

HOME CARE SURVEY

Profile of patients



Citizens receiving publicly funded home care services (Extra-Mural Program or home support services, or both)

★ Quality of life

Perceived health, very good or excellent % 2018	14.5	13.3	14.0
Perceived mental health, very good or excellent % 2021	12.8	16.9	20.4
COVID-19 had a negative impact on mental health % 2021	53.2	52.9	56.7

🧑 Prevalence of chronic health conditions (physical health)

Arthritis % 2021	44.7	45.6	44.8
Asthma % 2021	25.0	17.1	17.8
Chronic pain % 2021	34.5	37.1	31.0
Emphysema/COPD % 2021	14.9	14.5	17.5
Cancer % 2021	19.6	26.1	23.6
Diabetes % 2021	35.0	33.2	31.6
Heart disease % 2021	30.7	32.6	30.8
Stroke % 2021	9.0	13.0	12.4
High blood pressure % 2021	58.2	57.9	52.9
Gastric reflux % 2021	26.9	26.6	24.5

	Community Neguac, Alnwick, Esgenoopetitj Area	Zone 7 Miramichi Area	Province New Brunswick
High cholesterol % 2021	31.9	33.4	28.4
 Prevalence of chronic health conditions (mental health)			
Depression % 2021	16.3	20.6	22.7
Anxiety % 2021	21.0	26.7	23.9
Mood disorder (other than depression) % 2021	0.0	6.1	4.7
 Prevalence of chronic health conditions (memory)			
Alzheimer's disease or another form of dementia % 2021	9.0	10.5	7.1
 Management of chronic health conditions			
Confidence in managing their health condition, very confident % 2021	11.0	10.2	13.9
COVID-19 had a negative impact on ability to manage their health condition % 2021	45.8	44.0	42.4
 Care received from family and friends in the last 2 months			
Lives alone % 2021	21.2	38.8	39.2
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	65.7	63.7	62.4
 Family caregivers who have helped the most			
A friend % 2015	0.0	5.0	5.7
Grandson or granddaughter % 2021	9.1	7.2	8.1
Husband, wife or common-law partner % 2021	25.6	37.9	41.5
Mother or father % 2012	14.7	10.4	8.6
Son or daughter % 2021	52.3	49.1	51.1
Volunteer % 2015	0.0	S	1.0
Another family member (other than the ones previously listed) % 2021	22.3	20.6	16.5
 Frequency of help received from family caregivers			

	Community Neguac, Alnwick, Esgenoopetitj Area	Zone 7 Miramichi Area	Province New Brunswick
Every day % 2021	55.2	51.2	59.0
A few times a week % 2021	22.1	24.5	22.7
Once a week % 2021	S	5.7	9.5
2 or 3 times a month % 2021	14.8	14.8	8.6
Once a month % 2012	0.0	S	2.3
Only once in the last 2 months % 2021	0.0	S	1.4

Clients receiving home support services (housekeeping, meal preparation, ...)

★ Quality of life

Perceived health, very good or excellent % 2012	12.8	13.7	13.3
Perceived mental health, very good or excellent % 2018	12.0	17.9	22.5
COVID-19 had a negative impact on mental health % 2021	56.5	57.6	61.1

Prevalence of chronic health conditions (physical health)

Arthritis % 2021	46.8	53.4	52.9
Asthma % 2021	24.0	17.1	20.6
Chronic pain % 2021	41.0	46.7	38.4
Emphysema/COPD % 2021	13.4	15.2	16.4
Cancer % 2021	18.9	17.9	16.8
Diabetes % 2021	36.2	34.0	32.7
Heart disease % 2021	35.2	37.2	30.6
Stroke % 2021	10.2	16.4	14.3
High blood pressure % 2021	62.1	65.0	56.4
Gastric reflux % 2021	29.5	30.8	28.9

	Community Neguac, Alnwick, Esgenoopetitj Area	Zone 7 Miramichi Area	Province New Brunswick
High cholesterol % 2021	32.9	38.2	29.9
 Prevalence of chronic health conditions (mental health)			
Depression % 2021	20.2	28.1	30.9
Anxiety % 2021	22.0	34.0	31.0
Mood disorder (other than depression) % 2021	0.0	10.0	8.2
 Prevalence of chronic health conditions (memory)			
Alzheimer's disease or another form of dementia % 2021	11.7	13.8	9.9
 Management of chronic health conditions			
Confidence in managing their health condition, very confident % 2021	S	6.8	11.8
COVID-19 had a negative impact on ability to manage their health condition % 2021	51.5	47.3	46.8
 Care received from family and friends in the last 2 months			
Lives alone % 2021	23.3	52.6	58.9
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	64.3	58.4	56.1
 Family caregivers who have helped the most			
A friend % 2015	0.0	5.7	5.7
Grandson or granddaughter % 2021	13.8	8.8	9.7
Husband, wife or common-law partner % 2021	18.9	17.4	17.5
Mother or father % 2021	S	11.7	9.9
Son or daughter % 2021	59.9	55.2	59.3
Volunteer % 2015	0.0	S	2.2
Another family member (other than the ones previously listed) % 2021	23.1	25.9	19.9
 Frequency of help received from family caregivers			

