# Citizens receiving home care services from the Extra-Mural Program who reported that they have been diagnosed or treated for depression

Unit:%

|  | <b>Year</b><br>2024 | <b>Year</b><br>2021 | <b>Year</b><br>2018 | <b>Year</b><br>2015 |
|--|---------------------|---------------------|---------------------|---------------------|
| Province   |                     |                     |                     |                     |
| New Brunswick                                    | 19.3                | 18.8                | 19.6                | 18.5                |
| Health zones                                     |                     |                     |                     |                     |
| Zone 1 - Moncton and South-East Area             | 19.7                | 21.0                | 18.7                | 19.7                |
| Zone 2 - Fundy Shore and Saint John Area         | 21.9                | 20.6                | 20.5                | 18.6                |
| Zone 3 - Fredericton and River Valley Area       | 19.3                | 17.4                | 23.2                | 18.7                |
| Zone 4 - Madawaska and North-West Area           | 15.8                | 14.0                | 15.7                | 13.1                |
| Zone 5 - Restigouche Area                        | 17.8                | 19.7                | 17.5                | 19.0                |
| Zone 6 - Bathurst and Acadian Peninsula Area     | 16.6                | 18.1                | 15.4                | 18.4                |
| Zone 7 - Miramichi Area                          | 18.0                | 15.2                | 20.1                | 21.4                |
| Communities                                      |                     |                     |                     |                     |
| Bathurst, Beresford, Petit-Rocher Area           | 16.2                | 20.7                | 12.0                | 20.8                |
| Bouctouche, Richibucto, Saint-Antoine Area       | 20.0                | 21.7                | 21.5                | 19.3                |
| Campbellton, Atholville, Tide Head Area          | 15.6                | 19.2                | 16.5                | 19.8                |
| Caraquet, Paquetville, Bertrand Area             | 10.3                | 10.3                | 14.3                | 14.5                |
| Dalhousie, Balmoral, Belledune Area              | 19.7                | 20.1                | 18.5                | 18.3                |
| Dieppe and Memramcook                            | 16.1                | 15.4                | 18.7                | 15.7                |
| Douglas, Saint Marys, Doaktown Area              | 27.7                | 28.4                | 22.9                | 25.3                |
| Edmundston, Rivière-Verte, Lac Baker Area        | 13.8                | 13.4                | 12.0                | 13.9                |
| Florenceville-Bristol, Woodstock, Wakefield Area | 16.5                | 16.6                | 23.2                | 21.8                |
| Fredericton                                      | 18.4                | 16.5                | 23.9                | 15.7                |
|  |                     |                     |                     |                     |



| Grand Falls, Saint-Léonard, Drummond Area          | Year<br>2024<br><b>19.3</b> | Year<br>2021<br><b>15.6</b> | Year<br>2018<br>23.8 | Year<br>2015<br><b>12.5</b> |
|--|-----------------------------|-----------------------------|----------------------|-----------------------------|
|  |                             |                             |                      |                             |
| Kedgwick, Saint-Quentin and Grimmer                | S                           | S                           | 9.8                  | S                           |
| Minto, Chipman, Cambridge-Narrows Area             | 17.9                        | 18.8                        | 30.2                 | 17.3                        |
| Miramichi, Rogersville, Blackville Area            | 19.6                        | 16.7                        | 20.6                 | 21.0                        |
| Moncton  | 20.5                        | 23.5                        | 21.7                 | 22.6                        |
| Nackawic, McAdam, Canterbury Area                  | 15.6                        | 17.9                        | 15.9                 | 20.6                        |
| Neguac, Alnwick, Esgenoopetitj Area                | S                           | S                           | 16.9                 | 23.1                        |
| New Maryland, Kingsclear, Lincoln Area             | 17.7                        | 12.0                        | 20.7                 | 14.4                        |
| Oromocto, Gagetown, Fredericton Junction Area      | 19.8                        | 15.2                        | 27.3                 | 12.5                        |
| Perth-Andover, Plaster Rock, Tobique Area          | 27.6                        | 21.5                        | 19.7                 | 21.2                        |
| Quispamsis, Rothesay, Hampton Area                 | 22.4                        | 18.6                        | 18.8                 | 23.3                        |
| Riverview and Coverdale                            | 19.2                        | 26.5                        | 18.1                 | 15.8                        |
| Sackville, Dorchester, Port Elgin Area             | 15.4                        | 12.7                        | 18.6                 | 24.8                        |
| Saint John, Simonds and Musquash                   | 22.6                        | 22.0                        | 24.5                 | 19.4                        |
| Salisbury and Petitcodiac                          | S                           | 15.1                        | S                    | 18.3                        |
| Shediac, Beaubassin East and Cap-Pelé              | 24.3                        | 22.8                        | 14.1                 | 17.2                        |
| Shippagan, Lamèque, Inkerman Area                  | 18.7                        | 20.0                        | 19.9                 | 15.2                        |
| St. George, Grand Manan, Blacks Harbour Area       | 17.7                        | 19.7                        | 16.3                 | 17.2                        |
| St. Stephen, Saint Andrews, Campobello Island Area | 22.9                        | 21.0                        | 18.6                 | 15.9                        |
| Sussex, Norton, Sussex Corner Area                 | 22.8                        | 19.7                        | 19.9                 | 19.6                        |
| Tracadie and Saint-Isidore                         | 21.0                        | 18.7                        | 17.3                 | 22.7                        |
| Age  |                             |                             |                      |                             |
| 18-64  | 32.9                        | 30.2                        | 30.5                 | 26.5                        |
|  |                             |                             |                      |                             |

