[DISCONTINUED]Students in grades 6 to 12 who report usually spending less than 8 hours sleeping each night

Unit : %

	Academic Year 2022-2023	Academic Year 2021-2022
Province		
New Brunswick	**64.8**	**69.8**
Health zones		
Zone 1 - Moncton and South-East Area	**62.8**	**67.9**
Zone 2 - Fundy Shore and Saint John Area	**66.6**	**72.2**
Zone 3 - Fredericton and River Valley Area	**65.8**	**72.0**
Zone 4 - Madawaska and North-West Area	**63.0**	**65.6**
Zone 5 - Restigouche Area	**67.9**	**68.6**
Zone 6 - Bathurst and Acadian Peninsula Area	**62.4**	**64.4**
Zone 7 - Miramichi Area	**67.3**	**74.0**
Communities		
Bathurst, Beresford, Petit-Rocher Area	**65.1**	**67.5**
Bouctouche, Richibucto, Saint-Antoine Area	**65.2**	**69.1**
Campbellton, Atholville, Tide Head Area	**69.0**	**68.1**
Caraquet, Paquetville, Bertrand Area	**65.0**	**63.5**
Dalhousie, Balmoral, Belledune Area	**66.3**	**69.2**
Dieppe and Memramcook	**56.1**	**57.9**
Douglas, Saint Marys, Doaktown Area	**63.7**	**73.7**
Edmundston, Rivière-Verte, Lac Baker Area	**63.3**	**63.7**
Florenceville-Bristol, Woodstock, Wakefield Area	**63.6**	**70.9**
Fredericton	**64.6**	**70.8**
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	**64.0**

	Academic Year 2022-2023	Academic Year 2021-2022
Grand Falls, Saint-Léonard, Drummond Area	**62.3**	**67.7**
Hillsborough, Riverside-Albert, Alma Area	**66.3**	**75.6**
Kedgwick, Saint-Quentin and Grimmer	**64.1**	**69.4**
Minto, Chipman, Cambridge-Narrows Area	**69.8**	**71.1**
Miramichi, Rogersville, Blackville Area	**67.0**	**74.7**
Moncton	**63.9**	**70.0**
Nackawic, McAdam, Canterbury Area	**69.9**	**77.6**
Neguac, Alnwick, Esgenoopetitj Area	**69.7**	**68.2**
New Maryland, Kingsclear, Lincoln Area	**57.4**	**64.2**
Oromocto, Gagetown, Fredericton Junction Area	**69.3**	**74.2**
Perth-Andover, Plaster Rock, Tobique Area	**73.8**	**78.3**
Quispamsis, Rothesay, Hampton Area	**63.2**	**69.5**
Riverview and Coverdale	**64.9**	**70.5**
Sackville, Dorchester, Port Elgin Area	**64.4**	**66.7**
Saint John, Simonds and Musquash	**69.1**	**74.9**
Salisbury and Petitcodiac	**60.6**	**70.2**
Shediac, Beaubassin East and Cap-Pelé	**63.4**	**65.5**
Shippagan, Lamèque, Inkerman Area	**58.8**	**65.1**
St. George, Grand Manan, Blacks Harbour Area	**66.9**	**72.3**
St. Stephen, Saint Andrews, Campobello Island Area	**68.3**	**71.8**
Sussex, Norton, Sussex Corner Area	**63.8**	**69.1**
Tracadie and Saint-Isidore	**58.0**	**58.8**

School districts

Anglophone East School District	**65.2**	**71.7**

	Academic Year 2022-2023	Academic Year 2021-2022
Anglophone North School District	**69.5**	**75.9**
Anglophone South School District	**66.9**	**72.3**
Anglophone West School District	**66.3**	**72.5**
Anglophone sector	**66.6**	**72.6**
District scolaire francophone Nord-Est	**61.2**	**62.0**
District scolaire francophone Nord-Ouest	**62.0**	**64.6**
District scolaire francophone Sud	**58.8**	**62.6**
Francophone sector	**60.1**	**62.8**
Grades		
Grades 6 to 8	**50.9**	**55.2**
Grades 9 to 12	**74.7**	**80.6**
Gender		
Female	**66.0**	**70.5**
Male	**61.9**	**67.3**
Non-binary	**81.0**	**85.7**
Sex at birth		
Female	**67.4**	**72.2**
Male	**62.0**	**67.2**
2SLGBTQIA+ status		
2SLGBTQIA+	**74.9**	**79.8**
Indigenous identity		
Indigenous	**70.4**	**72.7**
Immigrant		

	Academic Year 2022-2023	Academic Year 2021-2022
Immigrants	**66.7**	**73.0**

About

This indicator is the percentage of students in grades 6 to 12 who report usually spending less than 8 hours sleeping each night. THIS INDICATOR HAS BEEN DISCONTINUED. THERE IS CURRENTLY NO REPLACEMENT FOR THIS INDICATOR.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "under 2 hours, 2 hours to less than 3 hours, 3 hours to less than 4 hours, 4 hours to less than 5 hours, 5 hours to less than 6 hours, 6 hours to less than 7 hours or 7 hours to less than 8 hour by the number of respondents who answered "under 2 hours, 2 hours to less than 3 hours, 3 hours to less than 4 hours, 4 hours to less than 5 hours, 5 hours to less than 6 hours, 6 hours to less than 7 hours, 7 hours to less than 8 hours, 8 hours to less than 9 hours or 9 hours or more" to the question: How long do you usually spend sleeping each night? (Do not include time spent resting)

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_SLE01_2

Caption

n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size