

## Students in grades 6 to 12 who reported that they did not see or talk to someone about their mental or emotional problem [among those in need who did not see someone] because: They felt uncomfortable going for help

Unit : %

|  | Academic Year<br>2023-2024 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 |
|--|----------------------------|----------------------------|----------------------------|
| <b>Province</b>                                  |                            |                            |                            |
| New Brunswick                                    | 51.8                       | 52.1                       | 70.2                       |
| <b>Health zones</b>                              |                            |                            |                            |
| Zone 1 - Moncton and South-East Area             | 52.1                       | 54.8                       | 70.5                       |
| Zone 2 - Fundy Shore and Saint John Area         | 54.6                       | 51.0                       | 73.1                       |
| Zone 3 - Fredericton and River Valley Area       | 53.3                       | 50.0                       | 66.9                       |
| Zone 4 - Madawaska and North-West Area           | 42.8                       | 48.0                       | 72.5                       |
| Zone 5 - Restigouche Area                        | 40.8                       | 56.4                       | 66.9                       |
| Zone 6 - Bathurst and Acadian Peninsula Area     | 40.2                       | 52.4                       | 66.5                       |
| Zone 7 - Miramichi Area                          | 54.0                       | 53.8                       | 74.8                       |
| <b>Communities</b>                               |                            |                            |                            |
| Bathurst, Beresford, Petit-Rocher Area           | 34.4                       | 55.4                       | 69.8                       |
| Bouctouche, Richibucto, Saint-Antoine Area       | 48.8                       | 63.8                       | 76.7                       |
| Campbellton, Atholville, Tide Head Area          | 39.3                       | 68.7                       | 61.0                       |
| Caraquet, Paquetville, Bertrand Area             | S                          | S                          | S                          |
| Dalhousie, Balmoral, Belledune Area              | 42.6                       | S                          | 75.4                       |
| Dieppe and Memramcook                            | 54.1                       | 47.2                       | 77.1                       |
| Douglas, Saint Marys, Doaktown Area              | S                          | S                          | S                          |
| Edmundston, Rivière-Verte, Lac Baker Area        | 43.5                       | 43.1                       | 70.6                       |
| Florenceville-Bristol, Woodstock, Wakefield Area | 50.4                       | 52.4                       | 67.0                       |
| Fredericton                                      | 55.4                       | 47.7                       | 69.8                       |

|  | Academic Year<br>2023-2024 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 |
|--|----------------------------|----------------------------|----------------------------|
| Grand Falls, Saint-Léonard, Drummond Area          | 42.5                       | 51.8                       | S                          |
| Hillsborough, Riverside-Albert, Alma Area          | S                          | S                          | S                          |
| Kedgwick, Saint-Quentin and Grimmer                | S                          | S                          | S                          |
| Minto, Chipman, Cambridge-Narrows Area             | 65.0                       | S                          | 59.6                       |
| Miramichi, Rogersville, Blackville Area            | 55.6                       | 54.9                       | 75.7                       |
| Moncton  | 52.1                       | 57.1                       | 70.9                       |
| Nackawic, McAdam, Canterbury Area                  | 53.1                       | 64.7                       | 62.1                       |
| Neguac, Alnwick, Esgenoopetitj Area                | S                          | S                          | S                          |
| New Maryland, Kingsclear, Lincoln Area             | S                          | S                          | S                          |
| Oromocto, Gagetown, Fredericton Junction Area      | 46.5                       | 52.6                       | 62.8                       |
| Perth-Andover, Plaster Rock, Tobique Area          | 52.0                       | S                          | S                          |
| Quispamsis, Rothesay, Hampton Area                 | 54.3                       | 53.4                       | 73.2                       |
| Riverview and Coverdale                            | 55.9                       | 55.7                       | 61.8                       |
| Sackville, Dorchester, Port Elgin Area             | 55.9                       | 56.4                       | 52.7                       |
| Saint John, Simonds and Musquash                   | 53.8                       | 49.8                       | 72.6                       |
| Salisbury and Petitcodiac                          | 53.0                       | 37.9                       | 65.6                       |
| Shediac, Beaubassin East and Cap-Pelé              | 42.9                       | 51.0                       | 82.3                       |
| Shippagan, Lamèque, Inkerman Area                  | S                          | S                          | S                          |
| St. George, Grand Manan, Blacks Harbour Area       | 64.2                       | S                          | 70.4                       |
| St. Stephen, Saint Andrews, Campobello Island Area | 47.1                       | 62.1                       | 71.3                       |
| Sussex, Norton, Sussex Corner Area                 | 58.9                       | 48.8                       | 77.3                       |
| Tracadie and Saint-Isidore                         | 46.8                       | 56.3                       | 66.3                       |
| <b>School districts</b>                            |                            |                            |                            |
| Anglophone East School District                    | 53.6                       | 54.3                       | 66.4                       |

