Students in grades 6 to 12 who reported skipping breakfast because they are not hungry in the morning

Unit:%

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Province				
New Brunswick	36.0	34.8	26.7	24.2
Health zones				
Zone 1 - Moncton and South-East Area	34.2	33.2	25.1	22.4
Zone 2 - Fundy Shore and Saint John Area	35.5	34.0	26.5	24.4
Zone 3 - Fredericton and River Valley Area	35.5	33.9	27.1	23.6
Zone 4 - Madawaska and North-West Area	38.4	40.1	26.0	24.3
Zone 5 - Restigouche Area	41.8	39.4	32.2	26.7
Zone 6 - Bathurst and Acadian Peninsula Area	39.4	38.4	29.6	27.5
Zone 7 - Miramichi Area	39.3	37.4	28.0	26.5
Communities				
Bathurst, Beresford, Petit-Rocher Area	35.2	36.1	29.4	22.8
Bouctouche, Richibucto, Saint-Antoine Area	40.0	37.7	27.9	24.2
Campbellton, Atholville, Tide Head Area	42.4	39.7	30.5	23.8
Caraquet, Paquetville, Bertrand Area	43.8	45.9	26.3	29.5
Dalhousie, Balmoral, Belledune Area	40.9	39.0	34.7	29.4
Dieppe and Memramcook	33.9	30.8	23.8	20.2
Douglas, Saint Marys, Doaktown Area	37.4	37.2	27.9	25.3
Edmundston, Rivière-Verte, Lac Baker Area	39.2	40.2	27.1	23.8
Florenceville-Bristol, Woodstock, Wakefield Area	33.8	35.2	27.3	24.2
Fredericton	33.2	31.6	25.2	18.9
Grand Falls, Saint-Léonard, Drummond Area	37.8	39.8	20.9	24.3



	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Hillsborough, Riverside-Albert, Alma Area	35.8	39.4	23.1	27.2
Kedgwick, Saint-Quentin and Grimmer	36.8	40.3	26.5	26.4
Minto, Chipman, Cambridge-Narrows Area	42.1	40.9	31.0	29.9
Miramichi, Rogersville, Blackville Area	39.3	37.9	27.9	26.1
Moncton	32.6	32.2	25.0	22.4
Nackawic, McAdam, Canterbury Area	40.9	38.4	30.2	27.9
Neguac, Alnwick, Esgenoopetitj Area	39.0	33.5	29.4	30.3
New Maryland, Kingsclear, Lincoln Area	36.3	33.7	32.0	22.2
Oromocto, Gagetown, Fredericton Junction Area	39.4	34.8	28.5	28.6
Perth-Andover, Plaster Rock, Tobique Area	43.0	39.3	31.1	24.3
Quispamsis, Rothesay, Hampton Area	34.4	33.6	24.8	21.8
Riverview and Coverdale	32.4	34.1	23.1	21.5
Sackville, Dorchester, Port Elgin Area	36.9	36.7	25.7	18.9
Saint John, Simonds and Musquash	36.2	33.4	27.0	25.4
Salisbury and Petitcodiac	37.1	34.7	26.7	27.2
Shediac, Beaubassin East and Cap-Pelé	36.2	31.3	26.0	22.1
Shippagan, Lamèque, Inkerman Area	39.2	37.9	32.4	32.5
St. George, Grand Manan, Blacks Harbour Area	35.8	38.8	28.8	25.7
St. Stephen, Saint Andrews, Campobello Island Area	a 37.0	37.5	26.5	24.7
Sussex, Norton, Sussex Corner Area	35.2	33.9	27.9	25.7
Tracadie and Saint-Isidore	44.6	37.6	30.4	28.2
School districts				
Anglophone East School District	32.8	33.3	24.4	22.7
Anglophone North School District	40.2	37.1	28.8	26.3

Data downloaded from the NBHC website on July 12, 2025 More information available at: https://nbhc.ca/indicators/sh_skbhm_1



	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Anglophone South School District	35.4	33.9	26.7	24.4
Anglophone West School District	35.8	34.0	27.3	23.9
Anglophone sector	35.4	34.2	26.6	24.1
District scolaire francophone Nord-Est	39.9	39.2	30.2	27.8
District scolaire francophone Nord-Ouest	37.8	40.3	26.4	24.1
District scolaire francophone Sud	35.7	33.2	25.3	21.4
Francophone sector	37.3	36.4	27.1	24.3
Grades				
Grades 6 to 8	33.1	32.8	24.9	21.9
Grades 9 to 12	38.0	36.3	28.1	25.7
Gender				
Female	40.4	38.2	n/a	n/a
Male	31.6	31.0	n/a	n/a
Non-binary	38.3	39.8	n/a	n/a
Sex at birth				
Female	40.5	38.6	31.9	n/a
Male	31.2	30.9	21.7	n/a
2SLGBTQIA+ status				
2SLGBTQIA+	40.7	38.6	n/a	n/a
Indigenous identity				
Indigenous	39.0	36.9	28.0	28.6
Immigrant				
Immigrants	30.8	28.8	21.9	n/a

Data downloaded from the NBHC website on July 12, 2025 More information available at: https://nbhc.ca/indicators/sh_skbhm_1



	Academic Year 2023-2024	Academic Year 2021-2022		Academic Year 2015-2016
Disability or special need				
Disability or special need	33.4	n/a	n/a	n/a
Racialized groups				
Racialized groups	31.0	n/a	n/a	n/a



About

This indicator is the percentage of students in grades 6 to 12 who reported skipping breakfast because they are not hungry in the morning.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who selected "I'm not hungry in the morning" by the "total number of respondents" to the question: If you do not eat breakfast, why do you skip breakfast: I eat breakfast every day, I don't have time for breakfast, the bus comes too early, I sleep in, I'm not hungry in the morning, I feel sick when I eat breakfast, I'm trying to lose weight, there is nothing to eat at home or other

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit NBHC of

%

NBHC code SH_SKBHM_1

Caption

n/a = Not applicable / not available S = Data suppressed due to confidentiality requirements and/or small sample size