Students in grades 6 to 12 who have a moderate level of mental fitness

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Province				
New Brunswick	**55.8**	**55.6**	**55.6**	**54.8**
Health zones				
Zone 1 - Moncton and South-East Area	**54.4**	**56.1**	**55.6**	**54.0**
Zone 2 - Fundy Shore and Saint John Area	**56.6**	**55.2**	**55.2**	**54.3**
Zone 3 - Fredericton and River Valley Area	**57.1**	**54.8**	**55.5**	**54.8**
Zone 4 - Madawaska and North-West Area	**56.2**	**57.4**	**56.1**	**58.4**
Zone 5 - Restigouche Area	**56.6**	**55.0**	**54.7**	**54.6**
Zone 6 - Bathurst and Acadian Peninsula Area	**53.5**	**55.8**	**57.9**	**55.2**
Zone 7 - Miramichi Area	**55.9**	**55.9**	**54.9**	**56.1**
Communities				
Bathurst, Beresford, Petit-Rocher Area	**53.8**	**54.5**	**56.5**	**56.4**
Bouctouche, Richibucto, Saint-Antoine Area	**55.2**	**55.6**	**55.8**	**53.7**
Campbellton, Atholville, Tide Head Area	**53.7**	**53.3**	**54.9**	**54.8**
Caraquet, Paquetville, Bertrand Area	**52.5**	**62.1**	**59.4**	**51.2**
Dalhousie, Balmoral, Belledune Area	**60.6**	**57.4**	**54.3**	**54.3**
Dieppe and Memramcook	**53.2**	**56.4**	**55.4**	**52.3**
Douglas, Saint Marys, Doaktown Area	**57.3**	**50.9**	**56.7**	**53.5**
Edmundston, Rivière-Verte, Lac Baker Area	**55.4**	**57.2**	**56.3**	**57.7**
Florenceville-Bristol, Woodstock, Wakefield Area	**56.9**	**53.9**	**55.4**	**55.6**
Fredericton	**58.1**	**55.7**	**55.8**	**55.5**
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	**53.6**	**47.5**
Grand Falls, Saint-Léonard, Drummond Area	**56.5**	**56.7**	**55.5**	**59.1**

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Hillsborough, Riverside-Albert, Alma Area	**55.1**	**57.4**	**61.9**	**59.3**
Kedgwick, Saint-Quentin and Grimmer	**58.8**	**59.8**	**57.0**	**60.6**
Minto, Chipman, Cambridge-Narrows Area	**53.4**	**56.2**	**55.6**	**50.8**
Miramichi, Rogersville, Blackville Area	**55.2**	**56.1**	**54.0**	**55.4**
Moncton	**54.6**	**57.0**	**55.4**	**53.7**
Nackawic, McAdam, Canterbury Area	**56.1**	**53.4**	**53.8**	**55.1**
Neguac, Alnwick, Esgenoopetitj Area	**62.0**	**54.0**	**62.2**	**61.9**
New Maryland, Kingsclear, Lincoln Area	**56.3**	**53.0**	**54.7**	**53.0**
Oromocto, Gagetown, Fredericton Junction Area	**55.5**	**53.9**	**55.1**	**53.3**
Perth-Andover, Plaster Rock, Tobique Area	**55.7**	**56.1**	**55.7**	**54.3**
Quispamsis, Rothesay, Hampton Area	**57.6**	**57.4**	**55.1**	**56.7**
Riverview and Coverdale	**56.5**	**56.1**	**58.0**	**55.9**
Sackville, Dorchester, Port Elgin Area	**54.4**	**53.9**	**55.1**	**56.4**
Saint John, Simonds and Musquash	**56.8**	**54.6**	**56.6**	**52.7**
Salisbury and Petitcodiac	**55.5**	**54.3**	**55.3**	**52.1**
Shediac, Beaubassin East and Cap-Pelé	**49.9**	**53.5**	**52.5**	**54.9**
Shippagan, Lamèque, Inkerman Area	**57.1**	**55.4**	**59.9**	**50.2**
St. George, Grand Manan, Blacks Harbour Area	**58.8**	**54.1**	**51.6**	**52.9**
St. Stephen, Saint Andrews, Campobello Island Area	**51.8**	**53.9**	**50.2**	**54.8**
Sussex, Norton, Sussex Corner Area	**54.9**	**54.4**	**55.5**	**55.8**
Tracadie and Saint-Isidore	**51.2**	**54.3**	**58.5**	**58.2**

School districts

Anglophone East School District	**55.7**	**56.1**	**56.1**	**54.3**
Anglophone North School District	**55.4**	**55.3**	**55.6**	**54.2**

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Anglophone South School District	**56.8**	**55.3**	**55.2**	**54.5**
Anglophone West School District	**57.2**	**55.0**	**55.5**	**54.4**
Anglophone sector	**56.5**	**55.4**	**55.6**	**54.4**
District scolaire francophone Nord-Est	**54.6**	**56.2**	**57.4**	**56.0**
District scolaire francophone Nord-Ouest	**55.7**	**57.1**	**55.8**	**58.5**
District scolaire francophone Sud	**52.7**	**56.0**	**54.9**	**54.4**
Francophone sector	**53.8**	**56.2**	**55.8**	**55.7**
Grades				
Grades 6 to 8	**55.5**	**55.2**	**54.9**	**53.9**
Grades 9 to 12	**56.0**	**55.9**	**56.2**	**55.4**
Gender				
Female	**54.7**	**55.1**	**55.2**	n/a
Male	**57.4**	**57.8**	**57.7**	n/a
Non-binary	**48.9**	**42.6**	**44.7**	n/a
Sex at birth				
Female	**54.4**	**53.7**	**53.8**	**53.5**
Male	**57.5**	**57.8**	**57.7**	**56.1**
2SLGBTQIA+ status				
2SLGBTQIA+	**52.4**	**49.7**	**51.5**	n/a
Indigenous identity				
Indigenous	**54.5**	**52.0**	**54.7**	**52.7**
Immigrant				
Immigrants	**56.4**	**57.6**	**55.7**	**55.2**

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022	Academic Year 2018-2019
Disability or special need				
Disability or special need	**50.4**	n/a	n/a	n/a
Racialized groups				
Racialized groups	**55.5**	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who have a moderate level of mental fitness.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score between 2 specified cutoffs by the number of respondents who described their feelings and ideas for at least 9 of the following 18 questionnaire items: I feel I do things well at school, my teachers like me and care about me, I feel free to express myself at home, I feel my teachers think I am good at things, I like to spend time with my parents, I feel free to express myself with my friends, I feel I do things well at home, my parents like me and care about me, I feel I have a choice about when and how to do my schoolwork, I feel my parents think that I am good at things, I like to be with my teachers, I feel I have a choice about which activities to do with my friends, I feel I do things well when I am with my friends, my friends like me and care about me, I feel free to express myself at school, I feel my friends think I am good at things, I like to spend time with my friends and I feel like I have a choice about when and how to do my household chores. The response options for these 18 items are: : really false for me, sort of false for me, sort of true for me and really true for me.

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_MEFMO_1

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size