

STUDENT WELLNESS AND EDUCATION SURVEY

Grades 6-12: School and Community



Zone 5
Restigouche Area



Province
New Brunswick

School engagement

School connectedness

A sense of school connectedness can support students in making healthy choices. Below are students reporting “Strongly agree” or “Agree” with the scale items.

| | | |
|--|------|------|
| High level of school connectedness % 2024-2025 | 84.1 | 86.8 |
| I feel close to people at my school % 2024-2025 | 67.5 | 72.8 |
| I feel I am part of my school % 2024-2025 | 70.2 | 72.4 |
| I am happy to be at my school % 2024-2025 | 61.1 | 65.0 |
| I feel the teachers at my school treat me fairly % 2024-2025 | 79.3 | 81.8 |
| I feel safe in my school % 2024-2025 | 76.9 | 76.0 |

Activities inside school

| | | |
|--|------|------|
| Participates in activities or groups inside school % 2024-2025 | 61.3 | 61.1 |
| Sports team % 2024-2025 | 40.3 | 38.0 |
| Individual sport % 2024-2025 | 8.7 | 11.2 |
| Arts group % 2024-2025 | 10.7 | 12.7 |
| STEM - science, technology, engineering, and mathematics % 2024-2025 | 3.8 | 5.0 |
| Religious / spiritual group % 2024-2025 | 2.6 | 6.0 |
| Student club or group % 2024-2025 | 6.3 | 9.1 |
| Other activity or group % 2024-2025 | 13.6 | 12.9 |

| | |
|------------------|-----------------|
| Zone 5 | Province |
| Restigouche Area | New Brunswick |

Learning

| | | |
|---|------|------|
| Learning needs are met at school, agree or strongly agree % 2024-2025 | 73.8 | 76.2 |
| Reads for fun every day % 2024-2025 | 43.5 | 55.4 |

Student values

Below are students reporting “Very important” or “Important.”

| | | |
|---|------|------|
| Getting good grades % 2023-2024 | 91.0 | 91.9 |
| Making friends % 2023-2024 | 79.3 | 82.2 |
| Getting to class on time % 2023-2024 | 79.4 | 82.4 |
| Learning new things % 2023-2024 | 87.9 | 90.3 |
| Sharing their opinion in class % 2023-2024 | 58.6 | 59.4 |
| Getting involved in student groups % 2023-2024 | 41.7 | 41.3 |
| Learning about their culture/heritage % 2023-2024 | 65.8 | 66.4 |

Community engagement

Sense of community belonging

Below the average score are students reporting “Strongly agree” or “Agree” with the scale items.

| | | |
|---|------|------|
| Average score of community belonging (scale from 5-25) Number 2023-2024 | 17.3 | 18.1 |
| People say ‘hello’ and stop to talk to each other % 2023-2024 | 48.0 | 53.7 |
| It is safe for children to play outside % 2023-2024 | 65.2 | 71.3 |
| You can trust people around here % 2023-2024 | 45.4 | 53.2 |
| There are good places to spend your free time % 2023-2024 | 53.9 | 60.5 |
| I could ask for help from neighbours % 2023-2024 | 59.3 | 65.6 |
| Most people here would try to take advantage of you % 2023-2024 | 32.7 | 25.5 |

Activities outside school

| | | |
|---|------|------|
| Participates in activities or groups outside school % 2024-2025 | 62.8 | 64.6 |
|---|------|------|

| | Zone 5 Restigouche Area | Province New Brunswick |
|--|-----------------------------------|----------------------------------|
| Sports team % 2024-2025 | 36.6 | 39.7 |
| Individual sport % 2024-2025 | 13.5 | 16.7 |
| Arts group % 2024-2025 | 11.6 | 11.4 |
| STEM - science, technology, engineering, and mathematics % 2024-2025 | 2.3 | 3.1 |
| Religious / spiritual group % 2024-2025 | 4.6 | 10.8 |
| Community group % 2024-2025 | 2.7 | 4.1 |
| Other activity or group % 2024-2025 | 12.8 | 11.0 |

Volunteering

| | | |
|--|-------------|-------------|
| Participates in volunteer activities, last 12 months % 2024-2025 | 51.8 | 59.1 |
| Supporting a cause % 2024-2025 | 13.1 | 19.9 |
| Fundraising for charity % 2024-2025 | 12.5 | 20.5 |
| Helping in my community % 2024-2025 | 19.8 | 27.5 |
| Helping neighbours or relatives % 2024-2025 | 37.4 | 41.5 |
| Another organized volunteer activity % 2024-2025 | 26.2 | 28.9 |

About this Table

Content and description

This table presents data collected from students in grades 6 to 12 through the New Brunswick Student Wellness and Education Survey (SWES). It contains self-reported information regarding demographic characteristics, social and emotional development, healthy lifestyles, and school.

The questionnaire comprises modules, which means that certain questions are asked every other cycle.

Why it is important

Only when we understand who our students are and what their needs are can we better plan for services and allocate resources to meet their health and educational needs.

Availability of the data

The information in this data table is available by school district, school sector and overall New Brunswick, by the seven (7) New Brunswick health zones and 33 communities created by the NBHC, as well as by demographic groups. More information is available on our [New Brunswick Student Wellness and Education Survey](#) page.

Note about demographic groups:

In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance