

## Students in grades 6 to 12 who perceive their mental health as very good or excellent

Unit : %

	Academic Year 2022-2023	Academic Year 2021-2022
<b>Province</b>		
New Brunswick	41.0	38.3
<b>Health zones</b>		
Zone 1 - Moncton and South-East Area	42.7	39.3
Zone 2 - Fundy Shore and Saint John Area	36.3	33.3
Zone 3 - Fredericton and River Valley Area	38.4	35.1
Zone 4 - Madawaska and North-West Area	50.6	49.9
Zone 5 - Restigouche Area	42.4	39.8
Zone 6 - Bathurst and Acadian Peninsula Area	49.7	50.0
Zone 7 - Miramichi Area	39.3	36.9
<b>Communities</b>		
Bathurst, Beresford, Petit-Rocher Area	43.9	44.3
Bouctouche, Richibucto, Saint-Antoine Area	42.2	42.7
Campbellton, Atholville, Tide Head Area	43.9	41.2
Caraquet, Paquetville, Bertrand Area	52.6	54.3
Dalhousie, Balmoral, Belledune Area	40.1	37.6
Dieppe and Memramcook	50.6	48.7
Douglas, Saint Marys, Doaktown Area	36.6	40.4
Edmundston, Rivière-Verte, Lac Baker Area	52.6	52.3
Florenceville-Bristol, Woodstock, Wakefield Area	42.2	37.4
Fredericton	39.2	36.3
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	44.5

	Academic Year 2022-2023	Academic Year 2021-2022
Grand Falls, Saint-Léonard, Drummond Area	44.8	42.9
Hillsborough, Riverside-Albert, Alma Area	35.0	29.6
Kedgwick, Saint-Quentin and Grimmer	58.9	56.2
Minto, Chipman, Cambridge-Narrows Area	30.7	34.6
Miramichi, Rogersville, Blackville Area	39.0	36.6
Moncton	42.6	38.5
Nackawic, McAdam, Canterbury Area	35.0	23.8
Neguac, Alnwick, Esgenooetitj Area	41.5	39.5
New Maryland, Kingsclear, Lincoln Area	43.5	36.2
Oromocto, Gagetown, Fredericton Junction Area	36.4	32.5
Perth-Andover, Plaster Rock, Tobique Area	31.0	30.1
Quispamsis, Rothesay, Hampton Area	38.4	35.9
Riverview and Coverdale	36.6	31.0
Sackville, Dorchester, Port Elgin Area	36.6	33.6
Saint John, Simonds and Musquash	35.8	31.6
Salisbury and Petitcodiac	37.3	34.7
Shediac, Beaubassin East and Cap-Pelé	45.9	43.4
Shippagan, Lamèque, Inkerman Area	56.3	54.7
St. George, Grand Manan, Blacks Harbour Area	37.4	35.1
St. Stephen, Saint Andrews, Campobello Island Area	31.5	31.9
Sussex, Norton, Sussex Corner Area	35.0	32.1
Tracadie and Saint-Isidore	54.0	55.6
<b>School districts</b>		
Anglophone East School District	38.5	34.1

	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone North School District	35.2	33.7
Anglophone South School District	35.7	33.1
Anglophone West School District	37.7	33.9
Anglophone sector	37.0	33.7
District scolaire francophone Nord-Est	51.9	51.7
District scolaire francophone Nord-Ouest	53.4	52.1
District scolaire francophone Sud	50.1	47.4
Francophone sector	51.3	49.6
<b>Grades</b>		
Grades 6 to 8	51.4	48.9
Grades 9 to 12	33.5	30.4
<b>Gender</b>		
Woman/Girl	31.4	29.2
Man/Boy	53.5	50.8
Non-binary	10.6	7.4
<b>Sex at birth</b>		
Female	29.0	26.7
Male	53.4	50.6
<b>Sexual identity</b>		
Minority sexual identity	16.8	14.3
Heterosexual	46.1	43.8
<b>LGBTQ2+ Status</b>		
LGBTQ2+ person	17.5	14.8

	Academic Year 2022-2023	Academic Year 2021-2022
Non LGBTQ2+ person	46.1	43.8
<b>Race</b>		
White	39.4	36.1
South Asian	47.4	40.8
Other	40.7	42.0
Middle Eastern	51.0	45.0
Latino	44.4	39.1
East/Southeast Asian	43.0	40.8
Black	47.4	43.7
<b>Indigenous identity</b>		
Indigenous	32.6	32.3
Non-Indigenous	41.4	38.3
<b>Food poverty</b>		
Food poverty	31.5	33.3
No food poverty	41.8	38.6
<b>Immigrant</b>		
Immigrants	49.6	44.3
Non-immigrants	39.8	37.6
<b>Special needs</b>		
Has a special need	25.2	23.6
No special need	49.6	46.2

## About

This indicator is the percentage of students in grades 6 to 12 who perceive their mental health as very good or excellent.

## Source

Student Wellness Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who answered "very good or excellent" by the number of respondents who answered "poor, fair, good, very good or excellent" to the question: In general, would you say your mental health is?

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

---

Unit	Interpretation	NBHC code
%	Higher is better	SH_MHI03_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size