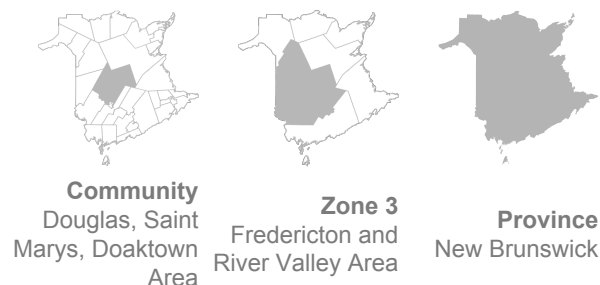


STUDENT WELLNESS AND EDUCATION SURVEY

# Grades 6-12: Substance Use



## Smoking and vaping

### Cigarette

Has tried cigarette smoking %   2023-2024	<b>20.9</b>	<b>16.6</b>	<b>16.0</b>
Onset age Number   2023-2024	S	<b>14.0</b>	<b>14.1</b>
Susceptible to smoking %   2023-2024	<b>42.9</b>	<b>33.4</b>	<b>31.0</b>
Daily or occasional smoker %   2023-2024	<b>9.2</b>	<b>7.1</b>	<b>6.6</b>
Daily smoker %   2023-2024	<b>2.2</b>	<b>2.2</b>	<b>2.2</b>
Has a close friend who smokes %   2023-2024	<b>26.7</b>	<b>21.6</b>	<b>20.0</b>

### Vaping

Has tried vaping %   2023-2024	<b>32.1</b>	<b>25.3</b>	<b>24.7</b>
Onset age Number   2023-2024	S	<b>14.0</b>	<b>14.1</b>
Daily or occasional vaper %   2023-2024	<b>22.2</b>	<b>14.5</b>	<b>14.0</b>
Daily vaper %   2023-2024	<b>11.9</b>	<b>6.9</b>	<b>7.1</b>
Has a close friend who vapes %   2023-2024	<b>52.2</b>	<b>40.6</b>	<b>38.0</b>
Exposed to vaping smoke at home %   2023-2024	<b>26.5</b>	<b>17.4</b>	<b>17.3</b>

### Second-hand smoke

Exposed to cigarette smoke in a vehicle, last 7 days %   2023-2024	<b>36.5</b>	<b>20.6</b>	<b>19.6</b>
--------------------------------------------------------------------	-------------	-------------	-------------

	Community Douglas, Saint Marys, Doaktown Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Exposed to cigarette smoke at home %   2023-2024	24.0	14.7	12.9
<b>Alternative tobacco and nicotine products</b>			
Has tried alternative tobacco and nicotine products %   2023-2024	17.5	12.0	12.3
Little cigars or cigarillos %   2023-2024	13.2	8.7	9.3
Cigars %   2023-2024	10.0	5.9	7.0
Roll-your-own cigarettes %   2023-2024	7.6	5.8	5.8
Heated tobacco products %   2023-2024	9.7	5.8	5.8
Smokeless tobacco %   2023-2024	5.8	4.0	4.0
Water pipe to smoke shisha %   2023-2024	8.5	4.8	4.7
Blunt wraps %   2023-2024	7.8	4.8	4.5

## Alcohol and drugs

### Alcohol

Has tried alcohol %   2023-2024	50.6	42.1	43.3
Onset age Number   2018-2019	14.4	14.4	14.5
Regular drinking %   2023-2024	24.1	16.6	17.8
Heavy drinking %   2023-2024	18.9	11.2	12.0
Has a close friend who drinks alcohol %   2023-2024	50.6	40.9	41.0
Onset age - getting drunk Number   2023-2024	S	14.7	14.7

### Cannabis

Has tried cannabis %   2023-2024	24.9	19.9	17.9
Onset age Number   2023-2024	S	14.5	14.5
Has used cannabis, last 12 months %   2023-2024	19.2	16.3	14.3

	Community Douglas, Saint Marys, Doaktown Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Daily cannabis user, last 12 months %   2023-2024	5.8	4.3	3.8
Has a close friend who uses cannabis %   2023-2024	41.3	30.0	26.2
Exposed to cannabis smoke at home %   2023-2024	21.9	14.2	11.8

## Drugs

Has used drugs, last 12 months (excluding tobacco, alcohol and cannabis) to get high %   2022-2023	31.7	29.1	29.4
LSD and other hallucinogens %   2022-2023	8.7	5.0	4.6
Pain relievers %   2022-2023	9.7	7.3	5.8
Amphetamines %   2022-2023	5.3	2.4	2.4
Ecstasy, MDMA %   2022-2023	4.3	2.4	2.3
Cocaine %   2022-2023	6.7	3.1	2.9
Cough and cold medicines %   2022-2023	27.9	23.8	24.5
Stimulants %   2022-2023	5.6	3.8	3.7
Sedatives / tranquilizers %   2022-2023	5.2	2.8	2.7
Methamphetamines / Crystal methamphetamine %   2022-2023	5.6	2.4	2.1
Glue or solvents %   2022-2023	5.5	2.7	2.2
Heroin %   2022-2023	5.0	2.1	1.8
Other %   2022-2023	10.1	6.2	5.6

## Safety

Driver of an off-road vehicle - under the influence of alcohol or drugs, last 12 months %   2022-2023	23.6	12.3	11.5
Passenger in an on-road vehicle - driven by someone under the influence of alcohol or drugs, last 12 months %   2022-2023	27.9	18.3	17.3

## About this Table

### Content and description

This table presents data collected from students in grades 6 to 12 through the New Brunswick Student Wellness and Education Survey (SWES). It contains self-reported information regarding the use of substances among New Brunswick students in grades 6 to 12. Substances include cigarettes, electronic cigarettes, alcohol, cannabis, and other drugs. The questionnaire comprises modules, which means that certain questions are asked every other cycle.

### Why it is important

Only when we understand who our students are and what their needs are can we better plan for services and allocate resources to meet their health and educational needs.

### Availability of the data

The information in this data table is available by school district, school sector and overall New Brunswick, by the seven (7) New Brunswick health zones and 33 communities created by the NBHC, as well as by demographic groups. More information is available on our [New Brunswick Student Wellness and Education Survey](#) page.

### Note about demographic groups:

In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

---

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size