	Community Neguac, Alnwick, Esgenoopetitj Area	Zone 7 Miramichi Area	Province New Brunswick
Every day % 2021	50.6	39.3	45.7
A few times a week % 2021	23.9	26.3	26.2
Once a week % 2021	S	7.5	11.8
2 or 3 times a month % 2021	16.3	21.7	11.4
Once a month % 2015	0.0	S	3.3
Only once in the last 2 months % 2021	0.0	S	2.1

Patients receiving services from the Extra-Mural Program (nursing, physiotherapy, ...)

★ Quality of life

Perceived health, very good or excellent % 2018	21.8	15.8	15.5
Perceived mental health, very good or excellent % 2021	20.8	18.6	22.1
COVID-19 had a negative impact on mental health % 2021	56.4	51.8	54.3

Prevalence of chronic health conditions (physical health)

Arthritis % 2021	50.7	42.0	42.1
Asthma % 2021	23.9	15.8	16.9
Chronic pain % 2021	29.2	31.1	28.5
Emphysema/COPD % 2021	16.3	15.2	19.0
Cancer % 2021	22.6	32.0	26.4
Diabetes % 2021	33.6	33.8	31.4
Heart disease % 2021	23.6	31.0	31.9
Stroke % 2015	10.9	11.1	12.7
High blood pressure % 2021	60.4	56.3	51.8
Gastric reflux % 2021	21.8	23.4	22.8

	Community Neguac, Alnwick, Esgenoopetitj Area	Zone 7 Miramichi Area	Province New Brunswick
High cholesterol % 2021	30.2	29.9	27.0
 Prevalence of chronic health conditions (mental health)			
Depression % 2018	16.9	20.1	19.6
Anxiety % 2018	27.8	19.3	18.5
Mood disorder (other than depression) % 2021	0.0	3.3	2.6
 Prevalence of chronic health conditions (memory)			
Alzheimer's disease or another form of dementia % 2021	S	8.8	6.4
 Management of chronic health conditions			
Confidence in managing their health condition, very confident % 2018	20.3	14.6	22.2
COVID-19 had a negative impact on ability to manage their health condition % 2021	42.6	43.9	40.0
 Care received from family and friends in the last 2 months			
Lives alone % 2021	21.2	26.6	30.3
A friend, family member or volunteer helped them with their home care in the last 2 months % 2021	72.6	70.0	66.4
 Family caregivers who have helped the most			
A friend % 2015	0.0	4.7	5.4
Grandson or granddaughter % 2015	0.0	S	1.0
Husband, wife or common-law partner % 2021	29.2	47.0	49.0
Mother or father % 2021	S	6.7	4.5
Son or daughter % 2021	52.8	46.2	49.8
Volunteer % 2021	0.0	S	1.5
Another family member (other than the ones previously listed) % 2021	22.3	19.2	15.7
 Frequency of help received from family caregivers			

	Community Neguac, Alnwick, Esgenoopetitj Area	Zone 7 Miramichi Area	Province New Brunswick
Every day % 2021	63.0	59.3	64.7
A few times a week % 2015	24.8	19.0	20.7
Once a week % 2021	S	4.9	8.6
2 or 3 times a month % 2021	S	10.9	7.3
Once a month % 2021	0.0	S	2.1
Only once in the last 2 months % 2021	0.0	S	1.2

About this Table

Content and description

Data about the demographics of citizens receiving home care services in New Brunswick. Topics include self-reported health, chronic health conditions, and care received from family and friends.

Data is organized by 3 categories: (1) all citizens receiving home care services whose costs are being entirely or partially covered by public funds, (2) patients receiving services from the Extra-Mural Program, and (3) clients receiving home support services.

Why it is important

By better understanding the demographic context of citizens receiving home care services in New Brunswick, we can better understand their characteristics and needs, thus provide more citizen-centred care.

Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on our [Home Care Survey page](#).

Note about 2021 data

Results from the 2021 edition of the Home Care Survey should be interpreted in the context of the COVID-19 pandemic. Since March 2020, our health care system has adapted and evolved to respond to COVID-19, which includes home care services providers.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance