

Students in grades 6 to 12 who reported using an electronic device before bed every night

Unit : %

	Academic Year 2023-2024	Academic Year 2021-2022
Province		
New Brunswick	62.1	65.2
Health zones		
Zone 1 - Moncton and South-East Area	59.3	63.0
Zone 2 - Fundy Shore and Saint John Area	63.1	65.6
Zone 3 - Fredericton and River Valley Area	60.9	62.4
Zone 4 - Madawaska and North-West Area	63.7	67.5
Zone 5 - Restigouche Area	69.0	74.3
Zone 6 - Bathurst and Acadian Peninsula Area	66.8	70.4
Zone 7 - Miramichi Area	67.5	73.4
Communities		
Bathurst, Beresford, Petit-Rocher Area	64.2	68.0
Bouctouche, Richibucto, Saint-Antoine Area	67.8	71.9
Campbellton, Atholville, Tide Head Area	68.2	74.2
Caraquet, Paquetville, Bertrand Area	67.5	72.0
Dalhousie, Balmoral, Belledune Area	70.2	74.3
Dieppe and Memramcook	57.5	60.5
Douglas, Saint Marys, Doaktown Area	67.1	69.8
Edmundston, Rivière-Verte, Lac Baker Area	63.0	65.2
Florenceville-Bristol, Woodstock, Wakefield Area	65.4	66.2
Fredericton	57.3	58.0
Grand Falls, Saint-Léonard, Drummond Area	63.8	67.9

	Academic Year 2023-2024	Academic Year 2021-2022
Hillsborough, Riverside-Albert, Alma Area	69.5	76.2
Kedgwick, Saint-Quentin and Grimmer	65.8	78.1
Minto, Chipman, Cambridge-Narrows Area	69.1	69.3
Miramichi, Rogersville, Blackville Area	67.5	72.6
Moncton	57.0	61.1
Nackawic, McAdam, Canterbury Area	67.8	70.3
Neguac, Alnwick, Esgenoopetitj Area	67.4	80.6
New Maryland, Kingsclear, Lincoln Area	46.2	64.9
Oromocto, Gagetown, Fredericton Junction Area	64.0	66.2
Perth-Andover, Plaster Rock, Tobique Area	69.7	70.1
Quispamsis, Rothesay, Hampton Area	61.5	60.8
Riverview and Coverdale	59.4	63.3
Sackville, Dorchester, Port Elgin Area	63.4	59.6
Saint John, Simonds and Musquash	64.2	69.2
Salisbury and Petitcodiac	60.7	60.8
Shediac, Beaubassin East and Cap-Pelé	61.0	66.0
Shippagan, Lamèque, Inkerman Area	71.9	73.0
St. George, Grand Manan, Blacks Harbour Area	67.0	71.1
St. Stephen, Saint Andrews, Campobello Island Area	65.1	65.5
Sussex, Norton, Sussex Corner Area	61.5	61.8
Tracadie and Saint-Isidore	67.7	72.5
School districts		
Anglophone East School District	59.7	63.1
Anglophone North School District	68.8	73.9

	Academic Year 2023-2024	Academic Year 2021-2022
Anglophone South School District	63.7	65.8
Anglophone West School District	62.0	63.0
Anglophone sector	62.7	65.2
District scolaire francophone Nord-Est	67.1	71.0
District scolaire francophone Nord-Ouest	63.0	68.0
District scolaire francophone Sud	56.1	60.9
Francophone sector	60.6	65.4
Grades		
Grades 6 to 8	48.6	51.8
Grades 9 to 12	71.8	75.3
Gender		
Female	66.7	68.9
Male	57.5	61.2
Non-binary	69.8	72.5
Sex at birth		
Female	67.0	69.2
Male	57.2	61.1
2SLGBTQIA+ status		
2SLGBTQIA+	72.1	69.7
Indigenous identity		
Indigenous	67.4	68.1
Immigrant		
Immigrants	55.1	60.3

Academic Year	Academic Year
2023-2024	2021-2022

Disability or special need

Disability or special need	61.5	n/a
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Racialized groups

Racialized groups	56.0	n/a
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About

This indicator is the percentage of students in grades 6 to 12 who reported using an electronic device before bed every night. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey - Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "every night" by the number of respondents who answered "never, 1 night a week, 2 nights a week, 3 nights a week, 4 nights a week, 5 nights a week, 6 nights a week or every night" to the question: How often do you use an electronic device in your bedroom in the last hour before going to sleep?

Notes

Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Lower is better	SH_SLE02_3

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size