

## Students in grades 6 to 12 who reported skipping breakfast because they feel sick when they eat it

Unit : %

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
<b>Province</b>				
New Brunswick	16.3	17.2	12.8	11.8
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	14.4	14.9	11.2	9.8
Zone 2 - Fundy Shore and Saint John Area	18.0	19.6	14.5	12.9
Zone 3 - Fredericton and River Valley Area	17.7	18.4	14.1	12.9
Zone 4 - Madawaska and North-West Area	14.6	14.5	10.6	9.9
Zone 5 - Restigouche Area	16.0	17.3	10.4	12.1
Zone 6 - Bathurst and Acadian Peninsula Area	14.7	15.2	11.8	11.0
Zone 7 - Miramichi Area	17.4	20.0	12.7	14.3
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	16.7	17.2	13.4	12.0
Bouctouche, Richibucto, Saint-Antoine Area	15.7	15.2	12.1	10.5
Campbellton, Atholville, Tide Head Area	14.7	16.4	10.3	10.2
Caraquet, Paquetville, Bertrand Area	13.6	14.0	10.3	8.5
Dalhousie, Balmoral, Belledune Area	17.9	18.6	10.5	13.9
Dieppe and Memramcook	10.9	9.2	8.7	5.8
Douglas, Saint Marys, Doaktown Area	21.2	16.3	12.8	12.7
Edmundston, Rivière-Verte, Lac Baker Area	13.6	13.3	11.2	8.9
Florenceville-Bristol, Woodstock, Wakefield Area	16.5	20.6	12.8	13.7
Fredericton	16.3	16.5	13.4	10.9
Grand Falls, Saint-Léonard, Drummond Area	16.4	16.8	11.0	11.8

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Hillsborough, Riverside-Albert, Alma Area	19.2	20.0	12.7	11.0
Kedgwick, Saint-Quentin and Grimmer	13.5	14.1	7.5	9.0
Minto, Chipman, Cambridge-Narrows Area	21.9	20.3	15.0	13.1
Miramichi, Rogersville, Blackville Area	17.5	19.4	12.7	15.3
Moncton	13.8	15.5	10.9	10.2
Nackawic, McAdam, Canterbury Area	19.4	21.9	16.7	13.8
Neguac, Alnwick, Esgenooetitj Area	17.0	25.0	12.8	5.3
New Maryland, Kingsclear, Lincoln Area	13.3	19.6	12.1	11.2
Oromocto, Gagetown, Fredericton Junction Area	21.5	21.8	17.0	16.6
Perth-Andover, Plaster Rock, Tobique Area	21.8	19.1	15.2	11.0
Quispamsis, Rothesay, Hampton Area	16.8	19.5	13.2	11.7
Riverview and Coverdale	15.7	17.3	12.8	12.4
Sackville, Dorchester, Port Elgin Area	16.0	16.8	12.8	8.4
Saint John, Simonds and Musquash	18.9	21.1	14.7	13.5
Salisbury and Petitcodiac	19.5	18.6	13.9	13.3
Shediac, Beaubassin East and Cap-Pelé	15.3	12.2	9.4	7.3
Shippagan, Lamèque, Inkerman Area	12.2	11.2	9.7	12.9
St. George, Grand Manan, Blacks Harbour Area	14.9	16.3	18.1	13.1
St. Stephen, Saint Andrews, Campobello Island Area	18.4	16.6	15.8	13.7
Sussex, Norton, Sussex Corner Area	19.0	18.7	15.2	13.5
Tracadie and Saint-Isidore	13.4	14.7	10.8	10.5
<b>School districts</b>				
Anglophone East School District	15.8	16.6	12.0	11.6
Anglophone North School District	20.4	20.8	14.1	15.5

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Anglophone South School District	18.3	19.7	14.9	13.1
Anglophone West School District	18.3	18.9	14.5	13.2
Anglophone sector	17.9	18.8	14.0	13.1
District scolaire francophone Nord-Est	12.7	14.5	10.6	9.8
District scolaire francophone Nord-Ouest	13.9	13.9	10.1	8.7
District scolaire francophone Sud	11.3	12.1	8.9	7.0
Francophone sector	12.2	13.2	9.7	8.3
<b>Grades</b>				
Grades 6 to 8	10.6	11.7	8.8	7.7
Grades 9 to 12	20.4	21.3	15.6	14.6
<b>Gender</b>				
Female	23.4	24.1	n/a	n/a
Male	8.5	8.7	n/a	n/a
Non-binary	29.0	33.5	n/a	n/a
<b>Sex at birth</b>				
Female	24.1	25.3	18.9	n/a
Male	8.0	8.5	6.7	n/a
<b>2SLGBTQIA+ status</b>				
2SLGBTQIA+	29.0	27.5	n/a	n/a
<b>Indigenous identity</b>				
Indigenous	21.0	20.9	14.3	16.2
<b>Immigrant</b>				
Immigrants	10.9	11.2	9.1	n/a

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
<b>Disability or special need</b>				
Disability or special need	19.4	n/a	n/a	n/a
<b>Racialized groups</b>				
Racialized groups	12.3	n/a	n/a	n/a

## About

This indicator is the percentage of students in grades 6 to 12 who reported skipping breakfast because they feel sick when they eat it.

## Source

Student Wellness and Education Survey - Grades 6-12

## Calculations

This indicator is calculated by dividing the number of respondents who selected "I feel sick when I eat breakfast" by the "total number of respondents" to the question: If you do not eat breakfast, why do you skip breakfast: I eat breakfast every day, I don't have time for breakfast, the bus comes too early, I sleep in, I'm not hungry in the morning, I feel sick when I eat breakfast, I'm trying to lose weight, there is nothing to eat at home or other

## Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

**Unit**  
%

**Interpretation**  
Lower is better

**NBHC code**  
SH\_SKBFS\_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size