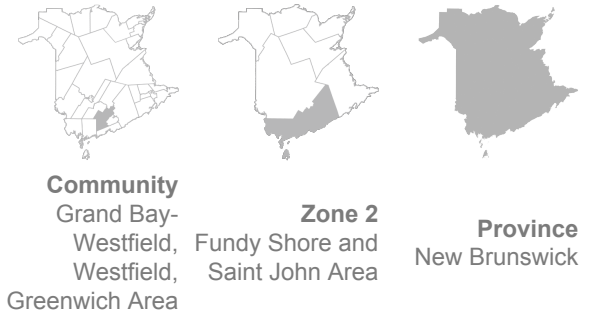


# HOME CARE SURVEY

## Profile of patients








### Citizens receiving publicly funded home care services (Extra-Mural Program or home support services, or both)

#### ★ Quality of life

|  |      |      |      |
|--|------|------|------|
| Perceived health, very good or excellent %   2021        | 13.9 | 7.3  | 7.8  |
| Perceived mental health, very good or excellent %   2021 | 21.2 | 20.3 | 20.4 |
| COVID-19 had a negative impact on mental health %   2021 | 57.1 | 58.8 | 56.7 |

#### 👤 Prevalence of chronic health conditions (physical health)

|                              |      |      |      |
|------------------------------|------|------|------|
| Arthritis %   2021           | 46.0 | 46.0 | 44.8 |
| Asthma %   2021              | 12.2 | 15.5 | 17.8 |
| Chronic pain %   2021        | 16.1 | 31.0 | 31.0 |
| Emphysema/COPD %   2021      | 22.5 | 20.6 | 17.5 |
| Cancer %   2021              | 18.4 | 22.9 | 23.6 |
| Diabetes %   2021            | 22.1 | 32.4 | 31.6 |
| Heart disease %   2021       | 28.4 | 31.9 | 30.8 |
| Stroke %   2021              | 14.8 | 13.2 | 12.4 |
| High blood pressure %   2021 | 56.7 | 52.8 | 52.9 |
| Gastric reflux %   2021      | 11.0 | 24.5 | 24.5 |

|   | Community<br>Grand Bay-<br>Westfield,<br>Westfield,<br>Greenwich Area | Zone 2<br>Fundy Shore and<br>Saint John Area | Province<br>New Brunswick |
|---|---|--|---------------------------|
| High cholesterol %   2021   | 27.4  | 28.3   | 28.4                      |
|  <b>Prevalence of chronic health conditions (mental health)</b>      |   |  |                           |
| Depression %   2021   | 23.3  | 23.2   | 22.7                      |
| Anxiety %   2021  | 24.1  | 21.2   | 23.9                      |
| Mood disorder (other than depression) %   2018  | 0.0   | 4.0  | 4.7                       |
|  <b>Prevalence of chronic health conditions (memory)</b>             |   |  |                           |
| Alzheimer's disease or another form of dementia %   2021  | 8.8   | 7.6  | 7.1                       |
|  <b>Management of chronic health conditions</b>                      |   |  |                           |
| Confidence in managing their health condition, very confident %   2021  | 17.5  | 14.3   | 13.9                      |
| COVID-19 had a negative impact on ability to manage their health condition %   2021   | 33.7  | 40.2   | 42.4                      |
|  <b>Care received from family and friends in the last 2 months</b> |   |  |                           |
| Lives alone %   2021  | 32.8  | 42.0   | 39.2                      |
| A friend, family member or volunteer helped them with their home care in the last 2 months %   2021   | 61.8  | 63.6   | 62.4                      |
|  <b>Family caregivers who have helped the most</b>                 |   |  |                           |
| A friend %   2021   | 19.3  | 18.1   | 16.1                      |
| Grandson or granddaughter %   2015  | 0.0   | 1.2  | 1.1                       |
| Husband, wife or common-law partner %   2021  | 42.1  | 40.8   | 41.5                      |
| Mother or father %   2021   | S   | 4.7  | 6.2                       |
| Son or daughter %   2021  | 51.4  | 52.8   | 51.1                      |
| Volunteer %   2021  | 0.0   | 1.3  | 1.7                       |
| Another family member (other than the ones previously listed) %   2021  | S   | 15.2   | 16.5                      |

| Community<br>Grand Bay-<br>Westfield,<br>Westfield,<br>Greenwich Area | Zone 2<br>Fundy Shore and<br>Saint John Area | Province<br>New Brunswick |
|---|--|---------------------------|
|---|--|---------------------------|

### Frequency of help received from family caregivers

|   |      |      |      |
|---|------|------|------|
| Every day %   2021                      | 63.5 | 58.6 | 59.0 |
| A few times a week %   2021             | 22.8 | 23.0 | 22.7 |
| Once a week %   2021                    | 20.4 | 8.7  | 9.5  |
| 2 or 3 times a month %   2021           | S    | 8.1  | 8.6  |
| Once a month %   2018                   | 0.0  | 2.5  | 2.7  |
| Only once in the last 2 months %   2021 | 0.0  | 1.7  | 1.4  |






