

**Students in grades 6 to 12 who reported that they did not see or talk to someone about their mental or emotional problem [among those in need who did not see someone] because: They thought the problem would go away on its own**

Unit : %

Academic Year Academic Year  
2023-2024 2021-2022

**Province**

New Brunswick	36.3	34.8
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**Health zones**

Zone 1 - Moncton and South-East Area	37.8	33.6
Zone 2 - Fundy Shore and Saint John Area	38.5	36.0
Zone 3 - Fredericton and River Valley Area	34.4	34.2
Zone 4 - Madawaska and North-West Area	29.3	34.6
Zone 5 - Restigouche Area	32.4	31.6
Zone 6 - Bathurst and Acadian Peninsula Area	32.7	35.1
Zone 7 - Miramichi Area	36.5	39.8

**Communities**

Bathurst, Beresford, Petit-Rocher Area	28.2	37.3
Bouctouche, Richibucto, Saint-Antoine Area	32.4	38.1
Campbellton, Atholville, Tide Head Area	33.7	30.7
Caraquet, Paquetville, Bertrand Area	S	S
Dalhousie, Balmoral, Belledune Area	31.0	S
Dieppe and Memramcook	35.7	41.5
Douglas, Saint Marys, Doaktown Area	S	S
Edmundston, Rivière-Verte, Lac Baker Area	29.8	35.2
Florenceville-Bristol, Woodstock, Wakefield Area	33.0	39.4

Academic Year 2023-2024 Academic Year 2021-2022

Fredericton	34.8	33.5
Grand Falls, Saint-Léonard, Drummond Area	27.7	30.6
Hillsborough, Riverside-Albert, Alma Area	S	S
Kedgwick, Saint-Quentin and Grimmer	S	S
Minto, Chipman, Cambridge-Narrows Area	34.7	S
Miramichi, Rogersville, Blackville Area	35.6	39.2
Moncton	38.5	32.5
Nackawic, McAdam, Canterbury Area	38.9	39.4
Neguac, Alnwick, Esgenoopetitj Area	S	S
New Maryland, Kingsclear, Lincoln Area	S	S
Oromocto, Gagetown, Fredericton Junction Area	35.7	32.0
Perth-Andover, Plaster Rock, Tobique Area	38.5	S
Quispamsis, Rothesay, Hampton Area	34.7	34.6
Riverview and Coverdale	42.0	34.7
Sackville, Dorchester, Port Elgin Area	42.2	41.4
Saint John, Simonds and Musquash	42.7	36.7
Salisbury and Petitcodiac	33.1	36.1
Shediac, Beaubassin East and Cap-Pelé	32.5	14.2
Shippagan, Lamèque, Inkerman Area	S	S
St. George, Grand Manan, Blacks Harbour Area	43.1	S
St. Stephen, Saint Andrews, Campobello Island Area	44.3	38.0
Sussex, Norton, Sussex Corner Area	21.3	33.5
Tracadie and Saint-Isidore	41.4	32.3

## School districts

Academic Year	Academic Year
2023-2024	2021-2022

Anglophone East School District	39.5	33.9
Anglophone North School District	35.1	42.3
Anglophone South School District	38.9	35.5
Anglophone West School District	34.6	33.9
Anglophone sector	37.3	35.4
District scolaire francophone Nord-Est	35.1	29.4
District scolaire francophone Nord-Ouest	27.9	33.6
District scolaire francophone Sud	29.9	33.3
Francophone sector	31.0	32.3

## Grades

Grades 6 to 8	34.6	31.7
Grades 9 to 12	37.6	36.9

## Gender

Female	40.3	40.4
Male	30.8	28.1
Non-binary	35.9	30.9

## Sex at birth

Female	40.4	39.6
Male	29.4	26.3

## 2SLGBTQIA+ status

2SLGBTQIA+	35.7	32.7
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## Indigenous identity

Indigenous	30.9	38.8
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Academic Year Academic Year  
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### Immigrant

Immigrants	<b>39.1</b>	<b>37.9</b>
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### Disability or special need

Disability or special need	<b>34.1</b>	n/a
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### Racialized groups

Racialized groups	<b>36.6</b>	n/a
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## About

This indicator is the percentage of students in grades 6 to 12 who reported that they did not see or talk to someone about their mental or emotional problem [among those in need who did not see someone] because: They thought the problem would go away on its own.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is based on respondents who are in need, but did not see someone. This indicator is calculated by dividing the number of respondents who answered "I thought the problem would go away on its own" by the number of respondents who answered at least one of the following "I took the necessary steps and I am waiting for my first appointment, I did not feel help was available, I thought the problem would go away on its own, I was told the wait time would be too long, I felt uncomfortable going for help, I did not know where to go to get help or another reason" to the question: If you did not see or talk to someone about your mental or emotional health, please choose why not.

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_MHIPG_1

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size