

HOME CARE SURVEY

Profile of patients


Community
Salisbury and
Petitcodiac

Zone 1
Moncton and
South-East Area

Province
New Brunswick

Citizens receiving publicly funded home care services (Extra-Mural Program or home support services, or both)

★ Quality of life

Perceived health, very good or excellent % 2021	8.8	9.1	7.8
Perceived mental health, very good or excellent % 2021	23.8	21.8	20.4
COVID-19 had a negative impact on mental health % 2021	52.7	57.2	56.7

🧑 Prevalence of chronic health conditions (physical health)

Arthritis % 2021	45.2	40.9	44.8
Asthma % 2021	17.3	18.2	17.8
Chronic pain % 2021	23.7	29.5	31.0
Emphysema/COPD % 2021	17.5	14.4	17.5
Cancer % 2021	13.9	25.1	23.6
Diabetes % 2021	41.2	33.2	31.6
Heart disease % 2021	38.6	28.4	30.8
Stroke % 2018	12.6	10.9	12.6
High blood pressure % 2021	50.4	50.4	52.9
Gastric reflux % 2021	18.3	23.7	24.5
High cholesterol % 2021	32.8	27.3	28.4

Community Salisbury and Petitcodiac	Zone 1 Moncton and South-East Area	Province New Brunswick
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Prevalence of chronic health conditions (mental health)

Depression % 2021	16.4	24.3	22.7
Anxiety % 2021	16.5	23.6	23.9
Mood disorder (other than depression) % 2018	0.0	4.0	4.7

Prevalence of chronic health conditions (memory)

Alzheimer's disease or another form of dementia % 2021	10.6	5.6	7.1
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Management of chronic health conditions

Confidence in managing their health condition, very confident % 2021	20.4	14.7	13.9
COVID-19 had a negative impact on ability to manage their health condition % 2021	37.9	41.9	42.4

Care received from family and friends in the last 2 months

Lives alone % 2021	33.8	36.6	39.2
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	73.6	62.0	62.4

Family caregivers who have helped the most

A friend % 2021	21.1	17.6	16.1
Grandson or granddaughter % 2021	S	7.2	8.1
Husband, wife or common-law partner % 2021	44.0	43.1	41.5
Mother or father % 2015	0.0	6.5	6.4
Son or daughter % 2021	58.0	49.0	51.1
Volunteer % 2021	0.0	2.5	1.7
Another family member (other than the ones previously listed) % 2021	11.9	17.4	16.5

Frequency of help received from family caregivers

Every day % 2021	69.8	57.5	59.0
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	Community Salisbury and Petitcodiac	Zone 1 Moncton and South-East Area	Province New Brunswick
A few times a week % 2021	15.2	23.3	22.7
Once a week % 2021	13.0	11.0	9.5
2 or 3 times a month % 2021	S	8.8	8.6
Once a month % 2021	0.0	2.4	2.8
Only once in the last 2 months % 2015	0.0	1.6	2.0

Clients receiving home support services (housekeeping, meal preparation, ...)

★ Quality of life

Perceived health, very good or excellent % 2021	S	7.1	6.7
Perceived mental health, very good or excellent % 2021	S	17.4	16.2
COVID-19 had a negative impact on mental health % 2021	S	63.9	61.1

Prevalence of chronic health conditions (physical health)

Arthritis % 2021	S	46.6	52.9
Asthma % 2021	S	21.5	20.6
Chronic pain % 2021	S	34.0	38.4
Emphysema/COPD % 2021	S	14.6	16.4
Cancer % 2021	S	15.2	16.8
Diabetes % 2021	S	31.4	32.7
Heart disease % 2021	S	26.2	30.6
Stroke % 2021	S	13.5	14.3
High blood pressure % 2021	S	51.5	56.4
Gastric reflux % 2021	S	27.7	28.9
High cholesterol % 2021	S	26.5	29.9

Community Salisbury and Petitcodiac	Zone 1 Moncton and South-East Area	Province New Brunswick
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Prevalence of chronic health conditions (mental health)

Depression % 2021	S	34.6	30.9
Anxiety % 2021	S	31.6	31.0
Mood disorder (other than depression) % 2021	S	8.6	8.2

Prevalence of chronic health conditions (memory)

Alzheimer's disease or another form of dementia % 2021	S	8.3	9.9
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Management of chronic health conditions

Confidence in managing their health condition, very confident % 2021	S	10.0	11.8
COVID-19 had a negative impact on ability to manage their health condition % 2021	S	48.6	46.8

