isidore	31.8	33.6	25.7	27.6

### School districts

Anglophone East School District	23.5	22.3	16.8	18.4
Anglophone North School District	20.6	20.9	16.4	19.3
Anglophone South School District	22.4	21.5	16.8	19.8

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Anglophone West School District	22.4	21.0	17.4	20.4
Anglophone sector	22.5	21.5	16.9	19.6
District scolaire francophone Nord-Est	30.2	28.9	23.8	26.0
District scolaire francophone Nord-Ouest	31.5	31.9	26.4	30.8
District scolaire francophone Sud	36.8	35.4	27.1	29.0
Francophone sector	33.8	32.9	26.0	28.4
<b>Grades</b>				
Grades 6 to 8	27.0	25.5	21.9	24.1
Grades 9 to 12	24.6	24.0	17.8	20.7
<b>Gender</b>				
Female	27.2	26.1	21.1	23.7
Male	25.3	24.7	19.5	22.9
Non-binary	8.6	9.4	6.6	6.1
<b>Sex at birth</b>				
Female	26.2	24.8	19.7	21.7
Male	25.2	24.6	19.4	22.8
<b>2SLGBTQIA+ status</b>				
2SLGBTQIA+	13.4	13.3	11.3	11.3
<b>Indigenous identity</b>				
Indigenous	18.5	16.0	14.3	14.7
<b>Immigrant</b>				
Immigrants	27.6	26.3	21.0	24.3
<b>Disability or special need</b>				

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Disability or special need	17.3	18.2	n/a	n/a
<b>Racialized groups</b>				
Racialized groups	26.0	24.7	n/a	n/a

## About

This indicator is the percentage of students in grades 6 to 12 who have a high level of mental fitness.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score higher than a specified cutoff by the number of respondents who described their feelings and ideas for at least 9 of the following 18 questionnaire items: I feel I do things well at school, my teachers like me and care about me, I feel free to express myself at home, I feel my teachers think I am good at things, I like to spend time with my parents, I feel free to express myself with my friends, I feel I do things well at home, my parents like me and care about me, I feel I have a choice about when and how to do my schoolwork, I feel my parents think that I am good at things, I like to be with my teachers, I feel I have a choice about which activities to do with my friends, I feel I do things well when I am with my friends, my friends like me and care about me, I feel free to express myself at school, I feel my friends think I am good at things, I like to spend time with my friends and I feel like I have a choice about when and how to do my household chores. The response options for these 18 items are: : really false for me, sort of false for me, sort of true for me and really true for me.

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

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Unit	Interpretation	NBHC code
%	Higher is better	SH_MEFHI_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size