Data downloaded from the NBHC website on September 16, 2025 More information available at: https://nbhc.ca/indicators/xm\_chcdp\_1



|  | <b>Year</b><br>2024 | <b>Year</b><br>2021 | <b>Year</b><br>2018 | <b>Year</b><br>2015 |
|--|---------------------|---------------------|---------------------|---------------------|
| 65 and over                            | 17.0                | 15.5                | 15.9                | 16.0                |
| Gender                                 |                     |                     |                     |                     |
| Female                                 | 21.6                | 21.3                | 22.6                | 20.6                |
| Male                                   | 16.7                | 15.6                | 15.6                | 15.7                |
| 2SLGBTQIA+ status                      |                     |                     |                     |                     |
| 2SLGBTQIA+                             | S                   | n/a                 | n/a                 | n/a                 |
| Language                               |                     |                     |                     |                     |
| Most comfortable in English            | 20.4                | n/a                 | n/a                 | n/a                 |
| Most comfortable in French             | 15.8                | n/a                 | n/a                 | n/a                 |
| Comfortable in both English and French | 19.6                | n/a                 | n/a                 | n/a                 |
| Indigenous identity                    |                     |                     |                     |                     |
| Indigenous                             | 24.4                | 18.9                | 34.2                | 28.3                |
| Immigrant                              |                     |                     |                     |                     |
| Immigrants                             | 22.2                | n/a                 | n/a                 | n/a                 |
| Education level                        |                     |                     |                     |                     |
| High school or less                    | 19.9                | 18.6                | 20.2                | 18.8                |
| Postsecondary                          | 19.3                | 20.1                | 18.5                | 18.9                |
| Disability or special need             |                     |                     |                     |                     |
| Disability or special need             | 29.8                | n/a                 | n/a                 | n/a                 |
| Household income                       |                     |                     |                     |                     |
| Less than \$30,000                     | 24.2                | n/a                 | n/a                 | n/a                 |
| \$30,000 to less than \$60,000         | 16.8                | n/a                 | n/a                 | n/a                 |
|  |                     |                     |                     |                     |
| \$60,000 or more                       | 16.8                | n/a                 | n/a                 | n/a                 |

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| Citizens receiving home care services from the Extra | e care services from the Extra-Mural Program who |                     | New Brunswick Conseil de la santé<br>Health Council du Nouveau-Brunswick |                     |  |  |
|--|--|---------------------|--|---------------------|--|--|
|  | Year<br>2024                                     | <b>Year</b><br>2021 | <b>Year</b><br>2018  | <b>Year</b><br>2015 |  |  |
| Racialized groups                                    |  |                     |  |                     |  |  |
| Racialized groups                                    | 18.3   | n/a                 | n/a  | n/a                 |  |  |



## About

This indicator is the percentage of citizens receiving home care services from the Extra-Mural Program who reported that they have been diagnosed or treated for depression.

#### Source

Home Care Survey

### Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Has a doctor or any other health professional ever diagnosed you with or treated you for any of the following chronic health conditions? Please select all that apply: arthritis, asthma, emphysema or COPD (chronic obstructive pulmonary disease), chronic pain, cancer, diabetes, depression, heart disease, stroke, high blood pressure or hypertension, a mood disorder other than depression, such as bipolar disorder, mania, manic depression or dysthymia, gastric reflux (or GERD), alzheimer's disease or another form of dementia, anxiety or high cholesterol.

Unit %

Interpretation Lower is better NBHC code XM\_CHCDP\_1

#### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size