

# HOME CARE SURVEY Profile of patients





Zone 4 Madawaska and North-West Area

**Province** New Brunswick

Citizens receiving publicly funded home care services (Extra-Mural Program or home support services, or both)

# **★** Quality of life

Perceived health, very good or excellent %   2021	7.8	7.8
Perceived mental health, very good or excellent %   2021	20.4	20.4
COVID-19 had a negative impact on mental health %   2021	59.8	56.7
↑ Prevalence of chronic health conditions (physical health)		
Arthritis %   2021	45.9	44.8
Asthma %   2021	17.8	17.8
Chronic pain %   2021	32.0	31.0
Emphysema/COPD %   2021	18.0	17.5
Cancer %   2021	17.9	23.6
Diabetes %   2021	26.4	31.6
Heart disease %   2021	27.5	30.8
Stroke %   2021	12.4	12.4
High blood pressure %   2021	48.6	52.9
Gastric reflux %   2021	24.3	24.5
High cholesterol %   2021	29.2	28.4



Zone 4 **Province** Madawaska and New Brunswick North-West Area 🥏 Prevalence of chronic health conditions (mental health) Depression % | 2021 20.2 22.7 Anxiety % | 2021 31.2 23.9 Mood disorder (other than depression) % | 2021 6.4 4.7 Prevalence of chronic health conditions (memory) Alzheimer's disease or another form of dementia % | 2021 3.8 7.1 Management of chronic health conditions Confidence in managing their health condition, very confident % | 2021 13.9 13.9 COVID-19 had a negative impact on ability to manage their health condition % | 2021 49.6 42.4 \*\*\* Care received from family and friends in the last 2 months Lives alone % | 2021 39.2 47.7 A friend, family member or volunteer helped them with their home care in the last 2 months 55.6 62.4 % | 2021 Family caregivers who have helped the most A friend % | 2021 12.5 16.1 Grandson or granddaughter % | 2021 7.9 8.1 Husband, wife or common-law partner % | 2021 35.2 41.5 Mother or father % | 2021 10.0 6.2 Son or daughter % | 2021 51.3 51.1 Volunteer % | 2018 3.5 2.4 Another family member (other than the ones previously listed) % | 2021 18.0 16.5 Frequency of help received from family caregivers Every day % | 2021 55.1 59.0

**★** Quality of life



	Zone 4 Madawaska and North-West Area	<b>Province</b> New Brunswick
A few times a week %   2021	24.9	22.7
Once a week %   2021	10.4	9.5
2 or 3 times a month %   2021	9.5	8.6
Once a month %   2021	1.8	2.8
Only once in the last 2 months %   2021	2.2	1.4

# Clients receiving home support services (housekeeping, meal preparation, ...)

Perceived health, very good or excellent %   2021	5.5	6.7
Perceived mental health, very good or excellent %   2021	13.8	16.2
COVID-19 had a negative impact on mental health $\% \mid$ 2021	62.7	61.1

COVID-19 had a negative impact on mental health %   2021	62.7	61.1
Prevalence of chronic health conditions (physical health)		
Arthritis %   2021	51.9	52.9
Asthma %   2021	22.2	20.6
Chronic pain %   2021	37.4	38.4
Emphysema/COPD %   2021	14.3	16.4
Cancer %   2021	13.7	16.8
Diabetes %   2021	29.5	32.7
Heart disease %   2021	26.9	30.6
Stroke %   2021	14.3	14.3
High blood pressure %   2021	55.5	56.4
Gastric reflux %   2021	26.9	28.9
High cholesterol %   2021	33.6	29.9



	Zone 4 Madawaska and North-West Area	<b>Province</b> New Brunswick
Prevalence of chronic health conditions (mental health)		
Depression %   2021	28.9	30.9
Anxiety %   2021	37.7	31.0
Mood disorder (other than depression) %   2021	11.7	8.2
Prevalence of chronic health conditions (memory)		
Alzheimer's disease or another form of dementia %   2021	4.2	9.9
<b>®</b> Management of chronic health conditions		
Confidence in managing their health condition, very confident $\% \mid 2021$	12.2	11.8
COVID-19 had a negative impact on ability to manage their health condition $\% \mid 2021$	54.5	46.8
The Care received from family and friends in the last 2 months		
Lives alone %   2021	67.4	58.9
A friend, family member or volunteer helped them with their home care in the last 2 months $\% \mid$ 2021	49.8	56.1
₹ Family caregivers who have helped the most		
A friend %   2021	16.2	16.2
Grandson or granddaughter %   2021	8.0	9.7
Husband, wife or common-law partner %   2021	13.3	17.5
Mother or father %   2021	17.4	9.9
Son or daughter %   2021	49.7	59.3
Volunteer %   2018	7.7	3.9
Another family member (other than the ones previously listed) $\%$   2021	22.9	19.9
Frequency of help received from family caregivers		
Every day %   2021	41.1	45.7



	Zone 4 Madawaska and North-West Area	Province New Brunswick
A few times a week %   2021	32.2	26.2
Once a week %   2021	10.3	11.8
2 or 3 times a month %   2021	11.7	11.4
Once a month %   2021	4.2	4.0
Only once in the last 2 months %   2021	S	2.1

