Students in grades 6 to 12 who perceive their mental health as very good or excellent

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Province				
New Brunswick	38.7	43.0	41.0	38.3
Health zones				
Zone 1 - Moncton and South-East Area	40.8	44.8	42.7	39.3
Zone 2 - Fundy Shore and Saint John Area	35.1	38.4	36.3	33.3
Zone 3 - Fredericton and River Valley Area	35.7	40.2	38.4	35.1
Zone 4 - Madawaska and North-West Area	45.0	53.9	50.6	49.9
Zone 5 - Restigouche Area	38.5	44.9	42.4	39.8
Zone 6 - Bathurst and Acadian Peninsula Area	48.1	52.2	49.7	50.0
Zone 7 - Miramichi Area	33.7	40.2	39.3	36.9
Communities				
Bathurst, Beresford, Petit-Rocher Area	43.0	47.2	43.9	44.3
Bouctouche, Richibucto, Saint-Antoine Area	38.2	42.7	42.2	42.7
Campbellton, Atholville, Tide Head Area	42.1	47.5	43.9	41.2
Caraquet, Paquetville, Bertrand Area	56.6	55.8	52.6	54.3
Dalhousie, Balmoral, Belledune Area	33.4	40.9	40.1	37.6
Dieppe and Memramcook	48.9	54.0	50.6	48.7
Douglas, Saint Marys, Doaktown Area	30.1	37.2	36.6	40.4
Edmundston, Rivière-Verte, Lac Baker Area	47.6	56.2	52.6	52.3
Florenceville-Bristol, Woodstock, Wakefield Area	38.5	44.7	42.2	37.4
Fredericton	38.0	42.7	39.2	36.3
Grand Falls, Saint-Léonard, Drummond Area	40.4	46.7	44.8	42.9

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Hillsborough, Riverside-Albert, Alma Area	26.4	36.5	35.0	29.6
Kedgwick, Saint-Quentin and Grimmer	45.9	64.0	58.9	56.2
Minto, Chipman, Cambridge-Narrows Area	23.0	27.7	30.7	34.6
Miramichi, Rogersville, Blackville Area	33.9	39.8	39.0	36.6
Moncton	42.3	44.9	42.6	38.5
Nackawic, McAdam, Canterbury Area	33.3	36.2	35.0	23.8
Neguac, Alnwick, Esgenoopetitj Area	31.9	43.3	41.5	39.5
New Maryland, Kingsclear, Lincoln Area	43.7	44.4	43.5	36.2
Oromocto, Gagetown, Fredericton Junction Area	31.3	34.9	36.4	32.5
Perth-Andover, Plaster Rock, Tobique Area	29.7	27.8	31.0	30.1
Quispamsis, Rothesay, Hampton Area	36.2	39.6	38.4	35.9
Riverview and Coverdale	37.9	39.6	36.6	31.0
Sackville, Dorchester, Port Elgin Area	26.7	36.6	36.6	33.6
Saint John, Simonds and Musquash	35.5	37.4	35.8	31.6
Salisbury and Petitcodiac	33.0	40.7	37.3	34.7
Shediac, Beaubassin East and Cap-Pelé	41.5	47.1	45.9	43.4
Shippagan, Lamèque, Inkerman Area	50.5	59.8	56.3	54.7
St. George, Grand Manan, Blacks Harbour Area	34.4	37.6	37.4	35.1
St. Stephen, Saint Andrews, Campobello Island Area	30.1	39.1	31.5	31.9
Sussex, Norton, Sussex Corner Area	34.9	38.0	35.0	32.1
Tracadie and Saint-Isidore	50.4	54.3	54.0	55.6

School districts

Anglophone East School District	36.7	40.3	38.5	34.1
Anglophone North School District	30.8	35.8	35.2	33.7

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone South School District	34.5	37.8	35.7	33.1
Anglophone West School District	35.1	39.1	37.7	33.9
Anglophone sector	34.8	38.6	37.0	33.7
District scolaire francophone Nord-Est	50.1	54.9	51.9	51.7
District scolaire francophone Nord-Ouest	47.5	57.1	53.4	52.1
District scolaire francophone Sud	48.7	52.9	50.1	47.4
Francophone sector	48.9	54.2	51.3	49.6

Grades

Grades 6 to 8	47.5	53.2	51.4	48.9
Grades 9 to 12	32.1	35.7	33.5	30.4

Gender

Female	32.3	33.7	31.4	29.2
Male	47.2	54.4	53.5	50.8
Non-binary	10.6	12.3	10.6	7.4

Sex at birth

Female	30.9	32.0	29.0	26.7
Male	47.2	54.7	53.4	50.6

2SLGBTQIA+ status

2SLGBTQIA+	12.2	14.0	17.5	14.8

Indigenous identity

Indigenous	28.1	32.9	32.6	32.3

Immigrant

Immigrants	45.6	51.9	49.6	44.3

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	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Disability or special need				
Disability or special need	**24.6**	**30.0**	n/a	n/a
Racialized groups				
Racialized groups	**43.5**	**49.6**	n/a	n/a

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About

This indicator is the percentage of students in grades 6 to 12 who perceive their mental health as very good or excellent.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "very good or excellent" by the number of respondents who answered "poor, fair, good, very good or excellent" to the question: In general, would you say your mental health is?

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_MHI03_1

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size