

STUDENT WELLNESS AND EDUCATION SURVEY

Grades 6-12: School and Community



Zone 3
Fredericton and
River Valley Area



Province
New Brunswick

School engagement

School connectedness

A sense of school connectedness can support students in making healthy choices. Below are students reporting “Strongly agree” or “Agree” with the scale items.

High level of school connectedness % 2024-2025	84.8	86.8
I feel close to people at my school % 2024-2025	71.8	72.8
I feel I am part of my school % 2024-2025	69.1	72.4
I am happy to be at my school % 2024-2025	60.8	65.0
I feel the teachers at my school treat me fairly % 2024-2025	80.3	81.8
I feel safe in my school % 2024-2025	72.2	76.0

Activities inside school

Participates in activities or groups inside school % 2024-2025	63.0	61.1
Sports team % 2024-2025	39.6	38.0
Individual sport % 2024-2025	12.2	11.2
Arts group % 2024-2025	13.1	12.7
STEM - science, technology, engineering, and mathematics % 2024-2025	6.2	5.0
Religious / spiritual group % 2024-2025	7.6	6.0
Student club or group % 2024-2025	11.0	9.1

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Other activity or group % | 2024-2025

13.1

12.9

Learning

Learning needs are met at school, agree or strongly agree % | 2024-2025

74.8

76.2

Reads for fun every day % | 2024-2025

56.0

55.4

Student values

Below are students reporting "Very important" or "Important."

Getting good grades % | 2023-2024

91.2

91.9

Making friends % | 2023-2024

81.3

82.2

Getting to class on time % | 2023-2024

79.4

82.4

Learning new things % | 2023-2024

90.1

90.3

Sharing their opinion in class % | 2023-2024

58.5

59.4

Getting involved in student groups % | 2023-2024

40.7

41.3

Learning about their culture/heritage % | 2023-2024

67.1

66.4

Community engagement

Sense of community belonging

Below the average score are students reporting "Strongly agree" or "Agree" with the scale items.

Average score of community belonging (scale from 5-25) Number | 2023-2024

18.0

18.1

People say 'hello' and stop to talk to each other % | 2023-2024

53.5

53.7

It is safe for children to play outside % | 2023-2024

71.6

71.3

You can trust people around here % | 2023-2024

52.3

53.2

There are good places to spend your free time % | 2023-2024

59.5

60.5

I could ask for help from neighbours % | 2023-2024

65.8

65.6

Most people here would try to take advantage of you % | 2023-2024

23.8

25.5

Activities outside school

	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Participates in activities or groups outside school % 2024-2025	64.9	64.6
Sports team % 2024-2025	40.6	39.7
Individual sport % 2024-2025	17.9	16.7
Arts group % 2024-2025	11.4	11.4
STEM - science, technology, engineering, and mathematics % 2024-2025	3.9	3.1
Religious / spiritual group % 2024-2025	13.2	10.8
Community group % 2024-2025	5.0	4.1
Other activity or group % 2024-2025	10.8	11.0

Volunteering

Participates in volunteer activities, last 12 months % 2024-2025	61.9	59.1
Supporting a cause % 2024-2025	21.6	19.9
Fundraising for charity % 2024-2025	22.8	20.5
Helping in my community % 2024-2025	30.9	27.5
Helping neighbours or relatives % 2024-2025	44.7	41.5
Another organized volunteer activity % 2024-2025	29.2	28.9

About this Table

Content and description

This table presents data collected from students in grades 6 to 12 through the New Brunswick Student Wellness and Education Survey (SWES). It contains self-reported information regarding demographic characteristics, social and emotional development, healthy lifestyles, and school.

The questionnaire comprises modules, which means that certain questions are asked every other cycle.

Why it is important

Only when we understand who our students are and what their needs are can we better plan for services and allocate resources to meet their health and educational needs.

Availability of the data

The information in this data table is available by school district, school sector and overall New Brunswick, by the seven (7) New Brunswick health zones and 33 communities created by the NBHC, as well as by demographic groups. More information is available on our [New Brunswick Student Wellness and Education Survey](#) page.

Note about demographic groups:

In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance