

# Students in grades 6 to 12 who report skipping breakfast because they do not have time for it

Unit: %

|                                                  | Academic Year<br>2023-2024 | Academic Year<br>2021-2022 |      | Academic Year<br>2015-2016 |
|--------------------------------------------------|----------------------------|----------------------------|------|----------------------------|
| Province                                         |                            |                            |      |                            |
| New Brunswick                                    | 26.6                       | 24.8                       | 24.2 | 24.9                       |
| Health zones                                     |                            |                            |      |                            |
| Zone 1 - Moncton and South-East Area             | 25.8                       | 24.5                       | 22.9 | 22.6                       |
| Zone 2 - Fundy Shore and Saint John Area         | 27.9                       | 27.1                       | 26.3 | 27.8                       |
| Zone 3 - Fredericton and River Valley Area       | 29.2                       | 26.4                       | 26.7 | 28.2                       |
| Zone 4 - Madawaska and North-West Area           | 23.0                       | 20.7                       | 17.6 | 18.5                       |
| Zone 5 - Restigouche Area                        | 22.5                       | 20.8                       | 22.2 | 20.0                       |
| Zone 6 - Bathurst and Acadian Peninsula Area     | 22.5                       | 20.2                       | 19.2 | 19.0                       |
| Zone 7 - Miramichi Area                          | 26.6                       | 22.4                       | 26.4 | 28.2                       |
| Communities                                      |                            |                            |      |                            |
| Bathurst, Beresford, Petit-Rocher Area           | 22.4                       | 20.4                       | 21.7 | 18.3                       |
| Bouctouche, Richibucto, Saint-Antoine Area       | 24.7                       | 24.0                       | 23.5 | 25.0                       |
| Campbellton, Atholville, Tide Head Area          | 21.6                       | 17.9                       | 22.7 | 19.3                       |
| Caraquet, Paquetville, Bertrand Area             | 25.2                       | 18.4                       | 14.7 | 18.1                       |
| Dalhousie, Balmoral, Belledune Area              | 23.9                       | 25.1                       | 21.4 | 20.6                       |
| Dieppe and Memramcook                            | 23.9                       | 21.1                       | 18.4 | 16.3                       |
| Douglas, Saint Marys, Doaktown Area              | 23.4                       | 33.0                       | 29.2 | 29.3                       |
| Edmundston, Rivière-Verte, Lac Baker Area        | 24.7                       | 21.1                       | 19.1 | 17.3                       |
| Florenceville-Bristol, Woodstock, Wakefield Area | 29.5                       | 25.5                       | 28.7 | 28.1                       |
| Fredericton                                      | 29.4                       | 26.2                       | 25.8 | 24.0                       |
| Grand Bay-Westfield, Westfield, Greenwich Area   | n/a                        | 16.0                       | 19.8 | 18.9                       |
|                                                  |                            |                            |      |                            |



|                                                    | Academic Year<br>2023-2024 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 | Academic Year<br>2015-2016 |
|----------------------------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Grand Falls, Saint-Léonard, Drummond Area          | 23.0                       | 20.5                       | 15.0                       | 20.0                       |
| Hillsborough, Riverside-Albert, Alma Area          | 27.8                       | 27.9                       | 20.2                       | 21.9                       |
| Kedgwick, Saint-Quentin and Grimmer                | 15.8                       | 19.0                       | 14.1                       | 19.7                       |
| Minto, Chipman, Cambridge-Narrows Area             | 33.2                       | 26.1                       | 26.7                       | 33.7                       |
| Miramichi, Rogersville, Blackville Area            | 27.1                       | 23.4                       | 27.3                       | 28.0                       |
| Moncton                                            | 25.9                       | 25.0                       | 23.4                       | 23.7                       |
| Nackawic, McAdam, Canterbury Area                  | 27.3                       | 27.1                       | 27.8                       | 32.7                       |
| Neguac, Alnwick, Esgenoopetitj Area                | 21.9                       | 14.0                       | 19.0                       | 29.9                       |
| New Maryland, Kingsclear, Lincoln Area             | 27.5                       | 28.1                       | 30.1                       | 35.8                       |
| Oromocto, Gagetown, Fredericton Junction Area      | 29.2                       | 26.6                       | 25.6                       | 31.8                       |
| Perth-Andover, Plaster Rock, Tobique Area          | 28.5                       | 24.9                       | 28.1                       | 30.2                       |
| Quispamsis, Rothesay, Hampton Area                 | 27.2                       | 27.0                       | 25.3                       | 26.8                       |
| Riverview and Coverdale                            | 27.1                       | 25.0                       | 24.2                       | 24.6                       |
| Sackville, Dorchester, Port Elgin Area             | 28.7                       | 28.3                       | 24.1                       | 19.8                       |
| Saint John, Simonds and Musquash                   | 28.3                       | 27.9                       | 26.6                       | 29.9                       |
| Salisbury and Petitcodiac                          | 27.2                       | 25.9                       | 23.1                       | 26.4                       |
| Shediac, Beaubassin East and Cap-Pelé              | 24.7                       | 23.1                       | 25.3                       | 19.3                       |
| Shippagan, Lamèque, Inkerman Area                  | 21.8                       | 21.0                       | 17.5                       | 20.1                       |
| St. George, Grand Manan, Blacks Harbour Area       | 33.8                       | 32.4                       | 32.6                       | 27.7                       |
| St. Stephen, Saint Andrews, Campobello Island Area | 28.9                       | 26.3                       | 28.7                       | 23.0                       |
| Sussex, Norton, Sussex Corner Area                 | 24.5                       | 23.6                       | 24.4                       | 26.9                       |
| Tracadie and Saint-Isidore                         | 21.3                       | 20.5                       | 17.9                       | 19.7                       |
| School districts                                   |                            |                            |                            |                            |
| Anglophone East School District                    | 27.0                       | 26.1                       | 24.7                       | 24.7                       |
|                                                    |                            |                            |                            |                            |