## Clients receiving home support services (housekeeping, meal preparation, ...)


### ★ Quality of life

|  |   |      |      |
|--|---|------|------|
| Perceived health, very good or excellent %   2021        | S | 7.2  | 6.7  |
| Perceived mental health, very good or excellent %   2021 | S | 16.7 | 16.2 |
| COVID-19 had a negative impact on mental health %   2021 | S | 62.3 | 61.1 |

### Prevalence of chronic health conditions (physical health)

|                         |   |      |      |
|-------------------------|---|------|------|
| Arthritis %   2021      | S | 58.9 | 52.9 |
| Asthma %   2021         | S | 18.7 | 20.6 |
| Chronic pain %   2021   | S | 41.7 | 38.4 |
| Emphysema/COPD %   2021 | S | 20.8 | 16.4 |
| Cancer %   2021         | S | 18.3 | 16.8 |
| Diabetes %   2021       | S | 34.9 | 32.7 |
| Heart disease %   2021  | S | 31.1 | 30.6 |
| Stroke %   2021         | S | 15.1 | 14.3 |

|   | Community<br>Grand Bay-<br>Westfield,<br>Westfield,<br>Greenwich Area | Zone 2<br>Fundy Shore and<br>Saint John Area | Province<br>New Brunswick |
|---|---|--|---------------------------|
| High blood pressure %   2021  | S   | 55.6   | 56.4                      |
| Gastric reflux %   2021   | S   | 28.3   | 28.9                      |
| High cholesterol %   2021   | S   | 28.1   | 29.9                      |
|  <b>Prevalence of chronic health conditions (mental health)</b>      |   |  |                           |
| Depression %   2021   | S   | 31.0   | 30.9                      |
| Anxiety %   2021  | S   | 27.7   | 31.0                      |
| Mood disorder (other than depression) %   2021  | S   | 6.7  | 8.2                       |
|  <b>Prevalence of chronic health conditions (memory)</b>             |   |  |                           |
| Alzheimer's disease or another form of dementia %   2021  | S   | 11.1   | 9.9                       |
|  <b>Management of chronic health conditions</b>                      |   |  |                           |
| Confidence in managing their health condition, very confident %   2021  | S   | 12.7   | 11.8                      |
| COVID-19 had a negative impact on ability to manage their health condition %   2021   | S   | 43.3   | 46.8                      |
|  <b>Care received from family and friends in the last 2 months</b> |   |  |                           |
| Lives alone %   2021  | S   | 64.1   | 58.9                      |
| A friend, family member or volunteer helped them with their home care in the last 2 months %   2021   | S   | 55.8   | 56.1                      |
|  <b>Family caregivers who have helped the most</b>                 |   |  |                           |
| A friend %   2021   | S   | 17.6   | 16.2                      |
| Grandson or granddaughter %   2021  | S   | 12.1   | 9.7                       |
| Husband, wife or common-law partner %   2021  | S   | 16.4   | 17.5                      |
| Mother or father %   2021   | S   | 5.7  | 9.9                       |
| Son or daughter %   2021  | S   | 65.2   | 59.3                      |

|  | Community<br>Grand Bay-<br>Westfield,<br>Westfield,<br>Greenwich Area | Zone 2<br>Fundy Shore and<br>Saint John Area | Province<br>New Brunswick |
|--|---|--|---------------------------|
| Volunteer %   2021   | S   | 3.0  | 2.4                       |
| Another family member (other than the ones previously listed) %   2021   | S   | 19.2   | 19.9                      |
|  <b>Frequency of help received from family caregivers</b> |   |  |                           |
| Every day %   2021   | S   | 43.5   | 45.7                      |
| A few times a week %   2021  | S   | 23.3   | 26.2                      |
| Once a week %   2021   | S   | 10.7   | 11.8                      |
| 2 or 3 times a month %   2021  | S   | 12.4   | 11.4                      |
| Once a month %   2021  | S   | 6.1  | 4.0                       |
| Only once in the last 2 months %   2021  | S   | 3.6  | 2.1                       |





## Patients receiving services from the Extra-Mural Program (nursing, physiotherapy, ...)

### ★ Quality of life

|  |      |      |      |
|--|------|------|------|
| Perceived health, very good or excellent %   2018        | 19.2 | 13.2 | 15.5 |
| Perceived mental health, very good or excellent %   2021 | 18.9 | 21.2 | 22.1 |
| COVID-19 had a negative impact on mental health %   2021 | 44.2 | 57.0 | 54.3 |

