

# Students in grades 6 to 12 who report skipping breakfast because they are not hungry in the morning

Unit: %

Province           New Brunswick         36.0         34.8         26.7         24.2           Health zones           Zone 1 - Moncton and South-East Area         34.2         33.2         25.1         22.4           Zone 2 - Fundy Shore and Saint John Area         35.5         34.0         26.5         24.4           Zone 3 - Fredericton and River Valley Area         35.5         33.9         27.1         23.6           Zone 4 - Madawaska and North-West Area         38.4         40.1         26.0         24.3           Zone 5 - Restigouche Area         41.8         39.4         32.2         26.7           Zone 6 - Bathurst and Acadian Peninsula Area         39.4         38.4         29.6         27.5           Zone 7 - Miramichi Area         39.3         37.4         28.0         26.5           Communities           Bathurst, Beresford, Petit-Rocher Area         35.2         36.1         29.4         22.8           Bouctouche, Richibucto, Saint-Antoine Area         40.0         37.7         27.9         24.2           Campbellton, Atholville, Tide Head Area         42.4         39.7         30.5         23.8           Caraquet, Paquetville, Bertrand Area         40.9         39.0	Sinc. 70	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	
Health zones         Zone 1 - Moncton and South-East Area       34.2       33.2       25.1       22.4         Zone 2 - Fundy Shore and Saint John Area       35.5       34.0       26.5       24.4         Zone 3 - Fredericton and River Valley Area       35.5       33.9       27.1       23.6         Zone 4 - Madawaska and North-West Area       38.4       40.1       26.0       24.3         Zone 5 - Restigouche Area       41.8       39.4       32.2       26.7         Zone 6 - Bathurst and Acadian Peninsula Area       39.4       38.4       29.6       27.5         Zone 7 - Miramichi Area       39.3       37.4       28.0       26.5         Communities         Bathurst, Beresford, Petit-Rocher Area       35.2       36.1       29.4       22.8         Bouctouche, Richibucto, Saint-Antoine Area       40.0       37.7       27.9       24.2         Campbellton, Atholviile, Tide Head Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.	Province				
Zone 1 - Moncton and South-East Area       34.2       33.2       25.1       22.4         Zone 2 - Fundy Shore and Saint John Area       35.5       34.0       26.5       24.4         Zone 3 - Fredericton and River Valley Area       35.5       33.9       27.1       23.6         Zone 4 - Madawaska and North-West Area       38.4       40.1       26.0       24.3         Zone 5 - Restigouche Area       41.8       39.4       32.2       26.7         Zone 6 - Bathurst and Acadian Peninsula Area       39.3       37.4       28.0       26.5         Come 7 - Miramichi Area       39.3       37.4       28.0       26.5         Communities         Bathurst, Beresford, Petit-Rocher Area       35.2       36.1       29.4       22.8         Bouctouche, Richibucto, Saint-Antoine Area       40.0       37.7       27.9       24.2         Caraquet, Paquetville, Bertrand Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Mar	New Brunswick	36.0	34.8	26.7	24.2
Zone 2 - Fundy Shore and Saint John Area       35.5       34.0       26.5       24.4         Zone 3 - Fredericton and River Valley Area       35.5       33.9       27.1       23.6         Zone 4 - Madawaska and North-West Area       38.4       40.1       26.0       24.3         Zone 5 - Restigouche Area       41.8       39.4       32.2       26.7         Zone 6 - Bathurst and Acadian Peninsula Area       39.4       38.4       29.6       27.5         Zone 7 - Miramichi Area       39.3       37.4       28.0       26.5         Communities         Bathurst, Beresford, Petit-Rocher Area       35.2       36.1       29.4       22.8         Bouctouche, Richibucto, Saint-Antoine Area       40.0       37.7       27.9       24.2         Campbellton, Atholville, Tide Head Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Marys, Doaktown Area       37.4       37.2       27.9       25.3         Edmu	Health zones				
Zone 3 - Fredericton and River Valley Area       35.5       33.9       27.1       23.6         Zone 4 - Madawaska and North-West Area       38.4       40.1       26.0       24.3         Zone 5 - Restigouche Area       41.8       39.4       32.2       26.7         Zone 6 - Bathurst and Acadian Peninsula Area       39.4       38.4       29.6       27.5         Zone 7 - Miramichi Area       39.3       37.4       28.0       26.5         Communities         Bathurst, Beresford, Petit-Rocher Area       35.2       36.1       29.4       22.8         Bouctouche, Richibucto, Saint-Antoine Area       40.0       37.7       27.9       24.2         Campbellton, Atholville, Tide Head Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Marys, Doaktown Area       37.4       37.2       27.9       25.3         Edmundston, Rivière-Verte, Lac Baker Area       39.2       40.2       27.1       23.8	Zone 1 - Moncton and South-East Area	34.2	33.2	25.1	22.4
Zone 4 - Madawaska and North-West Area       38.4       40.1       26.0       24.3         Zone 5 - Restigouche Area       41.8       39.4       32.2       26.7         Zone 6 - Bathurst and Acadian Peninsula Area       39.4       38.4       29.6       27.5         Zone 7 - Miramichi Area       39.3       37.4       28.0       26.5         Communities         Bathurst, Beresford, Petit-Rocher Area       35.2       36.1       29.4       22.8         Bouctouche, Richibucto, Saint-Antoine Area       40.0       37.7       27.9       24.2         Campbellton, Atholville, Tide Head Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Marys, Doaktown Area       37.4       37.2       27.9       25.3         Edmundston, Rivière-Verte, Lac Baker Area       39.2       40.2       27.1       23.8	Zone 2 - Fundy Shore and Saint John Area	35.5	34.0	26.5	24.4
