

STUDENT WELLNESS AND EDUCATION SURVEY

Grades 6-12: School and Community



Zone 5
Restigouche Area



Province
New Brunswick

School engagement

School connectedness

A sense of school connectedness can support students in making healthy choices. Below are students reporting “Strongly agree” or “Agree” with the scale items.

High level of school connectedness % 2024-2025	84.1	86.8
I feel close to people at my school % 2024-2025	67.5	72.8
I feel I am part of my school % 2024-2025	70.2	72.4
I am happy to be at my school % 2024-2025	61.1	65.0
I feel the teachers at my school treat me fairly % 2024-2025	79.3	81.8
I feel safe in my school % 2024-2025	76.9	76.0

Activities inside school

Participates in activities or groups inside school % 2024-2025	61.3	61.1
Sports team % 2024-2025	40.3	38.0
Individual sport % 2024-2025	8.7	11.2
Arts group % 2024-2025	10.7	12.7
STEM - science, technology, engineering, and mathematics % 2024-2025	3.8	5.0
Religious / spiritual group % 2024-2025	2.6	6.0
Student club or group % 2024-2025	6.3	9.1
Other activity or group % 2024-2025	13.6	12.9

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Learning

Learning needs are met at school, agree or strongly agree % 2024-2025	73.8	76.2
Reads for fun every day % 2024-2025	43.5	55.4

Student values

Below are students reporting “Very important” or “Important.”

Getting good grades % 2023-2024	91.0	91.9
Making friends % 2023-2024	79.3	82.2
Getting to class on time % 2023-2024	79.4	82.4
Learning new things % 2023-2024	87.9	90.3
Sharing their opinion in class % 2023-2024	58.6	59.4
Getting involved in student groups % 2023-2024	41.7	41.3
Learning about their culture/heritage % 2023-2024	65.8	66.4

Community engagement

Sense of community belonging

Below the average score are students reporting “Strongly agree” or “Agree” with the scale items.

Average score of community belonging (scale from 5-25) Number 2023-2024	17.3	18.1
People say ‘hello’ and stop to talk to each other % 2023-2024	48.0	53.7
It is safe for children to play outside % 2023-2024	65.2	71.3
You can trust people around here % 2023-2024	45.4	53.2
There are good places to spend your free time % 2023-2024	53.9	60.5
I could ask for help from neighbours % 2023-2024	59.3	65.6
Most people here would try to take advantage of you % 2023-2024	32.7	25.5

Activities outside school

Participates in activities or groups outside school % 2024-2025	62.8	64.6
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	Zone 5 Restigouche Area	Province New Brunswick
Sports team % 2024-2025	36.6	39.7
Individual sport % 2024-2025	13.5	16.7
Arts group % 2024-2025	11.6	11.4
STEM - science, technology, engineering, and mathematics % 2024-2025	2.3	3.1
Religious / spiritual group % 2024-2025	4.6	10.8
Community group % 2024-2025	2.7	4.1
Other activity or group % 2024-2025	12.8	11.0

Volunteering

Participates in volunteer activities, last 12 months % 2024-2025	51.8	59.1
Supporting a cause % 2024-2025	13.1	19.9
Fundraising for charity % 2024-2025	12.5	20.5
Helping in my community % 2024-2025	19.8	27.5
Helping neighbours or relatives % 2024-2025	37.4	41.5
Another organized volunteer activity % 2024-2025	26.2	28.9

About this Table

Content and description

This table presents data collected from students in grades 6 to 12 through the New Brunswick Student Wellness and Education Survey (SWES). It contains self-reported information regarding demographic characteristics, social and emotional development, healthy lifestyles, and school.

The questionnaire comprises modules, which means that certain questions are asked every other cycle.

Why it is important

Only when we understand who our students are and what their needs are can we better plan for services and allocate resources to meet their health and educational needs.

Availability of the data

The information in this data table is available by school district, school sector and overall New Brunswick, by the seven (7) New Brunswick health zones and 33 communities created by the NBHC, as well as by demographic groups. More information is available on our [New Brunswick Student Wellness and Education Survey](#) page.

Note about demographic groups:

In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance