

## Students in grades 6 to 12 who have a low level of mental fitness

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
<b>Province</b>				
New Brunswick	18.8	19.6	24.9	22.2
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	17.2	18.4	23.1	21.8
Zone 2 - Fundy Shore and Saint John Area	20.6	21.5	27.7	24.8
Zone 3 - Fredericton and River Valley Area	20.5	20.9	27.4	23.6
Zone 4 - Madawaska and North-West Area	14.8	14.1	18.0	14.9
Zone 5 - Restigouche Area	20.0	20.2	23.6	22.1
Zone 6 - Bathurst and Acadian Peninsula Area	16.4	17.9	22.1	17.1
Zone 7 - Miramichi Area	20.0	20.2	24.8	22.9
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	19.9	19.2	24.7	19.6
Bouctouche, Richibucto, Saint-Antoine Area	19.6	20.1	23.5	23.2
Campbellton, Atholville, Tide Head Area	20.4	20.4	23.2	20.9
Caraquet, Paquetville, Bertrand Area	10.4	17.0	17.5	16.3
Dalhousie, Balmoral, Belledune Area	19.3	19.9	24.0	23.9
Dieppe and Memramcook	10.0	10.4	14.6	12.9
Douglas, Saint Marys, Doaktown Area	26.0	23.4	29.9	23.0
Edmundston, Rivière-Verte, Lac Baker Area	13.3	12.7	16.5	13.3
Florenceville-Bristol, Woodstock, Wakefield Area	17.3	19.6	25.9	22.7
Fredericton	18.6	17.9	25.3	21.4
Grand Falls, Saint-Léonard, Drummond Area	17.6	18.9	22.2	19.0
Hillsborough, Riverside-Albert, Alma Area	25.6	28.0	30.2	29.7

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Kedgwick, Saint-Quentin and Grimmer	13.4	7.2	12.5	11.7
Minto, Chipman, Cambridge-Narrows Area	26.7	31.7	31.9	27.1
Miramichi, Rogersville, Blackville Area	19.9	20.5	24.7	23.1
Moncton	16.3	18.1	22.8	22.2
Nackawic, McAdam, Canterbury Area	20.8	21.9	26.7	27.2
Neguac, Alnwick, Esgenoopetitj Area	20.7	18.0	26.0	21.7
New Maryland, Kingsclear, Lincoln Area	20.1	17.4	26.4	23.0
Oromocto, Gagetown, Fredericton Junction Area	23.9	26.8	31.9	28.1
Perth-Andover, Plaster Rock, Tobique Area	30.3	31.2	35.4	29.7
Quispamsis, Rothesay, Hampton Area	18.5	19.2	25.2	23.2
Riverview and Coverdale	19.8	22.1	29.0	25.2
Sackville, Dorchester, Port Elgin Area	23.9	25.2	29.8	25.4
Saint John, Simonds and Musquash	21.1	21.8	28.0	24.8
Salisbury and Petitcodiac	26.6	26.1	30.4	29.3
Shediac, Beaubassin East and Cap-Pelé	16.3	15.7	21.1	19.2
Shippagan, Lamèque, Inkerman Area	15.9	19.0	22.3	15.2
St. George, Grand Manan, Blacks Harbour Area	21.0	24.1	29.4	28.9
St. Stephen, Saint Andrews, Campobello Island Area	22.3	23.7	30.2	27.2
Sussex, Norton, Sussex Corner Area	23.0	23.7	29.9	25.7
Tracadie and Saint-Isidore	14.0	15.2	20.0	13.9
<b>School districts</b>				
Anglophone East School District	20.0	22.0	27.1	25.5
Anglophone North School District	23.6	23.7	28.3	25.1
Anglophone South School District	21.0	21.7	28.0	25.0

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Anglophone West School District	20.8	21.8	27.6	24.1
Anglophone sector	21.0	22.0	27.7	24.8
District scolaire francophone Nord-Est	14.8	16.5	20.1	16.5
District scolaire francophone Nord-Ouest	13.1	12.3	16.5	13.5
District scolaire francophone Sud	11.8	11.9	16.9	16.1
Francophone sector	12.9	13.4	17.8	15.7
<b>Grades</b>				
Grades 6 to 8	18.2	19.0	23.0	21.0
Grades 9 to 12	19.2	20.0	26.3	23.1
<b>Gender</b>				
Female	18.5	19.2	23.8	21.0
Male	17.2	17.9	22.7	19.4
Non-binary	45.5	41.7	50.8	49.2
<b>Sex at birth</b>				
Female	19.9	20.9	26.6	24.5
Male	17.2	17.9	22.8	19.5
<b>2SLGBTQIA+ status</b>				
2SLGBTQIA+	34.8	34.3	39.0	37.2
<b>Indigenous identity</b>				
Indigenous	28.1	29.5	33.7	30.6
<b>Immigrant</b>				
Immigrants	16.2	17.3	21.4	20.0
<b>Disability or special need</b>				

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Disability or special need	31.3	31.4	n/a	n/a
<b>Racialized groups</b>				
Racialized groups	18.6	19.7	n/a	n/a

## About

This indicator is the percentage of students in grades 6 to 12 who have a low level of mental fitness.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score lower than a specified cutoff by the number of respondents who described their feelings and ideas for at least 9 of the following 18 questionnaire items: I feel I do things well at school, my teachers like me and care about me, I feel free to express myself at home, I feel my teachers think I am good at things, I like to spend time with my parents, I feel free to express myself with my friends, I feel I do things well at home, my parents like me and care about me, I feel I have a choice about when and how to do my schoolwork, I feel my parents think that I am good at things, I like to be with my teachers, I feel I have a choice about which activities to do with my friends, I feel I do things well when I am with my friends, my friends like me and care about me, I feel free to express myself at school, I feel my friends think I am good at things, I like to spend time with my friends and I feel like I have a choice about when and how to do my household chores. The response options for these 18 items are: : really false for me, sort of false for me, sort of true for me and really true for me.

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_MEFLO_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size