

## Students in grades 6 to 12 who have a high level of mental fitness

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
<b>Province</b>				
New Brunswick	24.6	19.5	22.1	22.8
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	27.1	20.8	22.5	23.7
Zone 2 - Fundy Shore and Saint John Area	21.9	17.1	20.0	20.9
Zone 3 - Fredericton and River Valley Area	22.0	17.7	20.9	21.2
Zone 4 - Madawaska and North-West Area	29.7	24.7	29.0	28.5
Zone 5 - Restigouche Area	23.2	21.4	23.2	22.7
Zone 6 - Bathurst and Acadian Peninsula Area	28.6	22.2	25.0	26.9
Zone 7 - Miramichi Area	23.9	19.2	22.2	21.5
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	27.0	20.8	23.9	24.9
Bouctouche, Richibucto, Saint-Antoine Area	24.7	20.9	20.9	21.3
Campbellton, Atholville, Tide Head Area	25.9	23.5	24.2	22.5
Caraquet, Paquetville, Bertrand Area	30.5	20.4	24.3	28.9
Dalhousie, Balmoral, Belledune Area	19.6	18.5	21.7	23.0
Dieppe and Memramcook	36.4	28.9	31.7	33.5
Douglas, Saint Marys, Doaktown Area	19.3	19.2	20.3	23.9
Edmundston, Rivière-Verte, Lac Baker Area	31.9	26.2	30.4	29.6
Florenceville-Bristol, Woodstock, Wakefield Area	23.5	20.2	22.0	21.0
Fredericton	24.0	19.0	22.8	23.1
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	25.8	30.9
Grand Falls, Saint-Léonard, Drummond Area	24.7	21.1	25.5	22.9

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Hillsborough, Riverside-Albert, Alma Area	16.8	12.5	8.5	14.0
Kedgwick, Saint-Quentin and Grimmer	34.0	27.7	31.3	30.2
Minto, Chipman, Cambridge-Narrows Area	15.0	11.8	17.3	19.4
Miramichi, Rogersville, Blackville Area	24.3	19.2	22.9	21.6
Moncton	27.3	20.2	22.5	24.9
Nackawic, McAdam, Canterbury Area	22.0	19.9	19.0	22.5
Neguac, Alnwick, Esgenoopetitj Area	20.0	20.0	16.2	20.6
New Maryland, Kingsclear, Lincoln Area	26.3	20.6	22.3	21.6
Oromocto, Gagetown, Fredericton Junction Area	17.7	14.2	16.8	16.7
Perth-Andover, Plaster Rock, Tobique Area	13.1	8.5	14.6	15.5
Quispamsis, Rothesay, Hampton Area	23.2	17.4	21.8	21.5
Riverview and Coverdale	21.5	14.8	16.8	16.5
Sackville, Dorchester, Port Elgin Area	20.4	16.3	19.4	19.9
Saint John, Simonds and Musquash	21.4	17.4	18.6	21.0
Salisbury and Petitcodiac	18.4	15.3	15.4	14.7
Shediac, Beaubassin East and Cap-Pelé	34.5	25.4	28.4	25.5
Shippagan, Lamèque, Inkerman Area	23.9	22.4	24.9	33.8
St. George, Grand Manan, Blacks Harbour Area	17.1	16.6	19.5	17.8
St. Stephen, Saint Andrews, Campobello Island Area	24.6	15.9	22.7	21.8
Sussex, Norton, Sussex Corner Area	21.4	15.7	18.8	17.5
Tracadie and Saint-Isidore	33.6	25.7	27.6	26.0
<b>School districts</b>				
Anglophone East School District	22.3	16.8	18.4	19.7
Anglophone North School District	20.9	16.4	19.3	19.2

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Anglophone South School District	21.5	16.8	19.8	20.3
Anglophone West School District	21.0	17.4	20.4	20.9
Anglophone sector	21.5	16.9	19.6	20.3
District scolaire francophone Nord-Est	28.9	23.8	26.0	27.6
District scolaire francophone Nord-Ouest	31.9	26.4	30.8	29.9
District scolaire francophone Sud	35.4	27.1	29.0	30.0
Francophone sector	32.9	26.0	28.4	29.2
<b>Grades</b>				
Grades 6 to 8	25.5	21.9	24.1	25.3
Grades 9 to 12	24.0	17.8	20.7	21.1
<b>Gender</b>				
Female	26.1	21.1	23.7	n/a
Male	24.7	19.5	22.9	n/a
Non-binary	9.4	6.6	6.1	n/a
<b>Sex at birth</b>				
Female	24.8	19.7	21.7	24.6
Male	24.6	19.4	22.8	21.0
<b>2SLGBTQIA+ status</b>				
2SLGBTQIA+	13.3	11.3	11.3	n/a
<b>Indigenous identity</b>				
Indigenous	16.0	14.3	14.7	16.5
<b>Immigrant</b>				
Immigrants	26.3	21.0	24.3	24.7

	<b>Academic Year 2023-2024</b>	<b>Academic Year 2022-2023</b>	<b>Academic Year 2021-2022</b>	<b>Academic Year 2018-2019</b>
<b>Disability or special need</b>				
Disability or special need	<b>18.2</b>	n/a	n/a	n/a
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<b>Racialized groups</b>				
Racialized groups	<b>24.7</b>	n/a	n/a	n/a
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## About

This indicator is the percentage of students in grades 6 to 12 who have a high level of mental fitness.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score higher than a specified cutoff by the number of respondents who described their feelings and ideas for at least 9 of the following 18 questionnaire items: I feel I do things well at school, my teachers like me and care about me, I feel free to express myself at home, I feel my teachers think I am good at things, I like to spend time with my parents, I feel free to express myself with my friends, I feel I do things well at home, my parents like me and care about me, I feel I have a choice about when and how to do my schoolwork, I feel my parents think that I am good at things, I like to be with my teachers, I feel I have a choice about which activities to do with my friends, I feel I do things well when I am with my friends, my friends like me and care about me, I feel free to express myself at school, I feel my friends think I am good at things, I like to spend time with my friends and I feel like I have a choice about when and how to do my household chores. The response options for these 18 items are: : really false for me, sort of false for me, sort of true for me and really true for me.

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_MEFHI_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size