

## Students in grades 6 to 12 who reported skipping breakfast because they do not have time for it

Unit : %

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
<b>Province</b>				
New Brunswick	26.6	24.8	24.2	24.9
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	25.8	24.5	22.9	22.6
Zone 2 - Fundy Shore and Saint John Area	27.9	27.1	26.3	27.8
Zone 3 - Fredericton and River Valley Area	29.2	26.4	26.7	28.2
Zone 4 - Madawaska and North-West Area	23.0	20.7	17.6	18.5
Zone 5 - Restigouche Area	22.5	20.8	22.2	20.0
Zone 6 - Bathurst and Acadian Peninsula Area	22.5	20.2	19.2	19.0
Zone 7 - Miramichi Area	26.6	22.4	26.4	28.2
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	22.4	20.4	21.7	18.3
Bouctouche, Richibucto, Saint-Antoine Area	24.7	24.0	23.5	25.0
Campbellton, Atholville, Tide Head Area	21.6	17.9	22.7	19.3
Caraquet, Paquetville, Bertrand Area	25.2	18.4	14.7	18.1
Dalhousie, Balmoral, Belledune Area	23.9	25.1	21.4	20.6
Dieppe and Memramcook	23.9	21.1	18.4	16.3
Douglas, Saint Marys, Doaktown Area	23.4	33.0	29.2	29.3
Edmundston, Rivière-Verte, Lac Baker Area	24.7	21.1	19.1	17.3
Florenceville-Bristol, Woodstock, Wakefield Area	29.5	25.5	28.7	28.1
Fredericton	29.4	26.2	25.8	24.0
Grand Falls, Saint-Léonard, Drummond Area	23.0	20.5	15.0	20.0

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Hillsborough, Riverside-Albert, Alma Area	27.8	27.9	20.2	21.9
Kedgwick, Saint-Quentin and Grimmer	15.8	19.0	14.1	19.7
Minto, Chipman, Cambridge-Narrows Area	33.2	26.1	26.7	33.7
Miramichi, Rogersville, Blackville Area	27.1	23.4	27.3	28.0
Moncton	25.9	25.0	23.4	23.7
Nackawic, McAdam, Canterbury Area	27.3	27.1	27.8	32.7
Neguac, Alnwick, Esgenoopetitj Area	21.9	14.0	19.0	29.9
New Maryland, Kingsclear, Lincoln Area	27.5	28.1	30.1	35.8
Oromocto, Gagetown, Fredericton Junction Area	29.2	26.6	25.6	31.8
Perth-Andover, Plaster Rock, Tobique Area	28.5	24.9	28.1	30.2
Quispamsis, Rothesay, Hampton Area	27.2	27.0	25.3	26.8
Riverview and Coverdale	27.1	25.0	24.2	24.6
Sackville, Dorchester, Port Elgin Area	28.7	28.3	24.1	19.8
Saint John, Simonds and Musquash	28.3	27.9	26.6	29.9
Salisbury and Petitcodiac	27.2	25.9	23.1	26.4
Shediac, Beaubassin East and Cap-Pelé	24.7	23.1	25.3	19.3
Shippagan, Lamèque, Inkerman Area	21.8	21.0	17.5	20.1
St. George, Grand Manan, Blacks Harbour Area	33.8	32.4	32.6	27.7
St. Stephen, Saint Andrews, Campobello Island Area	28.9	26.3	28.7	23.0
Sussex, Norton, Sussex Corner Area	24.5	23.6	24.4	26.9
Tracadie and Saint-Isidore	21.3	20.5	17.9	19.7
<b>School districts</b>				
Anglophone East School District	27.0	26.1	24.7	24.7
Anglophone North School District	26.9	24.7	28.0	28.4

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Anglophone South School District	28.0	27.1	26.7	28.0
Anglophone West School District	29.2	26.5	26.9	28.4
Anglophone sector	28.0	26.4	26.5	27.5
District scolaire francophone Nord-Est	21.9	18.8	17.7	18.1
District scolaire francophone Nord-Ouest	22.3	20.0	17.4	17.9
District scolaire francophone Sud	24.0	22.2	19.5	18.4
Francophone sector	23.1	20.7	18.5	18.2
<b>Grades</b>				
Grades 6 to 8	21.1	19.2	17.3	17.5
Grades 9 to 12	30.6	28.9	29.1	29.8
<b>Gender</b>				
Female	28.9	25.5	n/a	n/a
Male	24.2	23.6	n/a	n/a
Non-binary	32.0	28.5	n/a	n/a
<b>Sex at birth</b>				
Female	29.0	25.7	28.5	n/a
Male	24.2	23.8	19.9	n/a
<b>2SLGBTQIA+ status</b>				
2SLGBTQIA+	31.4	27.4	n/a	n/a
<b>Indigenous identity</b>				
Indigenous	29.6	26.8	25.2	33.1
<b>Immigrant</b>				
Immigrants	26.0	26.1	24.2	n/a

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
<b>Disability or special need</b>				
Disability or special need	27.4	n/a	n/a	n/a
<b>Racialized groups</b>				
Racialized groups	27.6	n/a	n/a	n/a

## About

This indicator is the percentage of students in grades 6 to 12 who reported skipping breakfast because they do not have time for it.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who selected "I don't have time for breakfast" by the "total number of respondents" to the question: If you do not eat breakfast, why do you skip breakfast: I eat breakfast every day, I don't have time for breakfast, the bus comes too early, I sleep in, I'm not hungry in the morning, I feel sick when I eat breakfast, I'm trying to lose weight, there is nothing to eat at home or other

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

**Unit**  
%

**Interpretation**  
Lower is better

**NBHC code**  
SH\_SKBDT\_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size