|                                          | Academic Year<br>2023-2024 | Academic Year<br>2021-2022 | Academic Year<br>2018-2019 | Academic Year<br>2015-2016 |
|------------------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Anglophone North School District         | 26.9                       | 24.7                       | 28.0                       | 28.4                       |
| Anglophone South School District         | 28.0                       | 27.1                       | 26.7                       | 28.0                       |
| Anglophone West School District          | 29.2                       | 26.5                       | 26.9                       | 28.4                       |
| Anglophone sector                        | 28.0                       | 26.4                       | 26.5                       | 27.5                       |
| District scolaire francophone Nord-Est   | 21.9                       | 18.8                       | 17.7                       | 18.1                       |
| District scolaire francophone Nord-Ouest | 22.3                       | 20.0                       | 17.4                       | 17.9                       |
| District scolaire francophone Sud        | 24.0                       | 22.2                       | 19.5                       | 18.4                       |
| Francophone sector                       | 23.1                       | 20.7                       | 18.5                       | 18.2                       |
| Grades                                   |                            |                            |                            |                            |
| Grades 6 to 8                            | 21.1                       | 19.2                       | 17.3                       | 17.5                       |
| Grades 9 to 12                           | 30.6                       | 28.9                       | 29.1                       | 29.8                       |
| Gender                                   |                            |                            |                            |                            |
| Female                                   | 28.9                       | 25.5                       | n/a                        | n/a                        |
| Male                                     | 24.2                       | 23.6                       | n/a                        | n/a                        |
| Non-binary                               | 32.0                       | 28.5                       | n/a                        | n/a                        |
| Sex at birth                             |                            |                            |                            |                            |
| Female                                   | 29.0                       | 25.7                       | 28.5                       | n/a                        |
| Male                                     | 24.2                       | 23.8                       | 19.9                       | n/a                        |
| 2SLGBTQIA+ status                        |                            |                            |                            |                            |
| 2SLGBTQIA+                               | 31.4                       | 27.4                       | n/a                        | n/a                        |
| Indigenous identity                      |                            |                            |                            |                            |
| Indigenous                               | 29.6                       | 26.8                       | 25.2                       | 33.1                       |
|                                          |                            |                            |                            |                            |

# **Immigrant**



|                            | Academic Year<br>2023-2024 | Academic Year<br>2021-2022 |      |     |
|----------------------------|----------------------------|----------------------------|------|-----|
| Immigrants                 | 26.0                       | 26.1                       | 24.2 | n/a |
| Disability or special need |                            |                            |      |     |
| Disability or special need | 27.4                       | n/a                        | n/a  | n/a |
| Racialized groups          |                            |                            |      |     |
| Racialized groups          | 27.6                       | n/a                        | n/a  | n/a |



#### **About**

This indicator is the percentage of students in grades 6 to 12 who report skipping breakfast because they do not have time for it.

#### Source

Student Wellness and Education Survey - Grades 6-12

### **Calculations**

This indicator is calculated by dividing the number of respondents who selected "I don't have time for breakfast" by the "total number of respondents" to the question: If you do not eat breakfast, why do you skip breakfast: I eat breakfast every day, I don't have time for breakfast, the bus comes too early, I sleep in, I'm not hungry in the morning, I feel sick when I eat breakfast, I'm trying to lose weight, there is nothing to eat at home or other

#### **Notes**

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

| Unit | Interpretation  | NBHC code  |
|------|-----------------|------------|
| %    | Lower is better | SH_SKBDT_1 |

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size