

Students in grades 6 to 12 who reported using an electronic device before bed 1 to 3 nights a week

Unit : %

Province	Academic Year	Academic Year
	2023-2024	2021-2022
Province		
New Brunswick	14.7	13.1
Health zones		
Zone 1 - Moncton and South-East Area	15.7	13.8
Zone 2 - Fundy Shore and Saint John Area	14.6	12.8
Zone 3 - Fredericton and River Valley Area	15.5	14.2
Zone 4 - Madawaska and North-West Area	13.0	12.0
Zone 5 - Restigouche Area	13.2	9.9
Zone 6 - Bathurst and Acadian Peninsula Area	12.7	11.1
Zone 7 - Miramichi Area	11.8	10.7
Communities		
Bathurst, Beresford, Petit-Rocher Area	13.0	12.0
Bouctouche, Richibucto, Saint-Antoine Area	12.8	10.9
Campbellton, Atholville, Tide Head Area	12.5	10.2
Caraquet, Paquetville, Bertrand Area	13.9	11.7
Dalhousie, Balmoral, Belledune Area	14.3	9.5
Dieppe and Memramcook	14.5	14.5
Douglas, Saint Marys, Doaktown Area	12.8	12.6
Edmundston, Rivière-Verte, Lac Baker Area	12.9	12.7
Florenceville-Bristol, Woodstock, Wakefield Area	13.4	12.6
Fredericton	16.7	15.9
Grand Falls, Saint-Léonard, Drummond Area	12.4	11.7

	Academic Year 2023-2024	Academic Year 2021-2022
Hillsborough, Riverside-Albert, Alma Area	11.2	8.9
Kedgwick, Saint-Quentin and Grimmer	14.7	9.1
Minto, Chipman, Cambridge-Narrows Area	13.0	13.6
Miramichi, Rogersville, Blackville Area	11.9	11.1
Moncton	17.0	14.6
Nackawic, McAdam, Canterbury Area	16.1	11.5
Neguac, Alnwick, Esgenoopetitj Area	10.9	7.4
New Maryland, Kingsclear, Lincoln Area	21.2	10.4
Oromocto, Gagetown, Fredericton Junction Area	13.7	12.6
Perth-Andover, Plaster Rock, Tobique Area	14.2	11.4
Quispamsis, Rothesay, Hampton Area	14.9	14.8
Riverview and Coverdale	15.4	13.7
Sackville, Dorchester, Port Elgin Area	15.2	13.7
Saint John, Simonds and Musquash	14.4	11.6
Salisbury and Petitcodiac	15.1	14.6
Shediac, Beaubassin East and Cap-Pelé	15.6	12.0
Shippagan, Lamèque, Inkerman Area	10.6	8.8
St. George, Grand Manan, Blacks Harbour Area	11.5	12.5
St. Stephen, Saint Andrews, Campobello Island Area	13.6	11.2
Sussex, Norton, Sussex Corner Area	16.2	14.5
Tracadie and Saint-Isidore	13.0	10.2

School districts

Anglophone East School District	16.5	14.0
Anglophone North School District	12.3	11.0

Academic Year	Academic Year
2023-2024	2021-2022

Anglophone South School District	14.3	12.8
Anglophone West School District	15.0	14.2
Anglophone sector	14.9	13.3
District scolaire francophone Nord-Est	12.6	10.7
District scolaire francophone Nord-Ouest	13.3	11.5
District scolaire francophone Sud	15.8	13.8
Francophone sector	14.4	12.4

Grades

Grades 6 to 8	20.2	18.5
Grades 9 to 12	10.8	9.0

Gender

Female	13.2	11.7
Male	16.2	14.4
Non-binary	11.4	10.6

Sex at birth

Female	13.1	11.7
Male	16.4	14.4

2SLGBTQIA+ status

2SLGBTQIA+	10.8	11.6
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Indigenous identity

Indigenous	13.1	11.4
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Immigrant

Immigrants	19.0	15.8
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Academic Year Academic Year
2023-2024 2021-2022

Disability or special need

Disability or special need	14.6	n/a
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Racialized groups

Racialized groups	18.8	n/a
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About

This indicator is the percentage of students in grades 6 to 12 who reported using an electronic device before bed 1 to 3 nights a week. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "1 night a week, 2 nights a week or 3 nights a week" by the number of respondents who answered "never, 1 night a week, 2 nights a week, 3 nights a week, 4 nights a week, 5 nights a week, 6 nights a week or every night" to the question: How often do you use an electronic device in your bedroom in the last hour before going to sleep?

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_SLE02_2

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size