

Students in grades 6 to 12 who report skipping breakfast because they are trying to lose weight

Unit : %

	Academic Year 2023-2024	Academic Year 2021-2022	Academic Year 2018-2019	Academic Year 2015-2016
Province				
New Brunswick	10.6	10.0	5.7	4.4
Health zones				
Zone 1 - Moncton and South-East Area	10.2	9.9	5.4	3.9
Zone 2 - Fundy Shore and Saint John Area	11.6	10.1	6.8	5.0
Zone 3 - Fredericton and River Valley Area	10.7	10.7	6.2	5.3
Zone 4 - Madawaska and North-West Area	9.3	7.9	3.4	2.9
Zone 5 - Restigouche Area	10.5	8.8	4.8	4.5
Zone 6 - Bathurst and Acadian Peninsula Area	9.1	8.6	4.3	2.8
Zone 7 - Miramichi Area	11.9	11.4	6.3	4.2
Communities				
Bathurst, Beresford, Petit-Rocher Area	10.5	9.9	4.3	4.2
Bouctouche, Richibucto, Saint-Antoine Area	9.7	9.7	7.2	5.0
Campbellton, Atholville, Tide Head Area	10.4	7.5	3.3	4.2
Caraquet, Paquetville, Bertrand Area	8.8	5.9	4.7	1.7
Dalhousie, Balmoral, Belledune Area	10.7	10.6	7.0	4.7
Dieppe and Memramcook	7.5	7.5	3.4	2.3
Douglas, Saint Marys, Doaktown Area	13.4	9.2	7.9	7.5
Edmundston, Rivière-Verte, Lac Baker Area	10.0	8.5	2.6	3.1
Florenceville-Bristol, Woodstock, Wakefield Area	10.4	10.6	7.4	5.4
Fredericton	10.2	10.6	5.3	3.8
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	9.8	5.5	5.4

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Grand Falls, Saint-Léonard, Drummond Area	9.7	7.8	5.8	3.0
Hillsborough, Riverside-Albert, Alma Area	10.9	10.4	5.9	3.2
Kedgwick, Saint-Quentin and Grimmer	5.2	5.5	4.3	1.7
Minto, Chipman, Cambridge-Narrows Area	13.3	9.7	4.8	3.5
Miramichi, Rogersville, Blackville Area	12.0	11.4	6.1	4.4
Moncton	10.5	9.9	5.6	4.1
Nackawic, McAdam, Canterbury Area	9.0	13.0	6.5	6.7
Neguac, Alnwick, Esgenoopetitj Area	10.7	10.7	8.0	S
New Maryland, Kingsclear, Lincoln Area	9.6	9.6	4.8	6.3
Oromocto, Gagetown, Fredericton Junction Area	11.1	10.9	8.2	8.0
Perth-Andover, Plaster Rock, Tobique Area	13.7	12.3	5.8	3.6
Quispamsis, Rothesay, Hampton Area	10.5	9.3	6.2	4.8
Riverview and Coverdale	11.7	11.1	4.6	4.1
Sackville, Dorchester, Port Elgin Area	12.1	10.8	7.0	6.0
Saint John, Simonds and Musquash	12.4	10.8	7.1	4.9
Salisbury and Petitcodiac	12.1	11.2	6.3	3.1
Shediac, Beaubassin East and Cap-Pelé	9.1	11.2	3.6	3.4
Shippagan, Lamèque, Inkerman Area	8.7	8.7	3.5	3.3
St. George, Grand Manan, Blacks Harbour Area	11.6	11.6	7.1	6.2
St. Stephen, Saint Andrews, Campobello Island Area	13.4	10.7	5.7	4.6
Sussex, Norton, Sussex Corner Area	9.7	8.5	7.8	5.3
Tracadie and Saint-Isidore	7.1	8.1	4.3	1.9
School districts				
Anglophone East School District	11.8	11.1	5.9	4.4

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Anglophone North School District	12.9	11.8	7.3	5.1
Anglophone South School District	11.6	10.2	6.9	5.0
Anglophone West School District	11.1	10.8	6.5	5.3
Anglophone sector	11.6	10.8	6.6	5.0
District scolaire francophone Nord-Est	8.2	8.2	4.2	2.3
District scolaire francophone Nord-Ouest	8.6	7.7	3.1	2.9
District scolaire francophone Sud	7.6	8.0	3.5	3.1
Francophone sector	8.0	8.0	3.6	2.8
Grades				
Grades 6 to 8	10.7	10.2	5.6	4.1
Grades 9 to 12	10.5	9.8	5.8	4.5
Gender				
Female	13.3	12.4	n/a	n/a
Male	6.9	5.9	n/a	n/a
Non-binary	23.2	24.0	n/a	n/a
Sex at birth				
Female	14.2	13.9	8.4	n/a
Male	6.8	5.7	3.1	n/a
2SLGBTQIA+ status				
2SLGBTQIA+	20.0	18.5	n/a	n/a
Indigenous identity				
Indigenous	15.1	13.3	8.5	6.9
Immigrant				

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Immigrants	10.8	9.7	4.9	n/a
Disability or special need				
Disability or special need	13.9	n/a	n/a	n/a
Racialized groups				
Racialized groups	11.1	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who report skipping breakfast because they are trying to lose weight.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who selected "I'm trying to lose weight" by the "total number of respondents" to the question: If you do not eat breakfast, why do you skip breakfast: I eat breakfast every day, I don't have time for breakfast, the bus comes too early, I sleep in, I'm not hungry in the morning, I feel sick when I eat breakfast, I'm trying to lose weight, there is nothing to eat at home or other

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_SKBLW_1

Caption

n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size