

Students in grades 6 to 12 who have a moderate level of mental fitness

Unit : %

Province	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
	55.7	55.8	55.6	55.6
Health zones				
Zone 1 - Moncton and South-East Area	54.6	54.4	56.1	55.6
Zone 2 - Fundy Shore and Saint John Area	56.4	56.6	55.2	55.2
Zone 3 - Fredericton and River Valley Area	56.7	57.1	54.8	55.5
Zone 4 - Madawaska and North-West Area	55.8	56.2	57.4	56.1
Zone 5 - Restigouche Area	55.5	56.6	55.0	54.7
Zone 6 - Bathurst and Acadian Peninsula Area	53.9	53.5	55.8	57.9
Zone 7 - Miramichi Area	56.9	55.9	55.9	54.9
Communities				
Bathurst, Beresford, Petit-Rocher Area	50.5	53.8	54.5	56.5
Bouctouche, Richibucto, Saint-Antoine Area	55.1	55.2	55.6	55.8
Campbellton, Atholville, Tide Head Area	53.7	53.7	53.3	54.9
Caraquet, Paquetville, Bertrand Area	59.9	52.5	62.1	59.4
Dalhousie, Balmoral, Belledune Area	58.0	60.6	57.4	54.3
Dieppe and Memramcook	51.7	53.2	56.4	55.4
Douglas, Saint Marys, Doaktown Area	54.9	57.3	50.9	56.7
Edmundston, Rivière-Verte, Lac Baker Area	54.0	55.4	57.2	56.3
Florenceville-Bristol, Woodstock, Wakefield Area	55.1	56.9	53.9	55.4
Fredericton	57.3	58.1	55.7	55.8
Grand Falls, Saint-Léonard, Drummond Area	56.9	56.5	56.7	55.5
Hillsborough, Riverside-Albert, Alma Area	55.8	55.1	57.4	61.9

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Kedgwick, Saint-Quentin and Grimmer	60.0	58.8	59.8	57.0
Minto, Chipman, Cambridge-Narrows Area	59.0	53.4	56.2	55.6
Miramichi, Rogersville, Blackville Area	56.7	55.2	56.1	54.0
Moncton	55.3	54.6	57.0	55.4
Nackawic, McAdam, Canterbury Area	57.4	56.1	53.4	53.8
Neguac, Alnwick, Esgenoopetitj Area	59.0	62.0	54.0	62.2
New Maryland, Kingsclear, Lincoln Area	49.6	56.3	53.0	54.7
Oromocto, Gagetown, Fredericton Junction Area	57.2	55.5	53.9	55.1
Perth-Andover, Plaster Rock, Tobique Area	56.4	55.7	56.1	55.7
Quispamsis, Rothesay, Hampton Area	58.0	57.6	57.4	55.1
Riverview and Coverdale	54.5	56.5	56.1	58.0
Sackville, Dorchester, Port Elgin Area	58.4	54.4	53.9	55.1
Saint John, Simonds and Musquash	56.3	56.8	54.6	56.6
Salisbury and Petitcodiac	55.0	55.5	54.3	55.3
Shediac, Beaubassin East and Cap-Pelé	51.7	49.9	53.5	52.5
Shippagan, Lamèque, Inkerman Area	57.5	57.1	55.4	59.9
St. George, Grand Manan, Blacks Harbour Area	57.1	58.8	54.1	51.6
St. Stephen, Saint Andrews, Campobello Island Area	51.0	51.8	53.9	50.2
Sussex, Norton, Sussex Corner Area	56.6	54.9	54.4	55.5
Tracadie and Saint-Isidore	54.2	51.2	54.3	58.5

School districts

Anglophone East School District	56.5	55.7	56.1	56.1
Anglophone North School District	55.8	55.4	55.3	55.6
Anglophone South School District	56.6	56.8	55.3	55.2

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Anglophone West School District	56.8	57.2	55.0	55.5
Anglophone sector	56.6	56.5	55.4	55.6
District scolaire francophone Nord-Est	55.0	54.6	56.2	57.4
District scolaire francophone Nord-Ouest	55.5	55.7	57.1	55.8
District scolaire francophone Sud	51.5	52.7	56.0	54.9
Francophone sector	53.3	53.8	56.2	55.8
Grades				
Grades 6 to 8	54.8	55.5	55.2	54.9
Grades 9 to 12	56.2	56.0	55.9	56.2
Gender				
Female	54.3	54.7	55.1	55.2
Male	57.5	57.4	57.8	57.7
Non-binary	45.9	48.9	42.6	44.7
Sex at birth				
Female	53.9	54.4	53.7	53.8
Male	57.7	57.5	57.8	57.7
2SLGBTQIA+ status				
2SLGBTQIA+	51.8	52.4	49.7	51.5
Indigenous identity				
Indigenous	53.3	54.5	52.0	54.7
Immigrant				
Immigrants	56.2	56.4	57.6	55.7
Disability or special need				

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Disability or special need	51.4	50.4	n/a	n/a
Racialized groups				
Racialized groups	55.4	55.5	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who have a moderate level of mental fitness.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score between 2 specified cutoffs by the number of respondents who described their feelings and ideas for at least 9 of the following 18 questionnaire items: I feel I do things well at school, my teachers like me and care about me, I feel free to express myself at home, I feel my teachers think I am good at things, I like to spend time with my parents, I feel free to express myself with my friends, I feel I do things well at home, my parents like me and care about me, I feel I have a choice about when and how to do my schoolwork, I feel my parents think that I am good at things, I like to be with my teachers, I feel I have a choice about which activities to do with my friends, I feel I do things well when I am with my friends, my friends like me and care about me, I feel free to express myself at school, I feel my friends think I am good at things, I like to spend time with my friends and I feel like I have a choice about when and how to do my household chores. The response options for these 18 items are: : really false for me, sort of false for me, sort of true for me and really true for me.

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_MEFMO_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size