# Patients receiving services from the Extra-Mural Program (nursing, physiotherapy, ...)

# **★** Quality of life

Perceived mental health, very good or excellent %   2021       25.2       22.1         COVID-19 had a negative impact on mental health %   2021       58.7       54.3         Prevalence of chronic health conditions (physical health)         Arthritis %   2021       43.6       42.1         Asthma %   2021       16.5       16.9         Chronic pain %   2021       29.4       28.5         Emphysema/COPD %   2021       22.1       19.0         Cancer %   2021       20.8       26.4         Diabetes %   2021       25.4       31.4         Heart disease %   2021       29.0       31.9         Stroke %   2021       13.0       12.2         High blood pressure %   2021       45.2       51.8         Gastric reflux %   2021       23.2       22.8         High cholesterol %   2021       24.1       27.0	Perceived health, very good or excellent %   2021	9.1	7.9
Prevalence of chronic health conditions (physical health)         Arthritis %   2021       43.6       42.1         Asthma %   2021       16.5       16.9         Chronic pain %   2021       29.4       28.5         Emphysema/COPD %   2021       22.1       19.0         Cancer %   2021       20.8       26.4         Diabetes %   2021       25.4       31.4         Heart disease %   2021       29.0       31.9         Stroke %   2021       13.0       12.2         High blood pressure %   2021       45.2       51.8         Gastric reflux %   2021       23.2       22.8	Perceived mental health, very good or excellent %   2021	25.2	22.1
Arthritis %   2021       43.6       42.1         Asthma %   2021       16.5       16.9         Chronic pain %   2021       29.4       28.5         Emphysema/COPD %   2021       22.1       19.0         Cancer %   2021       20.8       26.4         Diabetes %   2021       25.4       31.4         Heart disease %   2021       29.0       31.9         Stroke %   2021       13.0       12.2         High blood pressure %   2021       45.2       51.8         Gastric reflux %   2021       23.2       22.8	COVID-19 had a negative impact on mental health %   2021	58.7	54.3
Asthma %   2021 16.5 16.9  Chronic pain %   2021 29.4 28.5  Emphysema/COPD %   2021 19.0  Cancer %   2021 20.8 26.4  Diabetes %   2021 25.4 31.4  Heart disease %   2021 29.0 31.9  Stroke %   2021 13.0 12.2  High blood pressure %   2021 45.2 51.8  Gastric reflux %   2021 23.2 22.8	Prevalence of chronic health conditions (physical health)		
Chronic pain %   2021       29.4       28.5         Emphysema/COPD %   2021       22.1       19.0         Cancer %   2021       20.8       26.4         Diabetes %   2021       25.4       31.4         Heart disease %   2021       29.0       31.9         Stroke %   2021       13.0       12.2         High blood pressure %   2021       45.2       51.8         Gastric reflux %   2021       23.2       22.8	Arthritis %   2021	43.6	42.1
Emphysema/COPD %   2021       22.1       19.0         Cancer %   2021       20.8       26.4         Diabetes %   2021       25.4       31.4         Heart disease %   2021       29.0       31.9         Stroke %   2021       13.0       12.2         High blood pressure %   2021       45.2       51.8         Gastric reflux %   2021       23.2       22.8	Asthma %   2021	16.5	16.9
Cancer %   2021       20.8       26.4         Diabetes %   2021       25.4       31.4         Heart disease %   2021       29.0       31.9         Stroke %   2021       13.0       12.2         High blood pressure %   2021       45.2       51.8         Gastric reflux %   2021       23.2       22.8	Chronic pain %   2021	29.4	28.5
Diabetes %   2021       25.4       31.4         Heart disease %   2021       29.0       31.9         Stroke %   2021       13.0       12.2         High blood pressure %   2021       45.2       51.8         Gastric reflux %   2021       23.2       22.8	Emphysema/COPD %   2021	22.1	19.0
Heart disease %   2021       29.0       31.9         Stroke %   2021       13.0       12.2         High blood pressure %   2021       45.2       51.8         Gastric reflux %   2021       23.2       22.8	Cancer %   2021	20.8	26.4
Stroke %   2021       13.0       12.2         High blood pressure %   2021       45.2       51.8         Gastric reflux %   2021       23.2       22.8	Diabetes %   2021	25.4	31.4
High blood pressure %   2021 45.2 51.8  Gastric reflux %   2021 23.2 22.8	Heart disease %   2021	29.0	31.9
Gastric reflux %   2021 23.2 22.8	Stroke %   2021	13.0	12.2
	High blood pressure %   2021	45.2	51.8
High cholesterol %   2021 <b>24.1 27.0</b>	Gastric reflux %   2021	23.2	22.8
	High cholesterol %   2021	24.1	27.0



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A few times a week %   2021	21.6	21.0
Once a week %   2021	9.8	8.6
2 or 3 times a month %   2021	7.0	7.3
Once a month %   2018	3.3	2.3
Only once in the last 2 months %   2021	S	1.2



## **About this Table**

## Content and description

Data about the demographics of citizens receiving home care services in New Brunswick. Topics include self-reported health, chronic health conditions, and care received from family and friends.

Data is organized by 3 categories: (1) all citizens receiving home care services whose costs are being entirely or partially covered by public funds, (2) patients receiving services from the Extra-Mural Program, and (3) clients receiving home support services.

### Why it is important

By better understanding the demographic context of citizens receiving home care services in New Brunswick, we can better understand their characteristics and needs, thus provide more citizen-centred care.

#### Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on our <u>Home Care Survey page</u>.

### Note about 2021 data

Results from the 2021 edition of the Home Care Survey should be interpreted in the context of the COVID-19 pandemic. Since March 2020, our health care system has adapted and evolved to respond to COVID-19, which includes home care services providers.

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size



P Below-average performance