

## Students in grades 6 to 12 who have a moderate level of mental fitness

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
<b>Province</b>				
New Brunswick	55.8	55.6	55.6	54.8
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	54.4	56.1	55.6	54.0
Zone 2 - Fundy Shore and Saint John Area	56.6	55.2	55.2	54.3
Zone 3 - Fredericton and River Valley Area	57.1	54.8	55.5	54.8
Zone 4 - Madawaska and North-West Area	56.2	57.4	56.1	58.4
Zone 5 - Restigouche Area	56.6	55.0	54.7	54.6
Zone 6 - Bathurst and Acadian Peninsula Area	53.5	55.8	57.9	55.2
Zone 7 - Miramichi Area	55.9	55.9	54.9	56.1
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	53.8	54.5	56.5	56.4
Bouctouche, Richibucto, Saint-Antoine Area	55.2	55.6	55.8	53.7
Campbellton, Atholville, Tide Head Area	53.7	53.3	54.9	54.8
Caraquet, Paquetville, Bertrand Area	52.5	62.1	59.4	51.2
Dalhousie, Balmoral, Belledune Area	60.6	57.4	54.3	54.3
Dieppe and Memramcook	53.2	56.4	55.4	52.3
Douglas, Saint Marys, Doaktown Area	57.3	50.9	56.7	53.5
Edmundston, Rivière-Verte, Lac Baker Area	55.4	57.2	56.3	57.7
Florenceville-Bristol, Woodstock, Wakefield Area	56.9	53.9	55.4	55.6
Fredericton	58.1	55.7	55.8	55.5
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	53.6	47.5
Grand Falls, Saint-Léonard, Drummond Area	56.5	56.7	55.5	59.1

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Hillsborough, Riverside-Albert, Alma Area	55.1	57.4	61.9	59.3
Kedgwick, Saint-Quentin and Grimmer	58.8	59.8	57.0	60.6
Minto, Chipman, Cambridge-Narrows Area	53.4	56.2	55.6	50.8
Miramichi, Rogersville, Blackville Area	55.2	56.1	54.0	55.4
Moncton	54.6	57.0	55.4	53.7
Nackawic, McAdam, Canterbury Area	56.1	53.4	53.8	55.1
Neguac, Alnwick, Esgenooetitj Area	62.0	54.0	62.2	61.9
New Maryland, Kingsclear, Lincoln Area	56.3	53.0	54.7	53.0
Oromocto, Gagetown, Fredericton Junction Area	55.5	53.9	55.1	53.3
Perth-Andover, Plaster Rock, Tobique Area	55.7	56.1	55.7	54.3
Quispamsis, Rothesay, Hampton Area	57.6	57.4	55.1	56.7
Riverview and Coverdale	56.5	56.1	58.0	55.9
Sackville, Dorchester, Port Elgin Area	54.4	53.9	55.1	56.4
Saint John, Simonds and Musquash	56.8	54.6	56.6	52.7
Salisbury and Petitcodiac	55.5	54.3	55.3	52.1
Shediac, Beaubassin East and Cap-Pelé	49.9	53.5	52.5	54.9
Shippagan, Lamèque, Inkerman Area	57.1	55.4	59.9	50.2
St. George, Grand Manan, Blacks Harbour Area	58.8	54.1	51.6	52.9
St. Stephen, Saint Andrews, Campobello Island Area	51.8	53.9	50.2	54.8
Sussex, Norton, Sussex Corner Area	54.9	54.4	55.5	55.8
Tracadie and Saint-Isidore	51.2	54.3	58.5	58.2
<b>School districts</b>				
Anglophone East School District	55.7	56.1	56.1	54.3
Anglophone North School District	55.4	55.3	55.6	54.2

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Anglophone South School District	56.8	55.3	55.2	54.5
Anglophone West School District	57.2	55.0	55.5	54.4
Anglophone sector	56.5	55.4	55.6	54.4
District scolaire francophone Nord-Est	54.6	56.2	57.4	56.0
District scolaire francophone Nord-Ouest	55.7	57.1	55.8	58.5
District scolaire francophone Sud	52.7	56.0	54.9	54.4
Francophone sector	53.8	56.2	55.8	55.7
<b>Grades</b>				
Grades 6 to 8	55.5	55.2	54.9	53.9
Grades 9 to 12	56.0	55.9	56.2	55.4
<b>Gender</b>				
Female	54.7	55.1	55.2	n/a
Male	57.4	57.8	57.7	n/a
Non-binary	48.9	42.6	44.7	n/a
<b>Sex at birth</b>				
Female	54.4	53.7	53.8	53.5
Male	57.5	57.8	57.7	56.1
<b>2SLGBTQIA+ status</b>				
2SLGBTQIA+	52.4	49.7	51.5	n/a
<b>Indigenous identity</b>				
Indigenous	54.5	52.0	54.7	52.7
<b>Immigrant</b>				
Immigrants	56.4	57.6	55.7	55.2



## About

This indicator is the percentage of students in grades 6 to 12 who have a moderate level of mental fitness.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score between 2 specified cutoffs by the number of respondents who described their feelings and ideas for at least 9 of the following 18 questionnaire items: I feel I do things well at school, my teachers like me and care about me, I feel free to express myself at home, I feel my teachers think I am good at things, I like to spend time with my parents, I feel free to express myself with my friends, I feel I do things well at home, my parents like me and care about me, I feel I have a choice about when and how to do my schoolwork, I feel my parents think that I am good at things, I like to be with my teachers, I feel I have a choice about which activities to do with my friends, I feel I do things well when I am with my friends, my friends like me and care about me, I feel free to express myself at school, I feel my friends think I am good at things, I like to spend time with my friends and I feel like I have a choice about when and how to do my household chores. The response options for these 18 items are: : really false for me, sort of false for me, sort of true for me and really true for me.

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

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Unit	Interpretation	NBHC code
%	Higher is better	SH_MEFMO_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size