### Prevalence of chronic health conditions (physical health)

|                         |      |      |      |
|-------------------------|------|------|------|
| Arthritis %   2021      | 37.0 | 42.2 | 42.1 |
| Asthma %   2021         | 12.6 | 14.4 | 16.9 |
| Chronic pain %   2021   | 18.4 | 27.8 | 28.5 |
| Emphysema/COPD %   2021 | 27.1 | 21.0 | 19.0 |
| Cancer %   2021         | 21.7 | 25.1 | 26.4 |
| Diabetes %   2021       | 21.7 | 32.2 | 31.4 |

|   | Community<br>Grand Bay-<br>Westfield,<br>Westfield,<br>Greenwich Area | Zone 2<br>Fundy Shore and<br>Saint John Area | Province<br>New Brunswick |
|---|---|--|---------------------------|
| Heart disease %   2021  | 25.2  | 33.2   | 31.9                      |
| Stroke %   2018   | 11.2  | 12.0   | 11.9                      |
| High blood pressure %   2021  | 45.5  | 52.0   | 51.8                      |
| Gastric reflux %   2018   | 23.7  | 25.1   | 22.0                      |
| High cholesterol %   2021   | 25.7  | 28.7   | 27.0                      |
| <b> Prevalence of chronic health conditions (mental health)</b>      |   |  |                           |
| Depression %   2021   | 18.4  | 20.6   | 18.8                      |
| Anxiety %   2021  | 18.5  | 19.4   | 20.7                      |
| Mood disorder (other than depression) %   2018  | 0.0   | 3.5  | 2.9                       |
| <b> Prevalence of chronic health conditions (memory)</b>             |   |  |                           |
| Alzheimer's disease or another form of dementia %   2021  | S   | 6.2  | 6.4                       |
| <b> Management of chronic health conditions</b>                    |   |  |                           |
| Confidence in managing their health condition, very confident %   2021  | 14.9  | 14.2   | 14.3                      |
| COVID-19 had a negative impact on ability to manage their health condition %   2021   | 24.7  | 39.2   | 40.0                      |
| <b> Care received from family and friends in the last 2 months</b> |   |  |                           |
| Lives alone %   2021  | 20.6  | 33.3   | 30.3                      |
| A friend, family member or volunteer helped them with their home care in the last 2 months %   2021   | 61.5  | 67.2   | 66.4                      |
| <b> Family caregivers who have helped the most</b>                 |   |  |                           |
| A friend %   2021   | S   | 18.2   | 16.0                      |
| Grandson or granddaughter %   2018  | 0.0   | 4.3  | 4.6                       |
| Husband, wife or common-law partner %   2018  | 61.3  | 45.3   | 49.0                      |

|  | <b>Community</b><br>Grand Bay-<br>Westfield,<br>Westfield,<br>Greenwich Area | <b>Zone 2</b><br>Fundy Shore and<br>Saint John Area | <b>Province</b><br>New Brunswick |
|--|--|---|----------------------------------|
| Mother or father %   2018  | <b>0.0</b>   | <b>2.5</b>  | <b>4.2</b>                       |
| Son or daughter %   2018   | <b>35.9</b>  | <b>38.6</b>   | <b>37.5</b>                      |
| Volunteer %   2018   | <b>0.0</b>   | <b>1.4</b>  | <b>1.8</b>                       |
| Another family member (other than the ones previously listed) %   2021 | S  | <b>13.8</b>   | <b>15.7</b>                      |

### Frequency of help received from family caregivers

|   |             |             |             |
|---|-------------|-------------|-------------|
| Every day %   2018                      | <b>65.1</b> | <b>57.9</b> | <b>59.6</b> |
| A few times a week %   2018             | <b>21.1</b> | <b>19.5</b> | <b>19.2</b> |
| Once a week %   2021                    | S           | <b>7.9</b>  | <b>8.6</b>  |
| 2 or 3 times a month %   2018           | <b>0.0</b>  | <b>5.3</b>  | <b>4.9</b>  |
| Once a month %   2018                   | <b>0.0</b>  | <b>2.2</b>  | <b>2.3</b>  |
| Only once in the last 2 months %   2021 | S           | <b>1.5</b>  | <b>1.2</b>  |

## About this Table

### Content and description

Data about the demographics of citizens receiving home care services in New Brunswick. Topics include self-reported health, chronic health conditions, and care received from family and friends.

Data is organized by 3 categories: (1) all citizens receiving home care services whose costs are being entirely or partially covered by public funds, (2) patients receiving services from the Extra-Mural Program, and (3) clients receiving home support services.

### Why it is important

By better understanding the demographic context of citizens receiving home care services in New Brunswick, we can better understand their characteristics and needs, thus provide more citizen-centred care.

### Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on our [Home Care Survey page](#).

### Note about 2021 data

Results from the 2021 edition of the Home Care Survey should be interpreted in the context of the COVID-19 pandemic. Since March 2020, our health care system has adapted and evolved to respond to COVID-19, which includes home care services providers.

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### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance