

STUDENT WELLNESS SURVEY - 6 TO 12

Substance Use



Community
Sackville,
Dorchester, Port
Elgin Area



Zone 1
Moncton and
South-East Area



Province
New Brunswick

Smoking and vaping

Cigarette

Has tried cigarette smoking % 2021-2022	14.9	13.0	15.7
Onset age Number 2021-2022	S	14.3	14.2
Susceptible to smoking % 2021-2022	36.7	32.2	33.3
Daily or occasional smoker % 2021-2022	4.6	4.9	6.2
Daily smoker % 2021-2022	1.4	1.5	1.8

Vaping

Has tried vaping % 2021-2022	30.5	24.0	28.3
Onset age Number 2021-2022	14.0	14.4	14.4
Daily or occasional vaper % 2021-2022	14.5	13.5	16.5
Daily vaper % 2021-2022	4.9	5.8	7.5

Second-hand smoke

Exposed to cigarette smoke in a vehicle, last 7 days % 2021-2022	17.0	14.7	18.4
Exposed to cigarette smoke at home % 2021-2022	12.3	11.2	13.3

Alternative tobacco and nicotine products

	Community Sackville, Dorchester, Port Elgin Area	Zone 1 Moncton and South-East Area	Province New Brunswick
Has tried alternative tobacco and nicotine products % 2021-2022	13.5	10.3	12.2
Little cigars or cigarillos % 2021-2022	10.2	7.3	8.6
Cigars % 2021-2022	6.9	5.8	6.6
Roll-your-own cigarettes % 2021-2022	4.2	5.1	5.8
Heated tobacco products % 2021-2022	5.8	4.3	5.4
Smokeless tobacco % 2021-2022	5.6	2.9	3.3
Water pipe to smoke shisha % 2021-2022	4.4	4.4	5.0
Blunt wraps % 2021-2022	4.8	4.1	4.6

Alcohol and drugs

Alcohol

Has tried alcohol % 2021-2022	45.2	41.7	45.0
Age onset Number 2021-2022	13.4	14.2	14.1
Regular drinking % 2021-2022	20.6	16.6	17.8
Heavy drinking % 2021-2022	13.2	10.0	11.6

Cannabis

Has tried cannabis % 2021-2022	24.5	16.3	19.0
Age onset Number 2021-2022	14.9	14.7	14.8
Has used cannabis, last 12 months % 2021-2022	20.2	13.6	15.9
Daily cannabis user, last 12 months % 2021-2022	3.8	3.1	3.5

Drugs

Has used drugs, last 12 months (excluding tobacco, alcohol and cannabis) % 2018-2019	19.4	23.1	24.6
LSD and other hallucinogens % 2018-2019	2.7	3.6	4.2

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Pain relievers % 2018-2019	4.9	5.5	6.1
Amphetamines % 2018-2019	1.7	3.1	3.1
Ecstasy, MDMA % 2018-2019	2.0	2.4	2.8
Cocaine % 2018-2019	2.7	3.5	4.0
Cough and cold medicines % 2018-2019	12.0	15.3	16.4
Stimulants % 2018-2019	3.0	3.5	3.6
Sedatives / tranquilizers % 2018-2019	3.3	3.0	2.9
Methamphetamines / Crystal methamphetamine % 2018-2019	2.0	1.6	1.9
Glue or solvents % 2018-2019	1.5	1.6	1.8
Heroin % 2018-2019	2.0	1.3	1.4
Other % 2018-2019	8.6	8.7	9.5

Safety

Driver of an off-road vehicle - under the influence of alcohol or drugs, last 12 months % 2018-2019	6.5	8.2	9.3
Passenger in an on-road vehicle - driven by someone under the influence of alcohol or drugs, last 12 months % 2018-2019	12.6	17.0	17.2

About this Table

Content and description

This table presents data collected from students in grades 6 to 12 through the New Brunswick Student Wellness Survey (SWS). It contains self-reported information regarding the use of substances among New Brunswick students in grades 6 to 12. Substances include cigarettes, electronic cigarettes, alcohol, cannabis, and other drugs.

Why it is important

When students turn to substances, they enter a lifestyle that hinders their physical growth and positive social and emotional development. By better understanding the consumption habits of students, we can better plan for services and allocate resources to support a healthier lifestyle for them and our communities.

Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups.

More information is available on our [New Brunswick Student Wellness Survey](#) page.

Note about 2021-2022 data

The methodology of the 2021-2022 edition of the SWS was significantly changed. This was the first cycle to adopt online data collection, and a shorter data collection period. Also, the survey questionnaire was thoroughly revised for this cycle. Many questions were removed or amended. As such, some indicators are no longer comparable to previous years. As such, caution always needs to be exercised when attempting to compare the results of the survey with results from prior survey cycles outside of what is displayed in this Data Table.

The 2021-2022 edition of the SWS was conducted during the COVID-19 pandemic. Some schools may have had lower participation from their students than previous years. Some students may have participated to the survey during periods of remote learning.

Caption

n/a = Not applicable / not available

S = Data was suppressed due to low respondent counts