

# Students in grades 6 to 12 who perceive their mental health as very good or excellent

Unit: %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Province			
New Brunswick	43.0	41.0	38.3
Health zones			
Zone 1 - Moncton and South-East Area	44.8	42.7	39.3
Zone 2 - Fundy Shore and Saint John Area	38.4	36.3	33.3
Zone 3 - Fredericton and River Valley Area	40.2	38.4	35.1
Zone 4 - Madawaska and North-West Area	53.9	50.6	49.9
Zone 5 - Restigouche Area	44.9	42.4	39.8
Zone 6 - Bathurst and Acadian Peninsula Area	52.2	49.7	50.0
Zone 7 - Miramichi Area	40.2	39.3	36.9
Communities			
Bathurst, Beresford, Petit-Rocher Area	47.2	43.9	44.3
Bouctouche, Richibucto, Saint-Antoine Area	42.7	42.2	42.7
Campbellton, Atholville, Tide Head Area	47.5	43.9	41.2
Caraquet, Paquetville, Bertrand Area	55.8	52.6	54.3
Dalhousie, Balmoral, Belledune Area	40.9	40.1	37.6
Dieppe and Memramcook	54.0	50.6	48.7
Douglas, Saint Marys, Doaktown Area	37.2	36.6	40.4
Edmundston, Rivière-Verte, Lac Baker Area	56.2	52.6	52.3
Florenceville-Bristol, Woodstock, Wakefield Area	44.7	42.2	37.4
Fredericton	42.7	39.2	36.3
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	44.5



	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Grand Falls, Saint-Léonard, Drummond Area	46.7	44.8	42.9
Hillsborough, Riverside-Albert, Alma Area	36.5	35.0	29.6
Kedgwick, Saint-Quentin and Grimmer	64.0	58.9	56.2
Minto, Chipman, Cambridge-Narrows Area	27.7	30.7	34.6
Miramichi, Rogersville, Blackville Area	39.8	39.0	36.6
Moncton	44.9	42.6	38.5
Nackawic, McAdam, Canterbury Area	36.2	35.0	23.8
Neguac, Alnwick, Esgenoopetitj Area	43.3	41.5	39.5
New Maryland, Kingsclear, Lincoln Area	44.4	43.5	36.2
Oromocto, Gagetown, Fredericton Junction Area	34.9	36.4	32.5
Perth-Andover, Plaster Rock, Tobique Area	27.8	31.0	30.1
Quispamsis, Rothesay, Hampton Area	39.6	38.4	35.9
Riverview and Coverdale	39.6	36.6	31.0
Sackville, Dorchester, Port Elgin Area	36.6	36.6	33.6
Saint John, Simonds and Musquash	37.4	35.8	31.6
Salisbury and Petitcodiac	40.7	37.3	34.7
Shediac, Beaubassin East and Cap-Pelé	47.1	45.9	43.4
Shippagan, Lamèque, Inkerman Area	59.8	56.3	54.7
St. George, Grand Manan, Blacks Harbour Area	37.6	37.4	35.1
St. Stephen, Saint Andrews, Campobello Island Area	39.1	31.5	31.9
Sussex, Norton, Sussex Corner Area	38.0	35.0	32.1
Tracadie and Saint-Isidore	54.3	54.0	55.6
School districts			
Anglophone East School District	40.3	38.5	34.1



	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone North School District	35.8	35.2	33.7
Anglophone South School District	37.8	35.7	33.1
Anglophone West School District	39.1	37.7	33.9
Anglophone sector	38.6	37.0	33.7
District scolaire francophone Nord-Est	54.9	51.9	51.7
District scolaire francophone Nord-Ouest	57.1	53.4	52.1
District scolaire francophone Sud	52.9	50.1	47.4
Francophone sector	54.2	51.3	49.6
Grades			
Grades 6 to 8	53.2	51.4	48.9
Grades 9 to 12	35.7	33.5	30.4
Gender			
Female	33.7	31.4	29.2
Male	54.4	53.5	50.8
Non-binary	12.3	10.6	7.4
Sex at birth			
Female	32.0	29.0	26.7
Male	54.7	53.4	50.6
2SLGBTQIA+ status			
2SLGBTQIA+	14.0	17.5	14.8
Indigenous identity			
Indigenous	32.9	32.6	32.3

# **Immigrant**



	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2021-2022
Immigrants	51.9	49.6	44.3
Disability or special need			
Disability or special need	30.0	n/a	n/a
Racialized groups			
Racialized groups	49.6	n/a	n/a



#### **About**

This indicator is the percentage of students in grades 6 to 12 who perceive their mental health as very good or excellent.

#### Source

Student Wellness and Education Survey - Grades 6-12

## **Calculations**

This indicator is calculated by dividing the number of respondents who answered "very good or excellent" by the number of respondents who answered "poor, fair, good, very good or excellent" to the question: In general, would you say your mental health is?

#### **Notes**

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code	
%	Higher is better	SH MHI03 1	

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size