|  | Academic Year<br>2023-2024 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 |
|--|----------------------------|----------------------------|----------------------------|
| Anglophone North School District         | 51.5                       | 60.7                       | 76.0                       |
| Anglophone South School District         | 54.9                       | 51.0                       | 73.6                       |
| Anglophone West School District          | 53.5                       | 50.1                       | 67.4                       |
| Anglophone sector                        | 53.7                       | 52.7                       | 70.3                       |
| District scolaire francophone Nord-Est   | 36.9                       | 45.0                       | 59.5                       |
| District scolaire francophone Nord-Ouest | 34.8                       | 46.5                       | 70.4                       |
| District scolaire francophone Sud        | 47.6                       | 53.0                       | 74.7                       |
| Francophone sector                       | 42.2                       | 49.7                       | 69.8                       |
| <b>Grades</b>                            |                            |                            |                            |
| Grades 6 to 8                            | 51.7                       | 53.6                       | 66.3                       |
| Grades 9 to 12                           | 51.9                       | 51.1                       | 72.4                       |
| <b>Gender</b>                            |                            |                            |                            |
| Female                                   | 57.1                       | 53.6                       | n/a                        |
| Male                                     | 43.7                       | 46.7                       | n/a                        |
| Non-binary                               | 55.6                       | 60.0                       | n/a                        |
| <b>Sex at birth</b>                      |                            |                            |                            |
| Female                                   | 57.3                       | 56.1                       | 74.3                       |
| Male                                     | 42.9                       | 44.9                       | 61.3                       |
| <b>2SLGBTQIA+ status</b>                 |                            |                            |                            |
| 2SLGBTQIA+                               | 62.3                       | 59.5                       | n/a                        |
| <b>Indigenous identity</b>               |                            |                            |                            |
| Indigenous                               | 49.1                       | 47.0                       | 62.3                       |
| <b>Immigrant</b>                         |                            |                            |                            |

|                                   | Academic Year<br>2023-2024 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 |
|-----------------------------------|----------------------------|----------------------------|----------------------------|
| Immigrants                        | 55.3                       | 56.5                       | 69.3                       |
| <b>Disability or special need</b> |                            |                            |                            |
| Disability or special need        | 44.3                       | n/a                        | n/a                        |
| <b>Racialized groups</b>          |                            |                            |                            |
| Racialized groups                 | 53.5                       | n/a                        | n/a                        |

## About

This indicator is the percentage of students in grades 6 to 12 who reported that they did not see or talk to someone about their mental or emotional problem [among those in need who did not see someone] because: They felt uncomfortable going for help.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is based on respondents who are in need, but did not see someone. This indicator is calculated by dividing the number of respondents who answered "I felt uncomfortable going for help" by the number of respondents who answered at least one of the following "I took the necessary steps and I am waiting for my first appointment, I did not feel help was available, I thought the problem would go away on its own, I was told the wait time would be too long, I felt uncomfortable going for help, I did not know where to go to get help or another reason" to the question: If you did not see or talk to someone about your mental or emotional health, please choose why not.

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

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| Unit | Interpretation  | NBHC code |
|------|-----------------|-----------|
| %    | Lower is better | SH_MHIU_1 |

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size