

# STUDENT WELLNESS AND EDUCATION SURVEY

## Grades 6-12: School and Community



**Zone 5**  
Restigouche Area



**Province**  
New Brunswick

### School engagement

#### School connectedness

A sense of school connectedness can support students in making healthy choices. Below are students reporting “Strongly agree” or “Agree.”

High level of school connectedness %   2023-2024	85.9	86.6
I feel close to people at my school %   2023-2024	70.1	74.7
I feel I am part of my school %   2023-2024	71.6	72.3
I am happy to be at my school %   2023-2024	65.8	67.3
I feel the teachers at my school treat me fairly %   2023-2024	80.4	80.8
I feel safe in my school %   2023-2024	76.1	75.0

#### Activities inside school

Participates in activities or groups inside school %   2023-2024	64.1	62.1
Sports team %   2023-2024	42.1	38.8
Individual sport %   2023-2024	8.9	11.7
Arts group %   2023-2024	11.2	12.4
STEM - science, technology, engineering, and mathematics %   2023-2024	4.6	4.8
Religious / spiritual group %   2023-2024	3.2	5.0
Student club or group %   2023-2024	9.6	10.1
Other activity or group %   2023-2024	13.1	13.0

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## Learning

Learning needs are met at school, agree or strongly agree %   2023-2024	76.8	80.4
Reads for fun every day %   2022-2023	43.0	52.2

## Student values

Students reporting "Very important" or "Important"

Getting good grades %   2023-2024	91.0	91.9
Making friends %   2023-2024	79.3	82.2
Getting to class on time %   2023-2024	79.4	82.4
Learning new things %   2023-2024	87.9	90.3
Expressing their opinion in class %   2023-2024	58.6	59.4
Getting involved in student groups %   2023-2024	41.7	41.3
Learning about their culture/heritage %   2023-2024	65.8	66.4

## Community engagement

### Sense of community belonging

Students reporting "Strongly agree" or "Agree"

Average score of community belonging (scale from 5-25) Number   2023-2024	17.3	18.1
People say 'hello' and stop to talk to each other %   2023-2024	48.0	53.7
It is safe for children to play outside %   2023-2024	65.2	71.3
You can trust people around here %   2023-2024	45.4	53.2
There are good places to spend your free time %   2023-2024	53.9	60.5
I could ask for help from neighbours %   2023-2024	59.3	65.6
Most people here would try to take advantage of you %   2023-2024	32.7	25.5

### Activities outside school

Participates in activities or groups outside school %   2023-2024	61.5	64.8
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	<b>Zone 5 Restigouche Area</b>	<b>Province New Brunswick</b>
Sports team %   2023-2024	<b>36.4</b>	<b>39.2</b>
Individual sport %   2023-2024	<b>13.9</b>	<b>17.3</b>
Arts group %   2023-2024	<b>12.7</b>	<b>11.7</b>
STEM - science, technology, engineering, and mathematics %   2023-2024	<b>3.1</b>	<b>3.0</b>
Religious / spiritual group %   2023-2024	<b>4.4</b>	<b>9.8</b>
Community group %   2023-2024	<b>2.8</b>	<b>4.0</b>
Other activity or group %   2023-2024	<b>11.4</b>	<b>10.9</b>

### Volunteering

Participates in volunteer activities, last 12 months %   2023-2024	<b>58.5</b>	<b>62.0</b>
Supporting a cause %   2023-2024	<b>14.5</b>	<b>21.8</b>
Fundraising for charity %   2023-2024	<b>14.4</b>	<b>21.4</b>
Helping in my community %   2023-2024	<b>24.1</b>	<b>28.4</b>
Helping neighbours or relatives %   2023-2024	<b>43.4</b>	<b>45.8</b>
Another organized volunteer activity %   2023-2024	<b>26.1</b>	<b>28.3</b>

## About this Table

**Content and description**

This table presents data collected from students in grades 6 to 12 through the New Brunswick Student Wellness and Education Survey (SWES). It contains self-reported information regarding demographic characteristics, social and emotional development, healthy lifestyles, and school.

The questionnaire comprises modules, which means that certain questions are asked every other cycle.

**Why it is important**

Only when we understand who our students are and what their needs are can we better plan for services and allocate resources to meet their health and educational needs.

**Availability of the data**

The information in this data table is available by school district, school sector and overall New Brunswick, by the seven (7) New Brunswick health zones and 33 communities created by the NBHC, as well as by demographic groups. More information is available on our [New Brunswick Student Wellness and Education Survey](#) page.

**Note about demographic groups:**

In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

**Caption**

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance