

Students in grades 6 to 12 who reported that they felt lonely most or all of the time in the last 12 months

Unit : %

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Province			
New Brunswick	20.1	23.4	28.3
Health zones			
Zone 1 - Moncton and South-East Area	18.8	22.3	28.0
Zone 2 - Fundy Shore and Saint John Area	20.2	25.3	30.1
Zone 3 - Fredericton and River Valley Area	21.9	24.5	29.3
Zone 4 - Madawaska and North-West Area	S	18.3	22.9
Zone 5 - Restigouche Area	22.7	25.2	29.0
Zone 6 - Bathurst and Acadian Peninsula Area	18.9	22.0	25.2
Zone 7 - Miramichi Area	22.5	23.6	27.9
Communities			
Bathurst, Beresford, Petit-Rocher Area	20.8	23.6	28.7
Bouctouche, Richibucto, Saint-Antoine Area	20.7	22.8	28.3
Campbellton, Atholville, Tide Head Area	21.9	25.1	27.7
Caraquet, Paquetville, Bertrand Area	18.2	19.9	19.9
Dalhousie, Balmoral, Belledune Area	24.0	25.4	30.9
Dieppe and Memramcook	14.1	16.7	23.1
Douglas, Saint Marys, Doaktown Area	25.4	24.0	24.1
Edmundston, Rivière-Verte, Lac Baker Area	S	17.8	22.2
Florenceville-Bristol, Woodstock, Wakefield Area	20.5	21.6	29.8
Fredericton	20.4	23.0	27.4
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	22.2

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Grand Falls, Saint-Léonard, Drummond Area	18.0	19.3	24.6
Hillsborough, Riverside-Albert, Alma Area	27.6	32.5	35.8
Kedgwick, Saint-Quentin and Grimmer	S	17.4	21.5
Minto, Chipman, Cambridge-Narrows Area	27.6	30.2	28.3
Miramichi, Rogersville, Blackville Area	22.4	23.3	27.4
Moncton	19.2	22.8	28.4
Nackawic, McAdam, Canterbury Area	25.7	22.8	33.9
Neguac, Alnwick, Esgenoopetitj Area	23.5	26.0	31.5
New Maryland, Kingsclear, Lincoln Area	15.8	20.1	24.6
Oromocto, Gagetown, Fredericton Junction Area	26.6	31.5	34.4
Perth-Andover, Plaster Rock, Tobique Area	23.6	27.7	33.3
Quispamsis, Rothesay, Hampton Area	18.2	23.3	28.3
Riverview and Coverdale	20.8	24.7	29.9
Sackville, Dorchester, Port Elgin Area	20.5	24.9	29.7
Saint John, Simonds and Musquash	21.2	26.3	32.2
Salisbury and Petitcodiac	20.8	23.2	31.8
Shediac, Beaubassin East and Cap-Pelé	15.8	20.4	25.9
Shippagan, Lamèque, Inkerman Area	18.2	21.3	24.8
St. George, Grand Manan, Blacks Harbour Area	21.4	24.5	27.1
St. Stephen, Saint Andrews, Campobello Island Area	23.6	26.5	28.6
Sussex, Norton, Sussex Corner Area	18.1	26.6	30.1
Tracadie and Saint-Isidore	16.5	20.7	22.3
School districts			
Anglophone East School District	21.3	24.8	29.9

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Anglophone North School District	25.1	27.3	31.9
Anglophone South School District	20.6	25.7	30.1
Anglophone West School District	22.6	24.9	29.6
Anglophone sector	21.9	25.4	30.1
District scolaire francophone Nord-Est	18.1	20.5	23.6
District scolaire francophone Nord-Ouest	S	17.3	22.2
District scolaire francophone Sud	14.1	17.5	24.6
Francophone sector	15.6	18.4	23.9
Grades			
Grades 6 to 8	16.0	18.8	22.9
Grades 9 to 12	23.1	26.7	32.3
Gender			
Female	24.6	28.0	33.3
Male	13.7	16.9	19.2
Non-binary	48.4	51.9	61.2
Sex at birth			
Female	26.1	29.8	36.6
Male	13.7	16.5	19.2
2SLGBTQIA+ status			
2SLGBTQIA+	42.9	47.3	51.5
Indigenous identity			
Indigenous	27.8	33.4	36.6
Immigrant			

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2021-2022
Immigrants	17.8	20.9	25.6
Disability or special need			
Disability or special need	32.4	36.2	n/a
Racialized groups			
Racialized groups	19.1	22.3	n/a
Socioeconomic status			
High socioeconomic status	14.6	n/a	n/a
Low socioeconomic status	28.2	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported that they felt lonely most or all of the time in the last 12 months.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "most of the time or all of the time" by the number of respondents who answered "never, rarely, sometimes, most of the time or all of the time" to the question: During the last 12 months, how often have you felt lonely?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_SIL01_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size