STUDENT WELLNESS AND EDUCATION SURVEY Grades 6-12: Substance Use







Community Grand Bay-Westfield, Fundy Shore and Westfield, Saint John Area Greenwich Area

Province New Brunswick

# Smoking and vaping

### Cigarette

This section includes tobacco cigarettes that are bought ready-made and cigarettes that are made by students. This section does not include e-cigarettes, vaping devices and other tobacco products.

Has tried cigarette smoking %   2021-2022	4.8	16.0	15.7
Onset age Number   2021-2022	n/a	14.3	14.2
Susceptible to smoking %   2021-2022	37.5	35.5	33.3
Daily or occasional smoker %   2021-2022	3.3	6.3	6.2
Daily smoker %   2018-2019	0.0	5.2	4.8
Has a close friend who smokes %   2021-2022	7.6	22.2	21.5

### Vaping

This section includes vaping e-liquid with nicotine, without nicotine, or when students didn't know whether it contained nicotine. It includes all e-cigarettes, vaporizers and vape pens. This section does not include vaping cannabis.

Has tried vaping %   2021-2022	10.8	30.0	28.3
Onset age Number   2021-2022	n/a	14.3	14.4
Daily or occasional vaper %   2021-2022	5.2	17.2	16.5
Daily vaper %   2022-2023	n/a	8.5	8.3
Has a close friend who vapes %   2021-2022	21.4	45.7	43.2
Exposed to vaping smoke at home %   2021-2022	14.5	21.2	17.8



	Community Grand Bay- Westfield, Westfield, Greenwich Area	Zone 2 Fundy Shore and Saint John Area	Province New Brunswick
Second-hand smoke			
Exposed to cigarette smoke in a vehicle, last 7 days $\%\mid$ 2021-2022	21.0	19.0	18.4
Exposed to cigarette smoke at home %   2021-2022	16.7	15.4	13.3
Alternative tobacco and nicotine products			
Has tried alternative tobacco and nicotine products %   2021-2022	3.2	12.2	12.2
Little cigars or cigarillos %   2015-2016	2.5	13.5	14.8
Cigars %   2021-2022	S	6.0	6.6
Roll-your-own cigarettes %   2021-2022	S	6.0	5.8
Heated tobacco products %   2021-2022	S	6.1	5.4
Smokeless tobacco %   2021-2022	S	3.2	3.3
Water pipe to smoke shisha %   2021-2022	S	5.1	5.0
Blunt wraps %   2021-2022	S	4.8	4.6

# Alcohol and drugs

## Alcohol

Has tried alcohol %   2021-2022	21.6	43.4	45.0
Onset age Number   2021-2022	n/a	14.1	14.1
Regular drinking, last 12 months %   2022-2023	n/a	16.5	18.5
Heavy drinking, once a month or more, last 12 months %   2015-2016	0.0	15.9	16.9
Has a close friend who drinks alcohol %   2021-2022	13.1	43.6	45.7
Onset age - getting drunk Number   2021-2022	n/a	14.7	14.7

### Cannabis

This section includes marijuana and any other products made from the cannabis plant, such as dry cannabis and cannabis that is mixed or processed into another product.



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Has tried cannabis %   2021-2022	5.5	20.9	19.0
Onset age Number   2021-2022	n/a	14.8	14.8
Has used cannabis, last 12 months %   2021-2022	3.8	17.5	15.9
Daily cannabis user, last 12 months %   2018-2019	0.0	3.4	3.1
Has a close friend who uses cannabis %   2021-2022	6.7	34.4	31.1
Exposed to cannabis smoke at home %   2021-2022	9.0	14.7	12.3
Drugs			
Has used drugs, last 12 months (excluding tobacco, alcohol and cannabis) to get high %   2018-2019	11.3	26.9	24.6
LSD and other hallucinogens %   2022-2023	n/a	5.2	4.6
Pain relievers %   2022-2023	n/a	7.4	5.8
Amphetamines %   2018-2019	0.0	3.6	3.1
Ecstasy, MDMA %   2022-2023	n/a	2.8	2.3
Cocaine %   2022-2023	n/a	3.4	2.9
Cough and cold medicines %   2018-2019	9.1	16.3	16.4
Stimulants %   2022-2023	n/a	4.1	3.7
Sedatives / tranquillizers %   2018-2019	0.0	3.0	2.9
Methamphetamines / Crystal methamphetamine %   2018-2019	0.0	2.4	1.9
Glue or solvents %   2022-2023	n/a	2.8	2.2
Heroin %   2018-2019	0.0	1.8	1.4
Other %   2022-2023	n/a	6.6	5.6

# Safety



	,	Zone 2 Fundy Shore and Saint John Area	Province New Brunswick
Driver of an off-road vehicle - under the influence of alcohol or drugs, last 12 months $\% \mid$ 2022-2023	n/a	10.5	11.5
Passenger in an on-road vehicle - driven by someone under the influence of alcohol or drugs, last 12 months %   2015-2016	4.0	13.7	16.9

# About this Table

### **Content and description**

This table presents data collected from students in grades 6 to 12 through the New Brunswick Student Wellness and Education Survey (SWES). It contains self-reported information regarding the use of substances among New Brunswick students in grades 6 to 12. Substances include cigarettes, electronic cigarettes, alcohol, cannabis, and other drugs. The questionnaire comprises modules, which means that certain questions are asked every other cycle.

#### Why it is important

Only when we understand who our students are and what their needs are can we better plan for services and allocate resources to meet their health and educational needs.

### Availability of the data

The information in this data table is available by school district, school sector and overall New Brunswick,by the seven (7) New Brunswick health zones and 33 communities created by the NBHC, as well as by demographic groups. More information is available on our <u>New Brunswick Student Wellness and Education Survey</u> page.

### Note about demographic groups:

In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

### Caption

- n/a = Not applicable / not available
- S = Data suppressed due to confidentiality requirements and/or small sample size
- Above-average performance
- P Below-average performance