

HOME CARE SURVEY Profile of patients



Community
Perth-Andover,
Plaster Rock,
Tobique Area



Zone 3
Fredericton and
River Valley Area



Province
New Brunswick

Citizens receiving publicly funded home care services (Extra-Mural Program or home support services, or both)

★ Quality of life

Perceived health, very good or excellent % 2021	7.2	7.8	7.8
Perceived mental health, very good or excellent % 2021	18.0	19.9	20.4
COVID-19 had a negative impact on mental health % 2021	54.9	55.6	56.7

🧑 Prevalence of chronic health conditions (physical health)

Arthritis % 2021	48.3	45.7	44.8
Asthma % 2021	10.2	19.5	17.8
Chronic pain % 2021	29.7	29.1	31.0
Emphysema/COPD % 2021	22.6	19.2	17.5
Cancer % 2021	27.5	25.8	23.6
Diabetes % 2021	33.4	31.4	31.6
Heart disease % 2021	38.3	33.4	30.8
Stroke % 2021	13.1	12.9	12.4
High blood pressure % 2021	53.2	52.0	52.9
Gastric reflux % 2021	26.5	23.9	24.5

	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
High cholesterol % 2021	29.4	26.7	28.4
 Prevalence of chronic health conditions (mental health)			
Depression % 2021	27.2	21.5	22.7
Anxiety % 2021	23.5	19.7	23.9
Mood disorder (other than depression) % 2021	5.0	3.4	4.7
 Prevalence of chronic health conditions (memory)			
Alzheimer's disease or another form of dementia % 2021	4.3	8.5	7.1
 Management of chronic health conditions			
Confidence in managing their health condition, very confident % 2021	14.2	14.9	13.9
COVID-19 had a negative impact on ability to manage their health condition % 2021	41.3	41.6	42.4
 Care received from family and friends in the last 2 months			
Lives alone % 2021	48.0	36.4	39.2
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	56.9	64.9	62.4
 Family caregivers who have helped the most			
A friend % 2021	17.1	16.3	16.1
Grandson or granddaughter % 2021	11.2	8.9	8.1
Husband, wife or common-law partner % 2021	42.0	45.4	41.5
Mother or father % 2021	S	6.2	6.2
Son or daughter % 2021	49.1	49.5	51.1
Volunteer % 2015	0.0	S	1.0
Another family member (other than the ones previously listed) % 2021	19.0	15.0	16.5
 Frequency of help received from family caregivers			

	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Every day % 2021	63.0	64.0	59.0
A few times a week % 2021	17.6	20.1	22.7
Once a week % 2021	8.7	8.5	9.5
2 or 3 times a month % 2021	13.1	8.6	8.6
Once a month % 2018	0.0	2.7	2.7
Only once in the last 2 months % 2021	S	1.6	1.4

Clients receiving home support services (housekeeping, meal preparation, ...)

★ Quality of life

Perceived health, very good or excellent % 2015	6.4	12.0	9.0
Perceived mental health, very good or excellent % 2021	16.7	16.3	16.2
COVID-19 had a negative impact on mental health % 2021	61.7	59.3	61.1

🧑 Prevalence of chronic health conditions (physical health)

Arthritis % 2021	53.5	54.9	52.9
Asthma % 2021	9.9	21.0	20.6
Chronic pain % 2021	37.6	35.2	38.4
Emphysema/COPD % 2021	19.8	16.5	16.4
Cancer % 2021	21.6	17.6	16.8
Diabetes % 2021	35.8	31.8	32.7
Heart disease % 2021	41.7	34.7	30.6
Stroke % 2021	11.4	16.2	14.3
High blood pressure % 2021	60.3	55.8	56.4
Gastric reflux % 2021	25.9	29.7	28.9

