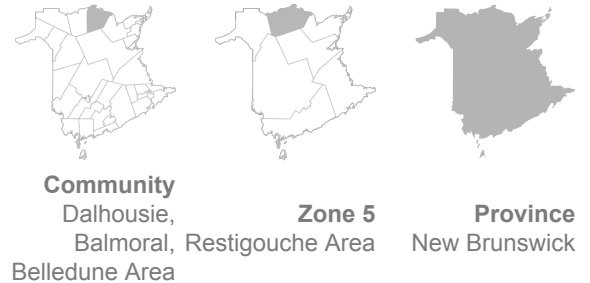


HOME CARE SURVEY

Profile of patients



Citizens receiving publicly funded home care services (Extra-Mural Program or home support services, or both)

★ Quality of life

Perceived health, very good or excellent % 2021	7.6	7.6	7.8
Perceived mental health, very good or excellent % 2021	22.0	22.5	20.4
COVID-19 had a negative impact on mental health % 2021	45.6	51.6	56.7

🧑 Prevalence of chronic health conditions (physical health)

Arthritis % 2021	51.1	52.3	44.8
Asthma % 2021	22.7	20.4	17.8
Chronic pain % 2021	34.1	32.4	31.0
Emphysema/COPD % 2021	15.9	19.0	17.5
Cancer % 2021	15.8	16.2	23.6
Diabetes % 2021	25.2	30.1	31.6
Heart disease % 2021	33.9	33.9	30.8
Stroke % 2021	18.5	16.5	12.4
High blood pressure % 2021	60.4	62.5	52.9
Gastric reflux % 2021	26.8	24.7	24.5

	Community Dalhousie, Balmoral, Restigouche Area Belledune Area	Zone 5	Province New Brunswick
High cholesterol % 2021	33.3	34.4	28.4
 Prevalence of chronic health conditions (mental health)			
Depression % 2021	21.4	22.7	22.7
Anxiety % 2021	25.4	28.7	23.9
Mood disorder (other than depression) % 2021	3.5	6.9	4.7
 Prevalence of chronic health conditions (memory)			
Alzheimer's disease or another form of dementia % 2021	3.8	4.7	7.1
 Management of chronic health conditions			
Confidence in managing their health condition, very confident % 2021	14.0	13.4	13.9
COVID-19 had a negative impact on ability to manage their health condition % 2021	36.1	41.8	42.4
 Care received from family and friends in the last 2 months			
Lives alone % 2021	39.4	44.4	39.2
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	57.3	56.1	62.4
 Family caregivers who have helped the most			
A friend % 2021	11.9	11.6	16.1
Grandson or granddaughter % 2021	7.0	7.8	8.1
Husband, wife or common-law partner % 2021	45.9	36.9	41.5
Mother or father % 2021	6.5	5.8	6.2
Son or daughter % 2021	45.0	52.0	51.1
Volunteer % 2021	S	S	1.7
Another family member (other than the ones previously listed) % 2021	13.3	15.4	16.5
 Frequency of help received from family caregivers			

	Community Dalhousie, Balmoral, Restigouche Area Belledune Area	Zone 5	Province New Brunswick
Every day % 2021	61.1	60.3	59.0
A few times a week % 2021	24.9	25.8	22.7
Once a week % 2021	8.6	8.7	9.5
2 or 3 times a month % 2021	5.4	4.7	8.6
Once a month % 2021	S	2.7	2.8
Only once in the last 2 months % 2021	S	S	1.4

Clients receiving home support services (housekeeping, meal preparation, ...)

★ Quality of life

Perceived health, very good or excellent % 2012	15.1	13.9	13.3
Perceived mental health, very good or excellent % 2021	13.9	14.9	16.2
COVID-19 had a negative impact on mental health % 2021	48.5	54.2	61.1

🧑 Prevalence of chronic health conditions (physical health)

Arthritis % 2021	56.3	54.5	52.9
Asthma % 2021	23.8	23.8	20.6
Chronic pain % 2021	38.8	37.7	38.4
Emphysema/COPD % 2021	15.4	19.1	16.4
Cancer % 2021	17.3	16.3	16.8
Diabetes % 2021	21.2	27.6	32.7
Heart disease % 2021	34.4	31.6	30.6
Stroke % 2021	20.4	16.2	14.3
High blood pressure % 2021	60.5	58.7	56.4
Gastric reflux % 2021	35.9	31.1	28.9