Zone 5 - Restigouche Area       41.8       39.4       32.2       26.7         Zone 6 - Bathurst and Acadian Peninsula Area       39.4       38.4       29.6       27.5         Zone 7 - Miramichi Area       39.3       37.4       28.0       26.5         Communities         Bathurst, Beresford, Petit-Rocher Area       35.2       36.1       29.4       22.8         Bouctouche, Richibucto, Saint-Antoine Area       40.0       37.7       27.9       24.2         Campbellton, Atholville, Tide Head Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Marys, Doaktown Area       37.4       37.2       27.9       25.3         Edmundston, Rivière-Verte, Lac Baker Area       39.2       40.2       27.1       23.8	Zone 3 - Fredericton and River Valley Area	35.5	33.9	27.1	23.6
Zone 6 - Bathurst and Acadian Peninsula Area       39.4       38.4       29.6       27.5         Zone 7 - Miramichi Area       39.3       37.4       28.0       26.5         Communities         Bathurst, Beresford, Petit-Rocher Area       35.2       36.1       29.4       22.8         Bouctouche, Richibucto, Saint-Antoine Area       40.0       37.7       27.9       24.2         Campbellton, Atholville, Tide Head Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Marys, Doaktown Area       37.4       37.2       27.9       25.3         Edmundston, Rivière-Verte, Lac Baker Area       39.2       40.2       27.1       23.8	Zone 4 - Madawaska and North-West Area	38.4	40.1	26.0	24.3
Zone 7 - Miramichi Area       39.3       37.4       28.0       26.5         Communities         Bathurst, Beresford, Petit-Rocher Area       35.2       36.1       29.4       22.8         Bouctouche, Richibucto, Saint-Antoine Area       40.0       37.7       27.9       24.2         Campbellton, Atholville, Tide Head Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Marys, Doaktown Area       37.4       37.2       27.9       25.3         Edmundston, Rivière-Verte, Lac Baker Area       39.2       40.2       27.1       23.8	Zone 5 - Restigouche Area	41.8	39.4	32.2	26.7
Communities         Bathurst, Beresford, Petit-Rocher Area       35.2       36.1       29.4       22.8         Bouctouche, Richibucto, Saint-Antoine Area       40.0       37.7       27.9       24.2         Campbellton, Atholville, Tide Head Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Marys, Doaktown Area       37.4       37.2       27.9       25.3         Edmundston, Rivière-Verte, Lac Baker Area       39.2       40.2       27.1       23.8	Zone 6 - Bathurst and Acadian Peninsula Area	39.4	38.4	29.6	27.5
Bathurst, Beresford, Petit-Rocher Area       35.2       36.1       29.4       22.8         Bouctouche, Richibucto, Saint-Antoine Area       40.0       37.7       27.9       24.2         Campbellton, Atholville, Tide Head Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Marys, Doaktown Area       37.4       37.2       27.9       25.3         Edmundston, Rivière-Verte, Lac Baker Area       39.2       40.2       27.1       23.8	Zone 7 - Miramichi Area	39.3	37.4	28.0	26.5
Bouctouche, Richibucto, Saint-Antoine Area       40.0       37.7       27.9       24.2         Campbellton, Atholville, Tide Head Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Marys, Doaktown Area       37.4       37.2       27.9       25.3         Edmundston, Rivière-Verte, Lac Baker Area       39.2       40.2       27.1       23.8	Communities				
Campbellton, Atholville, Tide Head Area       42.4       39.7       30.5       23.8         Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Marys, Doaktown Area       37.4       37.2       27.9       25.3         Edmundston, Rivière-Verte, Lac Baker Area       39.2       40.2       27.1       23.8	Bathurst, Beresford, Petit-Rocher Area	35.2	36.1	29.4	22.8
Caraquet, Paquetville, Bertrand Area       43.8       45.9       26.3       29.5         Dalhousie, Balmoral, Belledune Area       40.9       39.0       34.7       29.4         Dieppe and Memramcook       33.9       30.8       23.8       20.2         Douglas, Saint Marys, Doaktown Area       37.4       37.2       27.9       25.3         Edmundston, Rivière-Verte, Lac Baker Area       39.2       40.2       27.1       23.8	Bouctouche, Richibucto, Saint-Antoine Area	40.0	37.7	27.9	24.2
Dalhousie, Balmoral, Belledune Area 40.9 39.0 34.7 29.4  Dieppe and Memramcook 33.9 30.8 23.8 20.2  Douglas, Saint Marys, Doaktown Area 37.4 37.2 27.9 25.3  Edmundston, Rivière-Verte, Lac Baker Area 39.2 40.2 27.1 23.8	Campbellton, Atholville, Tide Head Area	42.4	39.7	30.5	23.8
Dieppe and Memramcook 33.9 30.8 23.8 20.2  Douglas, Saint Marys, Doaktown Area 37.4 37.2 27.9 25.3  Edmundston, Rivière-Verte, Lac Baker Area 39.2 40.2 27.1 23.8	Caraquet, Paquetville, Bertrand Area	43.8	45.9	26.3	29.5
Douglas, Saint Marys, Doaktown Area 37.4 37.2 27.9 25.3 Edmundston, Rivière-Verte, Lac Baker Area 39.2 40.2 27.1 23.8	Dalhousie, Balmoral, Belledune Area	40.9	39.0	34.7	29.4
Edmundston, Rivière-Verte, Lac Baker Area 39.2 40.2 27.1 23.8	Dieppe and Memramcook	33.9	30.8	23.8	20.2
	Douglas, Saint Marys, Doaktown Area	37.4	37.2	27.9	25.3
Florenceville-Bristol, Woodstock, Wakefield Area 33.8 35.2 27.3 24.2	Edmundston, Rivière-Verte, Lac Baker Area	39.2	40.2	27.1	23.8
	Florenceville-Bristol, Woodstock, Wakefield Area	33.8	35.2	27.3	24.2
Fredericton         33.2         31.6         25.2         18.9	Fredericton	33.2	31.6	25.2	18.9
Grand Bay-Westfield, Westfield, Greenwich Area n/a 27.7 23.1 20.4	Grand Bay-Westfield, Westfield, Greenwich Area	n/a	27.7	23.1	20.4



	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Grand Falls, Saint-Léonard, Drummond Area	37.8	39.8	20.9	24.3
Hillsborough, Riverside-Albert, Alma Area	35.8	39.4	23.1	27.2
Kedgwick, Saint-Quentin and Grimmer	36.8	40.3	26.5	26.4
Minto, Chipman, Cambridge-Narrows Area	42.1	40.9	31.0	29.9
Miramichi, Rogersville, Blackville Area	39.3	37.9	27.9	26.1
Moncton	32.6	32.2	25.0	22.4
Nackawic, McAdam, Canterbury Area	40.9	38.4	30.2	27.9
Neguac, Alnwick, Esgenoopetitj Area	39.0	33.5	29.4	30.3
New Maryland, Kingsclear, Lincoln Area	36.3	33.7	32.0	22.2
Oromocto, Gagetown, Fredericton Junction Area	39.4	34.8	28.5	28.6
Perth-Andover, Plaster Rock, Tobique Area	43.0	39.3	31.1	24.3
Quispamsis, Rothesay, Hampton Area	34.4	33.6	24.8	21.8
Riverview and Coverdale	32.4	34.1	23.1	21.5
Sackville, Dorchester, Port Elgin Area	36.9	36.7	25.7	18.9
Saint John, Simonds and Musquash	36.2	33.4	27.0	25.4
Salisbury and Petitcodiac	37.1	34.7	26.7	27.2
Shediac, Beaubassin East and Cap-Pelé	36.2	31.3	26.0	22.1
Shippagan, Lamèque, Inkerman Area	39.2	37.9	32.4	32.5
St. George, Grand Manan, Blacks Harbour Area	35.8	38.8	28.8	25.7
St. Stephen, Saint Andrews, Campobello Island Area	37.0	37.5	26.5	24.7
Sussex, Norton, Sussex Corner Area	35.2	33.9	27.9	25.7
Tracadie and Saint-Isidore	44.6	37.6	30.4	28.2
School districts				
Anglophone East School District	32.8	33.3	24.4	22.7



	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Anglophone North School District	40.2	37.1	28.8	26.3
Anglophone South School District	35.4	33.9	26.7	24.4
Anglophone West School District	35.8	34.0	27.3	23.9
Anglophone sector	35.4	34.2	26.6	24.1
District scolaire francophone Nord-Est	39.9	39.2	30.2	27.8
District scolaire francophone Nord-Ouest	37.8	40.3	26.4	24.1
District scolaire francophone Sud	35.7	33.2	25.3	21.4
Francophone sector	37.3	36.4	27.1	24.3
Grades				
Grades 6 to 8	33.1	32.8	24.9	21.9
Grades 9 to 12	38.0	36.3	28.1	25.7
Gender				
Female	40.4	38.2	n/a	n/a
Male	31.6	31.0	n/a	n/a
Non-binary	38.3	39.8	n/a	n/a
Sex at birth				
Female	40.5	38.6	31.9	n/a
Male	31.2	30.9	21.7	n/a
2SLGBTQIA+ status				
2SLGBTQIA+ Status	40.7	38.6	n/a	n/a
Indigenous identity	00.0	00.0	00.0	20.2
Indigenous	39.0	36.9	28.0	28.6

# **Immigrant**



	Academic Year 2023-2024	Academic Year 2021-2022		Academic Year 2015-2016
Immigrants	30.8	28.8	21.9	n/a
Disability or special need				
Disability or special need	33.4	n/a	n/a	n/a
Racialized groups				
Racialized groups	31.0	n/a	n/a	n/a



#### **About**

This indicator is the percentage of students in grades 6 to 12 who report skipping breakfast because they are not hungry in the morning.

#### Source

Student Wellness and Education Survey - Grades 6-12

### **Calculations**

This indicator is calculated by dividing the number of respondents who selected "I'm not hungry in the morning" by the "total number of respondents" to the question: If you do not eat breakfast, why do you skip breakfast: I eat breakfast every day, I don't have time for breakfast, the bus comes too early, I sleep in, I'm not hungry in the morning, I feel sick when I eat breakfast, I'm trying to lose weight, there is nothing to eat at home or other

#### **Notes**

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit NBHC code SH\_SKBHM\_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size