

Students in grades 6 to 12 who reported using an electronic device before bed

Unit: %

| | Academic Year 2023-2024 | Academic Year 2021-2022 |
|--|----------------------------|----------------------------|
| Province | | |
| New Brunswick | 88.9 | 89.4 |
| Health zones | | |
| Zone 1 - Moncton and South-East Area | 87.9 | 88.4 |
| Zone 2 - Fundy Shore and Saint John Area | 89.7 | 89.9 |
| Zone 3 - Fredericton and River Valley Area | 88.3 | 88.4 |
| Zone 4 - Madawaska and North-West Area | 87.9 | 90.0 |
| Zone 5 - Restigouche Area | 92.2 | 92.1 |
| Zone 6 - Bathurst and Acadian Peninsula Area | 89.9 | 91.1 |
| Zone 7 - Miramichi Area | 91.2 | 93.0 |
| Communities | | |
| Bathurst, Beresford, Petit-Rocher Area | 88.1 | 90.8 |
| Bouctouche, Richibucto, Saint-Antoine Area | 92.5 | 92.2 |
| Campbellton, Atholville, Tide Head Area | 91.0 | 92.1 |
| Caraquet, Paquetville, Bertrand Area | 91.9 | 92.5 |
| Dalhousie, Balmoral, Belledune Area | 93.9 | 92.1 |
| Dieppe and Memramcook | 86.1 | 87.9 |
| Douglas, Saint Marys, Doaktown Area | 92.0 | 94.0 |
| Edmundston, Rivière-Verte, Lac Baker Area | 88.2 | 89.3 |
| Florenceville-Bristol, Woodstock, Wakefield Area | 89.8 | 90.6 |
| Fredericton | 86.8 | 86.2 |
| Grand Falls, Saint-Léonard, Drummond Area | 86.3 | 90.0 |
| | | |



| 2023-2024 | 2021-2022 |
|---|-----------|
| Hillsborough, Riverside-Albert, Alma Area 92.1 | 92.0 |
| Kedgwick, Saint-Quentin and Grimmer 91.1 | 93.4 |
| Minto, Chipman, Cambridge-Narrows Area 92.6 | 94.4 |
| Miramichi, Rogersville, Blackville Area 91.1 | 92.7 |
| Moncton 86.8 | 87.4 |
| Nackawic, McAdam, Canterbury Area 93.0 | 92.7 |
| Neguac, Alnwick, Esgenoopetitj Area 91.5 | 95.2 |
| New Maryland, Kingsclear, Lincoln Area 83.8 | 82.9 |
| Oromocto, Gagetown, Fredericton Junction Area 88.7 | 89.4 |
| Perth-Andover, Plaster Rock, Tobique Area 93.4 | 92.2 |
| Quispamsis, Rothesay, Hampton Area 89.4 | 89.1 |
| Riverview and Coverdale 88.6 | 88.9 |
| Sackville, Dorchester, Port Elgin Area 90.4 | 85.7 |
| Saint John, Simonds and Musquash 90.4 | 90.8 |
| Salisbury and Petitcodiac 88.3 | 87.8 |
| Shediac, Beaubassin East and Cap-Pelé 88.7 | 90.1 |
| Shippagan, Lamèque, Inkerman Area 93.1 | 90.2 |
| St. George, Grand Manan, Blacks Harbour Area 90.8 | 94.3 |
| St. Stephen, Saint Andrews, Campobello Island Area 88.7 | 88.5 |
| Sussex, Norton, Sussex Corner Area 89.3 | 88.2 |
| Tracadie and Saint-Isidore 89.9 | 91.4 |
| School districts | |
| Anglophone East School District 88.5 | 88.3 |
| Anglophone North School District 91.9 | 92.9 |



| | Academic Year 2023-2024 | Academic Year 2021-2022 |
|--|----------------------------|----------------------------|
| Anglophone South School District | 90.0 | 90.0 |
| Anglophone West School District | 88.7 | 88.8 |
| Anglophone sector | 89.4 | 89.5 |
| District scolaire francophone Nord-Est | 90.3 | 91.4 |
| District scolaire francophone Nord-Ouest | 88.1 | 90.2 |
| District scolaire francophone Sud | 85.8 | 87.4 |
| Francophone sector | 87.5 | 89.1 |
| Grades | | |
| Grades 6 to 8 | 82.5 | 83.1 |
| Grades 9 to 12 | 93.5 | 94.1 |
| Gender | | |
| Female | 91.3 | 91.3 |
| Male | 86.6 | 87.5 |
| Non-binary | 90.5 | 92.1 |
| Sex at birth | | |
| Female | 91.3 | 91.4 |
| Male | 86.4 | 87.3 |
| 2SLGBTQIA+ status | | |
| 2SLGBTQIA+ | 92.6 | 91.1 |
| Indigenous identity | | |
| Indigenous | 91.1 | 89.9 |
| Immigrant | | |
| Immigrants | 86.0 | 86.8 |
| | | |



Academic Year Academic Year 2023-2024 2021-2022

Disability or special need

| Disability or special need | 86.9 | n/a |
|----------------------------|------|-----|
| Racialized groups | | |
| Racialized groups | 86.8 | n/a |



About

This indicator is the percentage of students in grades 6 to 12 who reported using an electronic device before bed. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "1 night a week, 2 nights a week, 3 nights a week, 4 nights a week, 5 nights a week, 6 nights a week or every night" by the number of respondents who answered "never, 1 night a week, 2 nights a week, 3 nights a week, 4 nights a week, 5 nights a week, 6 nights a week or every night" to the question: How often do you use an electronic device in your bedroom in the last hour before going to sleep?

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

| Unit | Interpretation | NBHC code |
|------|-----------------|------------|
| % | Lower is better | SH_SLE02_1 |

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size