

Students in grades 6 to 12 who have a low level of mental fitness

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Province				
New Brunswick	19.6	24.9	22.2	22.4
Health zones				
Zone 1 - Moncton and South-East Area	18.4	23.1	21.8	22.3
Zone 2 - Fundy Shore and Saint John Area	21.5	27.7	24.8	24.9
Zone 3 - Fredericton and River Valley Area	20.9	27.4	23.6	24.1
Zone 4 - Madawaska and North-West Area	14.1	18.0	14.9	13.1
Zone 5 - Restigouche Area	20.2	23.6	22.1	22.7
Zone 6 - Bathurst and Acadian Peninsula Area	17.9	22.1	17.1	17.8
Zone 7 - Miramichi Area	20.2	24.8	22.9	22.4
Communities				
Bathurst, Beresford, Petit-Rocher Area	19.2	24.7	19.6	18.7
Bouctouche, Richibucto, Saint-Antoine Area	20.1	23.5	23.2	24.9
Campbellton, Atholville, Tide Head Area	20.4	23.2	20.9	22.7
Caraquet, Paquetville, Bertrand Area	17.0	17.5	16.3	19.9
Dalhousie, Balmoral, Belledune Area	19.9	24.0	23.9	22.7
Dieppe and Memramcook	10.4	14.6	12.9	14.2
Douglas, Saint Marys, Doaktown Area	23.4	29.9	23.0	22.6
Edmundston, Rivière-Verte, Lac Baker Area	12.7	16.5	13.3	12.7
Florenceville-Bristol, Woodstock, Wakefield Area	19.6	25.9	22.7	23.3
Fredericton	17.9	25.3	21.4	21.4
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	20.6	21.6
Grand Falls, Saint-Léonard, Drummond Area	18.9	22.2	19.0	17.9

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Hillsborough, Riverside-Albert, Alma Area	28.0	30.2	29.7	26.7
Kedgwick, Saint-Quentin and Grimmer	7.2	12.5	11.7	9.3
Minto, Chipman, Cambridge-Narrows Area	31.7	31.9	27.1	29.7
Miramichi, Rogersville, Blackville Area	20.5	24.7	23.1	22.9
Moncton	18.1	22.8	22.2	21.4
Nackawic, McAdam, Canterbury Area	21.9	26.7	27.2	22.4
Neguac, Alnwick, Esgenoopetitj Area	18.0	26.0	21.7	17.5
New Maryland, Kingsclear, Lincoln Area	17.4	26.4	23.0	25.4
Oromocto, Gagetown, Fredericton Junction Area	26.8	31.9	28.1	29.9
Perth-Andover, Plaster Rock, Tobique Area	31.2	35.4	29.7	30.2
Quispamsis, Rothesay, Hampton Area	19.2	25.2	23.2	21.8
Riverview and Coverdale	22.1	29.0	25.2	27.7
Sackville, Dorchester, Port Elgin Area	25.2	29.8	25.4	23.6
Saint John, Simonds and Musquash	21.8	28.0	24.8	26.3
Salisbury and Petitcodiac	26.1	30.4	29.3	33.2
Shediac, Beaubassin East and Cap-Pelé	15.7	21.1	19.2	19.6
Shippagan, Lamèque, Inkerman Area	19.0	22.3	15.2	16.0
St. George, Grand Manan, Blacks Harbour Area	24.1	29.4	28.9	29.3
St. Stephen, Saint Andrews, Campobello Island Area	23.7	30.2	27.2	23.4
Sussex, Norton, Sussex Corner Area	23.7	29.9	25.7	26.7
Tracadie and Saint-Isidore	15.2	20.0	13.9	15.8
School districts				
Anglophone East School District	22.0	27.1	25.5	26.0
Anglophone North School District	23.7	28.3	25.1	26.6

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Anglophone South School District	21.7	28.0	25.0	25.2
Anglophone West School District	21.8	27.6	24.1	24.7
Anglophone sector	22.0	27.7	24.8	25.4
District scolaire francophone Nord-Est	16.5	20.1	16.5	16.3
District scolaire francophone Nord-Ouest	12.3	16.5	13.5	11.6
District scolaire francophone Sud	11.9	16.9	16.1	15.6
Francophone sector	13.4	17.8	15.7	15.1
Grades				
Grades 6 to 8	19.0	23.0	21.0	20.8
Grades 9 to 12	20.0	26.3	23.1	23.6
Gender				
Female	19.2	23.8	21.0	n/a
Male	17.9	22.7	19.4	n/a
Non-binary	41.7	50.8	49.2	n/a
Sex at birth				
Female	20.9	26.6	24.5	21.9
Male	17.9	22.8	19.5	22.9
2SLGBTQIA+ status				
2SLGBTQIA+	34.3	39.0	37.2	n/a
Indigenous identity				
Indigenous	29.5	33.7	30.6	30.7
Immigrant				
Immigrants	17.3	21.4	20.0	20.0

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Disability or special need				
Disability or special need	31.4	n/a	n/a	n/a
Racialized groups				
Racialized groups	19.7	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who have a low level of mental fitness.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score lower than a specified cutoff by the number of respondents who described their feelings and ideas for at least 9 of the following 18 questionnaire items: I feel I do things well at school, my teachers like me and care about me, I feel free to express myself at home, I feel my teachers think I am good at things, I like to spend time with my parents, I feel free to express myself with my friends, I feel I do things well at home, my parents like me and care about me, I feel I have a choice about when and how to do my schoolwork, I feel my parents think that I am good at things, I like to be with my teachers, I feel I have a choice about which activities to do with my friends, I feel I do things well when I am with my friends, my friends like me and care about me, I feel free to express myself at school, I feel my friends think I am good at things, I like to spend time with my friends and I feel like I have a choice about when and how to do my household chores. The response options for these 18 items are: : really false for me, sort of false for me, sort of true for me and really true for me.

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_MEFLO_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size