STUDENT WELLNESS AND EDUCATION SURVEY
Grades 6-12: Substance Use

Zone 5
Restigouche Area

Province
New Brunswick

Smoking and vaping

Cigarette

	Zone 5	Province
Has tried cigarette smoking %	2023-2024	20.6	16.0
Onset age Number	2023-2024	13.6	14.1
Susceptible to smoking %	2023-2024	30.0	31.0
Daily or occasional smoker %	2023-2024	9.0	6.6
Daily smoker %	2023-2024	4.3	2.2
Has a close friend who smokes %	2023-2024	28.7	20.0

Vaping

	Zone 5	Province
Has tried vaping %	2023-2024	30.9	24.7
Onset age Number	2023-2024	13.9	14.1
Daily or occasional vaper %	2023-2024	17.4	14.0
Daily vaper %	2023-2024	10.0	7.1
Has a close friend who vapes %	2023-2024	42.7	38.0
Exposed to vaping smoke at home %	2023-2024	19.0	17.3

Second-hand smoke

	Zone 5	Province
Exposed to cigarette smoke in a vehicle, last 7 days %	2023-2024	28.3	19.6
Exposed to cigarette smoke at home %	2023-2024	15.9	12.9

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	Zone 5 Restigouche Area	Province New Brunswick
Alternative tobacco and nicotine products		
Has tried alternative tobacco and nicotine products % | 2023-2024	**15.4**	**12.3**
Little cigars or cigarillos % | 2023-2024	**14.1**	**9.3**
Cigars % | 2023-2024	**10.5**	**7.0**
Roll-your-own cigarettes % | 2023-2024	**7.4**	**5.8**
Heated tobacco products % | 2023-2024	**7.1**	**5.8**
Smokeless tobacco % | 2023-2024	**4.9**	**4.0**
Water pipe to smoke shisha % | 2023-2024	**6.9**	**4.7**
Blunt wraps % | 2023-2024	**5.4**	**4.5**

Alcohol and drugs

Alcohol		
Has tried alcohol % | 2023-2024	**51.2**	**43.3**
Onset age Number | 2023-2024	**13.6**	**14.1**
Regular drinking % | 2023-2024	**21.6**	**17.8**
Heavy drinking % | 2023-2024	**15.3**	**12.0**
Has a close friend who drinks alcohol % | 2023-2024	**47.4**	**41.0**
Onset age - getting drunk Number | 2023-2024	**14.3**	**14.7**
Cannabis		
Has tried cannabis % | 2023-2024	**23.2**	**17.9**
Onset age Number | 2023-2024	**13.9**	**14.5**
Has used cannabis, last 12 months % | 2023-2024	**17.1**	**14.3**
Daily cannabis user, last 12 months % | 2023-2024	**6.7**	**3.8**
Has a close friend who uses cannabis % | 2023-2024	**32.6**	**26.2**

	Zone 5 Restigouche Area	Province New Brunswick
Exposed to cannabis smoke at home % | 2023-2024	14.1	11.8

Drugs

	Zone 5 Restigouche Area	Province New Brunswick
Has used drugs, last 12 months (excluding tobacco, alcohol and cannabis) to get high % | 2022-2023	28.8	29.4
LSD and other hallucinogens % | 2022-2023	3.5	4.6
Pain relievers % | 2022-2023	4.4	5.8
Amphetamines % | 2022-2023	2.0	2.4
Ecstasy, MDMA % | 2022-2023	1.9	2.3
Cocaine % | 2022-2023	2.6	2.9
Cough and cold medicines % | 2022-2023	24.5	24.5
Stimulants % | 2022-2023	3.7	3.7
Sedatives / tranquillizers % | 2022-2023	2.6	2.7
Methamphetamines / Crystal methamphetamine % | 2022-2023	1.8	2.1
Glue or solvents % | 2022-2023	2.6	2.2
Heroin % | 2022-2023	1.7	1.8
Other % | 2022-2023	5.4	5.6

Safety

	Zone 5 Restigouche Area	Province New Brunswick
Driver of an off-road vehicle - under the influence of alcohol or drugs, last 12 months % | 2022-2023	15.5	11.5
Passenger in an on-road vehicle - driven by someone under the influence of alcohol or drugs, last 12 months % | 2022-2023	22.0	17.3

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About this Table

Content and description
This table presents data collected from students in grades 6 to 12 through the New Brunswick Student Wellness and Education Survey (SWES). It contains self-reported information regarding the use of substances among New Brunswick students in grades 6 to 12. Substances include cigarettes, electronic cigarettes, alcohol, cannabis, and other drugs. The questionnaire comprises modules, which means that certain questions are asked every other cycle.

Why it is important
Only when we understand who our students are and what their needs are can we better plan for services and allocate resources to meet their health and educational needs.

Availability of the data
The information in this data table is available by school district, school sector and overall New Brunswick,by the seven (7) New Brunswick health zones and 33 communities created by the NBHC, as well as by demographic groups. More information is available on our New Brunswick Student Wellness and Education Survey page.

Note about demographic groups:
In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

🚩 Above-average performance

🚩 Below-average performance