

Students in grades 6 to 12 who reported that they did not see or talk to someone about their mental or emotional problem [among those in need who did not see someone] because: They felt uncomfortable going for help

Unit : %

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Province			
New Brunswick	51.8	52.1	70.2
Health zones			
Zone 1 - Moncton and South-East Area	52.1	54.8	70.5
Zone 2 - Fundy Shore and Saint John Area	54.6	51.0	73.1
Zone 3 - Fredericton and River Valley Area	53.3	50.0	66.9
Zone 4 - Madawaska and North-West Area	42.8	48.0	72.5
Zone 5 - Restigouche Area	40.8	56.4	66.9
Zone 6 - Bathurst and Acadian Peninsula Area	40.2	52.4	66.5
Zone 7 - Miramichi Area	54.0	53.8	74.8
Communities			
Bathurst, Beresford, Petit-Rocher Area	34.4	55.4	69.8
Bouctouche, Richibucto, Saint-Antoine Area	48.8	63.8	76.7
Campbellton, Atholville, Tide Head Area	39.3	68.7	61.0
Caraquet, Paquetville, Bertrand Area	S	S	S
Dalhousie, Balmoral, Belledune Area	42.6	S	75.4
Dieppe and Memramcook	54.1	47.2	77.1
Douglas, Saint Marys, Doaktown Area	S	S	S
Edmundston, Rivière-Verte, Lac Baker Area	43.5	43.1	70.6
Florenceville-Bristol, Woodstock, Wakefield Area	50.4	52.4	67.0
Fredericton	55.4	47.7	69.8

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Grand Falls, Saint-Léonard, Drummond Area	42.5	51.8	S
Hillsborough, Riverside-Albert, Alma Area	S	S	S
Kedgwick, Saint-Quentin and Grimmer	S	S	S
Minto, Chipman, Cambridge-Narrows Area	65.0	S	59.6
Miramichi, Rogersville, Blackville Area	55.6	54.9	75.7
Moncton	52.1	57.1	70.9
Nackawic, McAdam, Canterbury Area	53.1	64.7	62.1
Neguac, Alnwick, Esgenoopetitj Area	S	S	S
New Maryland, Kingsclear, Lincoln Area	S	S	S
Oromocto, Gagetown, Fredericton Junction Area	46.5	52.6	62.8
Perth-Andover, Plaster Rock, Tobique Area	52.0	S	S
Quispamsis, Rothesay, Hampton Area	54.3	53.4	73.2
Riverview and Coverdale	55.9	55.7	61.8
Sackville, Dorchester, Port Elgin Area	55.9	56.4	52.7
Saint John, Simonds and Musquash	53.8	49.8	72.6
Salisbury and Petitcodiac	53.0	37.9	65.6
Shediac, Beaubassin East and Cap-Pelé	42.9	51.0	82.3
Shippagan, Lamèque, Inkerman Area	S	S	S
St. George, Grand Manan, Blacks Harbour Area	64.2	S	70.4
St. Stephen, Saint Andrews, Campobello Island Area	47.1	62.1	71.3
Sussex, Norton, Sussex Corner Area	58.9	48.8	77.3
Tracadie and Saint-Isidore	46.8	56.3	66.3
School districts			
Anglophone East School District	53.6	54.3	66.4

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Anglophone North School District	51.5	60.7	76.0
Anglophone South School District	54.9	51.0	73.6
Anglophone West School District	53.5	50.1	67.4
Anglophone sector	53.7	52.7	70.3
District scolaire francophone Nord-Est	36.9	45.0	59.5
District scolaire francophone Nord-Ouest	34.8	46.5	70.4
District scolaire francophone Sud	47.6	53.0	74.7
Francophone sector	42.2	49.7	69.8
Grades			
Grades 6 to 8	51.7	53.6	66.3
Grades 9 to 12	51.9	51.1	72.4
Gender			
Female	57.1	53.6	n/a
Male	43.7	46.7	n/a
Non-binary	55.6	60.0	n/a
Sex at birth			
Female	57.3	56.1	74.3
Male	42.9	44.9	61.3
2SLGBTQIA+ status			
2SLGBTQIA+	62.3	59.5	n/a
Indigenous identity			
Indigenous	49.1	47.0	62.3
Immigrant			

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019
Immigrants	55.3	56.5	69.3
Disability or special need			
Disability or special need	44.3	n/a	n/a
Racialized groups			
Racialized groups	53.5	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported that they did not see or talk to someone about their mental or emotional problem [among those in need who did not see someone] because: They felt uncomfortable going for help.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is based on respondents who are in need, but did not see someone. This indicator is calculated by dividing the number of respondents who answered "I felt uncomfortable going for help" by the number of respondents who answered at least one of the following "I took the necessary steps and I am waiting for my first appointment, I did not feel help was available, I thought the problem would go away on its own, I was told the wait time would be too long, I felt uncomfortable going for help, I did not know where to go to get help or another reason" to the question: If you did not see or talk to someone about your mental or emotional health, please choose why not.

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_MHIU_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size