# Citizens receiving home care services from the Extra-Mural Program who rate their mental or emotional health as excellent or very good

Unit:%

	<b>Year</b> 2024	<b>Year</b> 2021	<b>Year</b> 2018	<b>Year</b> 2015
Province				
New Brunswick	25.5	22.1	34.0	34.3
Health zones				
Zone 1 - Moncton and South-East Area	25.1	23.0	37.2	35.0
Zone 2 - Fundy Shore and Saint John Area	23.7	21.2	30.6	34.5
Zone 3 - Fredericton and River Valley Area	24.0	21.3	31.5	34.4
Zone 4 - Madawaska and North-West Area	29.1	25.2	39.0	37.0
Zone 5 - Restigouche Area	25.6	27.6	32.8	31.9
Zone 6 - Bathurst and Acadian Peninsula Area	28.3	20.6	35.9	37.6
Zone 7 - Miramichi Area	29.8	18.6	33.2	25.3
Communities				
Bathurst, Beresford, Petit-Rocher Area	30.7	22.5	43.0	39.3
Bouctouche, Richibucto, Saint-Antoine Area	21.2	19.5	34.7	34.1
Campbellton, Atholville, Tide Head Area	24.4	27.2	37.6	34.2
Caraquet, Paquetville, Bertrand Area	28.1	24.6	36.3	34.7
Dalhousie, Balmoral, Belledune Area	26.6	28.1	28.0	29.8
Dieppe and Memramcook	28.3	31.2	40.5	36.0
Douglas, Saint Marys, Doaktown Area	16.9	12.5	21.9	37.2
Edmundston, Rivière-Verte, Lac Baker Area	32.6	26.0	41.5	40.1
Florenceville-Bristol, Woodstock, Wakefield Area	25.9	22.9	34.9	29.9
Fredericton	27.0	22.2	32.6	39.0
Grand Bay-Westfield, Westfield, Greenwich Area	S	18.9	37.5	24.7



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Grand Falls, Saint-Léonard, Drummond Area	23.6	26.6	38.0	32.0
Hillsborough, Riverside-Albert, Alma Area	S	31.2	49.6	39.2
Kedgwick, Saint-Quentin and Grimmer	S	14.7	33.0	40.9
Minto, Chipman, Cambridge-Narrows Area	22.6	19.1	31.0	28.1
Miramichi, Rogersville, Blackville Area	30.3	18.1	32.0	25.7
Moncton	25.9	22.4	39.3	36.4
Nackawic, McAdam, Canterbury Area	22.8	25.5	29.7	38.1
Neguac, Alnwick, Esgenoopetitj Area	S	20.8	40.7	23.4
New Maryland, Kingsclear, Lincoln Area	21.5	20.6	31.1	35.8
Oromocto, Gagetown, Fredericton Junction Area	22.9	18.2	27.9	34.7
Perth-Andover, Plaster Rock, Tobique Area	22.1	21.5	33.2	33.0
Quispamsis, Rothesay, Hampton Area	29.0	30.4	37.2	37.5
Riverview and Coverdale	30.4	20.3	32.0	32.3
Sackville, Dorchester, Port Elgin Area	25.2	24.0	26.9	35.9
Saint John, Simonds and Musquash	19.5	18.9	28.6	35.3
Salisbury and Petitcodiac	S	24.0	23.2	33.3
Shediac, Beaubassin East and Cap-Pelé	24.5	22.9	40.4	33.3
Shippagan, Lamèque, Inkerman Area	32.0	18.3	34.8	40.7
St. George, Grand Manan, Blacks Harbour Area	28.3	20.0	33.6	34.8
St. Stephen, Saint Andrews, Campobello Island Area	18.2	21.0	29.0	29.8
Sussex, Norton, Sussex Corner Area	26.9	19.4	26.6	37.2
Tracadie and Saint-Isidore	22.2	16.2	28.9	33.6
Age				
18-64	24.3	21.5	35.2	37.7

Data downloaded from the NBHC website on September 9, 2025 More information available at: https://nbhc.ca/indicators/xm\_hep02\_1

New Brunswick Conseil de la santé Health Council du Nouveau-Brunswick

	<b>Year</b> 2024	<b>Year</b> 2021	<b>Year</b> 2018	<b>Year</b> 2015
65 and over	25.7	22.2	33.3	31.8
Gender				
Female	26.4	22.7	33.9	34.4
Male	23.8	21.3	34.1	34.3
2SLGBTQIA+ status				
2SLGBTQIA+	S	n/a	n/a	n/a
Language				
Most comfortable in English	24.6	n/a	n/a	n/a
Most comfortable in French	26.2	n/a	n/a	n/a
Comfortable in both English and French	30.5	n/a	n/a	n/a
Indigenous identity				
Indigenous	30.6	23.2	37.2	32.3
Indigenous Immigrant	30.6	23.2	37.2	32.3
	30.6 26.4	23.2 n/a	<b>37.2</b> n/a	<b>32.3</b> n/a
Immigrant				
Immigrant Immigrants				
Immigrant Immigrants Education level	26.4	n/a	n/a	n/a
Immigrant Immigrants Education level High school or less	26.4 22.7	n/a 18.9	n/a 30.3	n/a 30.3
Immigrant Immigrants Education level High school or less Postsecondary	26.4 22.7	n/a 18.9	n/a 30.3	n/a 30.3
Immigrant         Immigrants         Education level         High school or less         Postsecondary         Disability or special need	26.4 22.7 29.6	n/a 18.9 27.6	n/a 30.3 42.2	n/a 30.3 45.6
Immigrant         Immigrants         Education level         High school or less         Postsecondary         Disability or special need         Disability or special need	26.4 22.7 29.6	n/a 18.9 27.6	n/a 30.3 42.2	n/a 30.3 45.6
Immigrant   Immigrants   Education level   High school or less   Postsecondary   Disability or special need   Disability or special need   Household income	26.4 22.7 29.6 23.2	n/a 18.9 27.6 n/a	n/a 30.3 42.2 n/a	n/a 30.3 45.6 n/a

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tizens receiving home care services from the Extra-Mural Program who			New Brunswick Conseil de la santé Health Council du Nouveau-Brunswick		
	Year 2024	<b>Year</b> 2021	<b>Year</b> 2018	<b>Year</b> 2015	
Racialized groups					
Racialized groups	21.0	n/a	n/a	n/a	



### About

This indicator is the percentage of citizens receiving home care services from the Extra-Mural Program who rate their mental or emotional health as excellent or very good.

#### Source

Home Care Survey

#### Calculations

This indicator is calculated by dividing the number of respondents who answered "excellent or very good" by the number of respondents who answered "poor, fair, good, very good or excellent" to the question: In general, how would you rate your overall mental or emotional health?

## Unit Interpretation NBHC code

%

Higher is better

NBHC code XM\_HEP02\_1

#### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size