	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
High cholesterol % 2021	25.8	28.1	29.9
 Prevalence of chronic health conditions (mental health)			
Depression % 2021	33.9	30.7	30.9
Anxiety % 2021	31.9	25.3	31.0
Mood disorder (other than depression) % 2021	S	6.0	8.2
 Prevalence of chronic health conditions (memory)			
Alzheimer's disease or another form of dementia % 2018	9.8	12.2	11.7
 Management of chronic health conditions			
Confidence in managing their health condition, very confident % 2021	12.8	15.9	11.8
COVID-19 had a negative impact on ability to manage their health condition % 2021	44.9	43.3	46.8
 Care received from family and friends in the last 2 months			
Lives alone % 2021	69.1	60.0	58.9
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	55.3	59.4	56.1
 Family caregivers who have helped the most			
A friend % 2015	0.0	4.9	5.7
Grandson or granddaughter % 2021	14.3	11.5	9.7
Husband, wife or common-law partner % 2021	17.5	17.7	17.5
Mother or father % 2021	S	10.3	9.9
Son or daughter % 2021	55.2	57.7	59.3
Volunteer % 2015	0.0	S	2.2
Another family member (other than the ones previously listed) % 2021	14.8	18.7	19.9
 Frequency of help received from family caregivers			

	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Every day % 2021	48.3	55.7	45.7
A few times a week % 2021	15.2	22.5	26.2
Once a week % 2018	14.6	9.7	10.5
2 or 3 times a month % 2021	17.1	9.4	11.4
Once a month % 2018	0.0	3.7	3.7
Only once in the last 2 months % 2018	0.0	2.8	2.2

Patients receiving services from the Extra-Mural Program (nursing, physiotherapy, ...)

★ Quality of life

Perceived health, very good or excellent % 2021	8.7	7.6	7.9
Perceived mental health, very good or excellent % 2021	21.5	21.3	22.1
COVID-19 had a negative impact on mental health % 2021	50.5	53.3	54.3

Prevalence of chronic health conditions (physical health)

Arthritis % 2021	47.0	43.2	42.1
Asthma % 2021	11.4	18.9	16.9
Chronic pain % 2021	28.0	28.2	28.5
Emphysema/COPD % 2021	25.8	20.5	19.0
Cancer % 2021	30.2	28.3	26.4
Diabetes % 2021	29.7	31.3	31.4
Heart disease % 2021	37.1	33.7	31.9
Stroke % 2021	14.3	12.8	12.2
High blood pressure % 2021	50.0	50.9	51.8
Gastric reflux % 2021	26.7	21.8	22.8

	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
High cholesterol % 2021	28.9	25.5	27.0
 Prevalence of chronic health conditions (mental health)			
Depression % 2021	21.5	17.4	18.8
Anxiety % 2021	19.1	17.6	20.7
Mood disorder (other than depression) % 2021	S	2.1	2.6
 Prevalence of chronic health conditions (memory)			
Alzheimer's disease or another form of dementia % 2018	7.8	6.7	6.2
 Management of chronic health conditions			
Confidence in managing their health condition, very confident % 2021	13.3	14.2	14.3
COVID-19 had a negative impact on ability to manage their health condition % 2021	38.9	40.5	40.0
 Care received from family and friends in the last 2 months			
Lives alone % 2021	38.4	28.9	30.3
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	59.0	68.3	66.4
 Family caregivers who have helped the most			
A friend % 2021	19.8	16.6	16.0
Grandson or granddaughter % 2021	9.6	8.6	7.8
Husband, wife or common-law partner % 2021	52.4	52.6	49.0
Mother or father % 2021	0.0	4.4	4.5
Son or daughter % 2021	48.9	48.6	49.8
Volunteer % 2015	0.0	S	0.4
Another family member (other than the ones previously listed) % 2021	20.5	14.8	15.7
 Frequency of help received from family caregivers			

	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Every day % 2021	73.7	67.5	64.7
A few times a week % 2021	17.5	19.3	21.0
Once a week % 2018	16.8	8.4	8.6
2 or 3 times a month % 2021	12.1	7.9	7.3
Once a month % 2018	0.0	2.4	2.3
Only once in the last 2 months % 2021	0.0	1.4	1.2

About this Table

Content and description

Data about the demographics of citizens receiving home care services in New Brunswick. Topics include self-reported health, chronic health conditions, and care received from family and friends.

Data is organized by 3 categories: (1) all citizens receiving home care services whose costs are being entirely or partially covered by public funds, (2) patients receiving services from the Extra-Mural Program, and (3) clients receiving home support services.

Why it is important

By better understanding the demographic context of citizens receiving home care services in New Brunswick, we can better understand their characteristics and needs, thus provide more citizen-centred care.

Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on our [Home Care Survey page](#).

Note about 2021 data

Results from the 2021 edition of the Home Care Survey should be interpreted in the context of the COVID-19 pandemic. Since March 2020, our health care system has adapted and evolved to respond to COVID-19, which includes home care services providers.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance