HOME CARE SURVEY

Profile of citizens receiving services from the Extra-Mural Program

Community
Dalhousie, Balmoral, Belledune Area

Zone 5
Restigouche Area

Province
New Brunswick
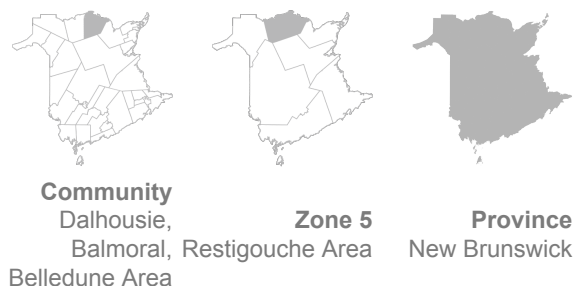
Health status

★ Quality of life

	Community	Zone 5	Province
Perceived health, very good or excellent %	2021	8.2	8.4	7.9
Perceived mental health, very good or excellent %	2024	26.6	25.6	25.5

Prevalence of chronic health conditions

Among list of chronic conditions: arthritis, asthma, chronic pain, emphysema or COPD, cancer, diabetes, depression, mood disorder other than depression, heart disease, stroke, high blood pressure, gastric reflux, alzheimer's disease or another form of dementia, anxiety, or high cholesterol

	Community	Zone 5	Province
Five or more chronic health conditions %	2024	S	94.4	93.1

🧍 Types of chronic condition (physical health)

	Community	Zone 5	Province
Hypertension %	2024	52.3	50.4	53.0
Arthritis %	2024	38.8	45.1	41.5
Diabetes %	2024	39.0	34.5	32.0
Heart disease %	2024	32.9	33.4	31.1
High cholesterol %	2024	24.9	28.7	28.8
Chronic pain %	2024	27.3	26.7	27.1
Cancer %	2024	25.7	26.1	26.8

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	Community Dalhousie, Balmoral, Belledune Area	Zone 5 Restigouche Area	Province New Brunswick
Gastric reflux % | 2024	23.5	23.7	22.7
Emphysema/COPD % | 2024	18.8	18.5	20.1
Asthma % | 2024	16.3	18.0	17.6
Stroke % | 2024	17.1	15.4	11.3

☁ Types of chronic health conditions (mental health)

Anxiety % | 2024	18.3	24.2	21.0
Depression % | 2024	19.7	17.8	19.3
Mood disorder (other than depression) % | 2012	0.0	S	3.0

🧠 Types of chronic health conditions (memory)

Alzheimer's disease % | 2021	5.3	5.2	6.4

👩‍⚕ Management of heath chronic conditions

Confidence in managing their health condition, very confident % | 2024	17.0	16.0	15.5

Care received from an informal caregiver

Lives alone % | 2024	40.5	36.7	31.3

In the last 2 months

Received help from an informal caregiver % | 2024	63.5	68.7	68.8
Received help at least once a week % | 2024	90.8	87.9	86.0

New Brunswick | Conseil de la santé
Health Council | du Nouveau-Brunswick

About this Table

Content and description
Data about self-reported health, chronic health conditions, and whether citizens received care from informal caregivers.

Why is it important?
By better understanding the characteristics of citizens receiving home care services in New Brunswick, we can better understand their needs, thus provide more citizen-centered care.

Availability of the data
The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on our Home Care Survey page.

Note about demographic groups
In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

🏳 Above-average performance

🚩 Below-average performance