	Community Dalhousie, Balmoral, Restigouche Area Belledune Area	Zone 5	Province New Brunswick
High cholesterol % 2021	39.0	34.3	29.9
 Prevalence of chronic health conditions (mental health)			
Depression % 2021	22.3	24.5	30.9
Anxiety % 2021	32.3	35.7	31.0
Mood disorder (other than depression) % 2015	10.5	10.5	7.4
 Prevalence of chronic health conditions (memory)			
Alzheimer's disease or another form of dementia % 2018	7.2	7.5	11.7
 Management of chronic health conditions			
Confidence in managing their health condition, very confident % 2021	13.1	11.3	11.8
COVID-19 had a negative impact on ability to manage their health condition % 2021	46.5	49.1	46.8
 Care received from family and friends in the last 2 months			
Lives alone % 2021	57.5	60.7	58.9
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	44.1	46.7	56.1
 Family caregivers who have helped the most			
A friend % 2021	12.0	12.9	16.2
Grandson or granddaughter % 2015	0.0	0.0	1.4
Husband, wife or common-law partner % 2021	18.8	14.7	17.5
Mother or father % 2021	S	12.9	9.9
Son or daughter % 2021	59.1	61.3	59.3
Volunteer % 2021	S	S	2.4
Another family member (other than the ones previously listed) % 2021	22.5	21.1	19.9
 Frequency of help received from family caregivers			

	Community Dalhousie, Balmoral, Restigouche Area Belledune Area	Zone 5	Province New Brunswick
Every day % 2021	49.4	42.3	45.7
A few times a week % 2021	22.1	33.4	26.2
Once a week % 2021	S	9.4	11.8
2 or 3 times a month % 2021	12.8	8.0	11.4
Once a month % 2021	S	S	4.0
Only once in the last 2 months % 2021	0.0	0.0	2.1

Patients receiving services from the Extra-Mural Program (nursing, physiotherapy, ...)

★ Quality of life

Perceived health, very good or excellent % 2021	8.2	8.4	7.9
Perceived mental health, very good or excellent % 2021	28.1	27.6	22.1
COVID-19 had a negative impact on mental health % 2021	40.1	47.9	54.3

Prevalence of chronic health conditions (physical health)

Arthritis % 2021	45.6	49.7	42.1
Asthma % 2021	25.9	20.4	16.9
Chronic pain % 2021	30.7	28.0	28.5
Emphysema/COPD % 2021	19.2	20.2	19.0
Cancer % 2021	16.6	16.5	26.4
Diabetes % 2021	29.0	30.8	31.4
Heart disease % 2021	35.7	37.4	31.9
Stroke % 2021	18.7	17.7	12.2
High blood pressure % 2021	61.2	63.8	51.8
Gastric reflux % 2021	21.5	19.8	22.8

	Community Dalhousie, Balmoral, Restigouche Area Belledune Area	Zone 5	Province New Brunswick
High cholesterol % 2021	28.9	33.3	27.0
 Prevalence of chronic health conditions (mental health)			
Depression % 2021	20.1	19.7	18.8
Anxiety % 2021	21.1	22.9	20.7
Mood disorder (other than depression) % 2012	0.0	S	3.0
 Prevalence of chronic health conditions (memory)			
Alzheimer's disease or another form of dementia % 2021	5.3	5.2	6.4
 Management of chronic health conditions			
Confidence in managing their health condition, very confident % 2021	16.1	15.6	14.3
COVID-19 had a negative impact on ability to manage their health condition % 2021	27.2	36.6	40.0
 Care received from family and friends in the last 2 months			
Lives alone % 2021	26.9	32.3	30.3
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	66.9	64.1	66.4
 Family caregivers who have helped the most			
A friend % 2021	12.7	11.1	16.0
Grandson or granddaughter % 2021	8.3	9.4	7.8
Husband, wife or common-law partner % 2021	56.2	45.6	49.0
Mother or father % 2012	10.5	9.9	7.5
Son or daughter % 2021	40.0	50.3	49.8
Volunteer % 2012	0.0	S	0.8
Another family member (other than the ones previously listed) % 2021	9.8	12.0	15.7
 Frequency of help received from family caregivers			

	Community Dalhousie, Balmoral, Restigouche Area Belledune Area	Zone 5	Province New Brunswick
Every day % 2021	65.3	69.4	64.7
A few times a week % 2021	26.1	21.8	21.0
Once a week % 2021	7.5	7.9	8.6
2 or 3 times a month % 2021	S	4.0	7.3
Once a month % 2021	0.0	S	2.1
Only once in the last 2 months % 2015	0.0	S	1.6

About this Table

Content and description

Data about the demographics of citizens receiving home care services in New Brunswick. Topics include self-reported health, chronic health conditions, and care received from family and friends.

Data is organized by 3 categories: (1) all citizens receiving home care services whose costs are being entirely or partially covered by public funds, (2) patients receiving services from the Extra-Mural Program, and (3) clients receiving home support services.

Why it is important

By better understanding the demographic context of citizens receiving home care services in New Brunswick, we can better understand their characteristics and needs, thus provide more citizen-centred care.

Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on our [Home Care Survey page](#).

Note about 2021 data

Results from the 2021 edition of the Home Care Survey should be interpreted in the context of the COVID-19 pandemic. Since March 2020, our health care system has adapted and evolved to respond to COVID-19, which includes home care services providers.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance