Students in grades 6 to 12 who reported skipping breakfast because there is nothing to eat at home

Unit:%

| | Academic Year 2023-2024 | Academic Year 2021-2022 | Academic Year 2018-2019 | Academic Year 2015-2016 |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Province | | | | |
| New Brunswick | 3.6 | 3.6 | 3.6 | 3.6 |
| Health zones | | | | |
| Zone 1 - Moncton and South-East Area | 3.7 | 3.8 | 4.4 | 4.1 |
| Zone 2 - Fundy Shore and Saint John Area | 4.0 | 4.2 | 3.8 | 3.6 |
| Zone 3 - Fredericton and River Valley Area | 3.5 | 3.4 | 3.3 | 3.9 |
| Zone 4 - Madawaska and North-West Area | 3.0 | 2.4 | 1.5 | 1.6 |
| Zone 5 - Restigouche Area | 3.7 | 3.9 | 3.2 | 2.6 |
| Zone 6 - Bathurst and Acadian Peninsula Area | 2.7 | 2.7 | 2.7 | 2.4 |
| Zone 7 - Miramichi Area | 4.1 | 3.5 | 4.4 | 3.9 |
| Communities | | | | |
| Bathurst, Beresford, Petit-Rocher Area | 3.2 | 2.9 | 3.1 | 2.8 |
| Bouctouche, Richibucto, Saint-Antoine Area | 4.2 | 4.2 | 5.9 | 6.5 |
| Campbellton, Atholville, Tide Head Area | 4.2 | 3.4 | 3.5 | 2.5 |
| Caraquet, Paquetville, Bertrand Area | 2.2 | 3.2 | 2.4 | 2.7 |
| Dalhousie, Balmoral, Belledune Area | 3.0 | 4.7 | 2.9 | 2.6 |
| Dieppe and Memramcook | 3.0 | 3.9 | 4.5 | 3.3 |
| Douglas, Saint Marys, Doaktown Area | 2.9 | 5.7 | 4.1 | 3.0 |
| Edmundston, Rivière-Verte, Lac Baker Area | 2.4 | 2.7 | 1.9 | 1.3 |
| Florenceville-Bristol, Woodstock, Wakefield Area | 3.2 | 2.9 | 3.1 | 3.2 |
| Fredericton | 2.9 | 3.3 | 3.0 | 3.8 |
| Grand Falls, Saint-Léonard, Drummond Area | 4.6 | 2.1 | S | 2.3 |



| | Academic Year 2023-2024 | Academic Year 2021-2022 | Academic Year 2018-2019 | |
|--|----------------------------|----------------------------|----------------------------|-----|
| Hillsborough, Riverside-Albert, Alma Area | 4.0 | 5.0 | 5.4 | 4.4 |
| Kedgwick, Saint-Quentin and Grimmer | S | S | S | S |
| Minto, Chipman, Cambridge-Narrows Area | 6.1 | 5.5 | 4.8 | 3.6 |
| Miramichi, Rogersville, Blackville Area | 4.1 | 3.5 | 4.5 | 4.0 |
| Moncton | 3.5 | 3.5 | 3.9 | 3.9 |
| Nackawic, McAdam, Canterbury Area | 4.1 | 3.1 | 2.3 | 3.6 |
| Neguac, Alnwick, Esgenoopetitj Area | 4.3 | 3.1 | 3.7 | S |
| New Maryland, Kingsclear, Lincoln Area | 5.7 | 3.2 | S | 4.9 |
| Oromocto, Gagetown, Fredericton Junction Area | 4.4 | 3.1 | 4.2 | 5.6 |
| Perth-Andover, Plaster Rock, Tobique Area | 4.8 | 4.4 | 3.5 | 2.4 |
| Quispamsis, Rothesay, Hampton Area | 4.3 | 4.0 | 3.7 | 3.6 |
| Riverview and Coverdale | 3.6 | 4.3 | 4.4 | 4.4 |
| Sackville, Dorchester, Port Elgin Area | 3.9 | 3.7 | 4.6 | 2.8 |
| Saint John, Simonds and Musquash | 4.0 | 4.7 | 4.3 | 4.1 |
| Salisbury and Petitcodiac | 4.4 | 4.4 | 4.4 | 3.3 |
| Shediac, Beaubassin East and Cap-Pelé | 4.9 | 3.6 | 4.2 | 4.1 |
| Shippagan, Lamèque, Inkerman Area | 1.7 | 2.3 | 2.2 | 1.8 |
| St. George, Grand Manan, Blacks Harbour Area | 4.4 | 5.0 | 2.8 | 2.9 |
| St. Stephen, Saint Andrews, Campobello Island Area | a 3.8 | 3.4 | 2.7 | 3.0 |
| Sussex, Norton, Sussex Corner Area | 2.9 | 3.1 | 4.0 | 3.0 |
| Tracadie and Saint-Isidore | 2.9 | 2.3 | 2.4 | 2.1 |
| School districts | | | | |
| Anglophone East School District | 3.7 | 3.8 | 4.1 | 4.1 |
| Anglophone North School District | 4.8 | 3.6 | 4.7 | 4.2 |
| | | | | |

Data downloaded from the NBHC website on September 2, 2025 More information available at: https://nbhc.ca/indicators/sh_skbne_1



| | Academic Year 2023-2024 | Academic Year 2021-2022 | Academic Year 2018-2019 | Academic Year 2015-2016 |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Anglophone South School District | 4.0 | 4.2 | 3.9 | 3.6 |
| Anglophone West School District | 3.5 | 3.2 | 3.3 | 3.8 |
| Anglophone sector | 3.9 | 3.7 | 3.8 | 3.9 |
| District scolaire francophone Nord-Est | 2.4 | 3.0 | 2.4 | 2.1 |
| District scolaire francophone Nord-Ouest | 2.9 | 2.5 | 1.6 | 1.5 |
| District scolaire francophone Sud | 3.4 | 4.0 | 4.2 | 3.9 |
| Francophone sector | 3.0 | 3.4 | 3.1 | 2.8 |
| Grades | | | | |
| Grades 6 to 8 | 3.3 | 3.3 | 3.1 | 3.2 |
| Grades 9 to 12 | 3.9 | 3.9 | 4.0 | 3.8 |
| Gender | | | | |
| Female | 3.5 | 3.5 | n/a | n/a |
| Male | 3.3 | 3.2 | n/a | n/a |
| Non-binary | 9.8 | 7.3 | n/a | n/a |
| Sex at birth | | | | |
| Female | 3.8 | 3.9 | 4.3 | n/a |
| Male | 3.4 | 3.2 | 3.0 | n/a |
| 2SLGBTQIA+ status | | | | |
| 2SLGBTQIA+ | 6.5 | 6.1 | n/a | n/a |
| Indigenous identity | | | | |
| Indigenous | 5.9 | 5.3 | 4.8 | 6.8 |
| Immigrant | | | | |
| Immigrants | 3.0 | 3.5 | 2.9 | n/a |
| | | | | |

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| | | Academic Year | | Academic Year |
|----------------------------|-----------|---------------|-----------|---------------|
| | 2023-2024 | 2021-2022 | 2018-2019 | 2015-2016 |
| | | | | |
| Disability or special need | | | | |
| Disability or special need | 6.2 | n/a | n/a | n/a |
| | | | | |
| Racialized groups | | | | |
| Racialized groups | | | | |
| Racialized groups | 3.7 | n/a | n/a | n/a |
| | | | | |



About

This indicator is the percentage of students in grades 6 to 12 who reported skipping breakfast because there is nothing to eat at home.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who selected "there is nothing to eat at home" by the "total number of respondents" to the question: If you do not eat breakfast, why do you skip breakfast: I eat breakfast every day, I don't have time for breakfast, the bus comes too early, I sleep in, I'm not hungry in the morning, I feel sick when I eat breakfast, I'm trying to lose weight, there is nothing to eat at home or other

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit

%

Interpretation Lower is better NBHC code SH_SKBNE_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size