Care received from family and friends in the last 2 months

Lives alone % 2021	S	56.9	58.9
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	S	57.6	56.1

Family caregivers who have helped the most

A friend % 2021	S	17.8	16.2
Grandson or granddaughter % 2021	S	8.7	9.7
Husband, wife or common-law partner % 2021	S	18.5	17.5
Mother or father % 2021	S	11.4	9.9
Son or daughter % 2021	S	58.4	59.3
Volunteer % 2021	S	3.4	2.4
Another family member (other than the ones previously listed) % 2021	S	19.6	19.9

Frequency of help received from family caregivers

Every day % 2021	S	42.6	45.7
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	Community Salisbury and Petitcodiac	Zone 1 Moncton and South-East Area	Province New Brunswick
A few times a week % 2021	S	27.8	26.2
Once a week % 2021	S	16.0	11.8
2 or 3 times a month % 2021	S	10.7	11.4
Once a month % 2021	S	2.3	4.0
Only once in the last 2 months % 2021	S	S	2.1

Patients receiving services from the Extra-Mural Program (nursing, physiotherapy, ...)

★ Quality of life

Perceived health, very good or excellent % 2021	S	9.4	7.9
Perceived mental health, very good or excellent % 2021	24.0	23.0	22.1
COVID-19 had a negative impact on mental health % 2021	49.8	54.1	54.3

Prevalence of chronic health conditions (physical health)

Arthritis % 2021	41.6	39.4	42.1
Asthma % 2021	14.4	17.1	16.9
Chronic pain % 2021	21.1	28.0	28.5
Emphysema/COPD % 2021	17.8	15.8	19.0
Cancer % 2021	13.6	28.2	26.4
Diabetes % 2021	38.2	34.1	31.4
Heart disease % 2021	38.9	30.4	31.9
Stroke % 2012	19.9	12.4	15.5
High blood pressure % 2021	47.9	51.0	51.8
Gastric reflux % 2021	12.8	22.3	22.8
High cholesterol % 2021	27.2	27.1	27.0

Community Salisbury and Petitcodiac	Zone 1 Moncton and South-East Area	Province New Brunswick
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Prevalence of chronic health conditions (mental health)

Depression % 2021	15.1	21.0	18.8
Anxiety % 2021	11.8	20.8	20.7
Mood disorder (other than depression) % 2021	0.0	2.8	2.6

Prevalence of chronic health conditions (memory)

Alzheimer's disease or another form of dementia % 2021	11.7	4.8	6.4
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Management of chronic health conditions

Confidence in managing their health condition, very confident % 2021	21.2	15.6	14.3
COVID-19 had a negative impact on ability to manage their health condition % 2021	33.5	38.0	40.0

Care received from family and friends in the last 2 months

Lives alone % 2021	31.4	29.4	30.3
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	69.6	63.8	66.4

Family caregivers who have helped the most

A friend % 2021	19.2	17.1	16.0
Grandson or granddaughter % 2021	S	6.3	7.8
Husband, wife or common-law partner % 2021	57.8	50.8	49.0
Mother or father % 2015	0.0	6.6	5.7
Son or daughter % 2021	56.4	47.2	49.8
Volunteer % 2021	0.0	2.1	1.5
Another family member (other than the ones previously listed) % 2021	S	16.6	15.7

Frequency of help received from family caregivers

Every day % 2021	75.9	62.7	64.7
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	Community Salisbury and Petitcodiac	Zone 1 Moncton and South-East Area	Province New Brunswick
A few times a week % 2021	S	21.2	21.0
Once a week % 2021	S	9.8	8.6
2 or 3 times a month % 2021	S	8.0	7.3
Once a month % 2021	0.0	2.2	2.1
Only once in the last 2 months % 2021	S	0.8	1.2

About this Table

Content and description

Data about the demographics of citizens receiving home care services in New Brunswick. Topics include self-reported health, chronic health conditions, and care received from family and friends.

Data is organized by 3 categories: (1) all citizens receiving home care services whose costs are being entirely or partially covered by public funds, (2) patients receiving services from the Extra-Mural Program, and (3) clients receiving home support services.

Why it is important

By better understanding the demographic context of citizens receiving home care services in New Brunswick, we can better understand their characteristics and needs, thus provide more citizen-centred care.

Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on our [Home Care Survey page](#).

Note about 2021 data

Results from the 2021 edition of the Home Care Survey should be interpreted in the context of the COVID-19 pandemic. Since March 2020, our health care system has adapted and evolved to respond to COVID-19, which includes home care services providers.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance