

Students in grades 6 to 12 who reported using an electronic device before bed

Unit : %

	Academic Year 2023-2024	Academic Year 2021-2022
Province		
New Brunswick	88.9	89.4
Health zones		
Zone 1 - Moncton and South-East Area	87.9	88.4
Zone 2 - Fundy Shore and Saint John Area	89.7	89.9
Zone 3 - Fredericton and River Valley Area	88.3	88.4
Zone 4 - Madawaska and North-West Area	87.9	90.0
Zone 5 - Restigouche Area	92.2	92.1
Zone 6 - Bathurst and Acadian Peninsula Area	89.9	91.1
Zone 7 - Miramichi Area	91.2	93.0
Communities		
Bathurst, Beresford, Petit-Rocher Area	88.1	90.8
Bouctouche, Richibucto, Saint-Antoine Area	92.5	92.2
Campbellton, Atholville, Tide Head Area	91.0	92.1
Caraquet, Paquetville, Bertrand Area	91.9	92.5
Dalhousie, Balmoral, Belledune Area	93.9	92.1
Dieppe and Memramcook	86.1	87.9
Douglas, Saint Marys, Doaktown Area	92.0	94.0
Edmundston, Rivière-Verte, Lac Baker Area	88.2	89.3
Florenceville-Bristol, Woodstock, Wakefield Area	89.8	90.6
Fredericton	86.8	86.2
Grand Falls, Saint-Léonard, Drummond Area	86.3	90.0

	Academic Year 2023-2024	Academic Year 2021-2022
Hillsborough, Riverside-Albert, Alma Area	92.1	92.0
Kedgwick, Saint-Quentin and Grimmer	91.1	93.4
Minto, Chipman, Cambridge-Narrows Area	92.6	94.4
Miramichi, Rogersville, Blackville Area	91.1	92.7
Moncton	86.8	87.4
Nackawic, McAdam, Canterbury Area	93.0	92.7
Neguac, Alnwick, Esgenoopetitj Area	91.5	95.2
New Maryland, Kingsclear, Lincoln Area	83.8	82.9
Oromocto, Gagetown, Fredericton Junction Area	88.7	89.4
Perth-Andover, Plaster Rock, Tobique Area	93.4	92.2
Quispamsis, Rothesay, Hampton Area	89.4	89.1
Riverview and Coverdale	88.6	88.9
Sackville, Dorchester, Port Elgin Area	90.4	85.7
Saint John, Simonds and Musquash	90.4	90.8
Salisbury and Petitcodiac	88.3	87.8
Shediac, Beaubassin East and Cap-Pelé	88.7	90.1
Shippagan, Lamèque, Inkerman Area	93.1	90.2
St. George, Grand Manan, Blacks Harbour Area	90.8	94.3
St. Stephen, Saint Andrews, Campobello Island Area	88.7	88.5
Sussex, Norton, Sussex Corner Area	89.3	88.2
Tracadie and Saint-Isidore	89.9	91.4
School districts		
Anglophone East School District	88.5	88.3
Anglophone North School District	91.9	92.9

	Academic Year 2023-2024	Academic Year 2021-2022
Anglophone South School District	90.0	90.0
Anglophone West School District	88.7	88.8
Anglophone sector	89.4	89.5
District scolaire francophone Nord-Est	90.3	91.4
District scolaire francophone Nord-Ouest	88.1	90.2
District scolaire francophone Sud	85.8	87.4
Francophone sector	87.5	89.1
Grades		
Grades 6 to 8	82.5	83.1
Grades 9 to 12	93.5	94.1
Gender		
Female	91.3	91.3
Male	86.6	87.5
Non-binary	90.5	92.1
Sex at birth		
Female	91.3	91.4
Male	86.4	87.3
2SLGBTQIA+ status		
2SLGBTQIA+	92.6	91.1
Indigenous identity		
Indigenous	91.1	89.9
Immigrant		
Immigrants	86.0	86.8

Academic Year	Academic Year
2023-2024	2021-2022

Disability or special need

Disability or special need	86.9	n/a
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Racialized groups

Racialized groups	86.8	n/a
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About

This indicator is the percentage of students in grades 6 to 12 who reported using an electronic device before bed. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "1 night a week, 2 nights a week, 3 nights a week, 4 nights a week, 5 nights a week, 6 nights a week or every night" by the number of respondents who answered "never, 1 night a week, 2 nights a week, 3 nights a week, 4 nights a week, 5 nights a week, 6 nights a week or every night" to the question: How often do you use an electronic device in your bedroom in the last hour before going to sleep?

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_SLE02_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size