

## Students in grades K to 5 who are overweight or obese, according to their height and weight, as reported by a parent or guardian

Unit : %

|  | Academic Year<br>2024-2025 | Academic Year<br>2023-2024 | Academic Year<br>2022-2023 |
|--|----------------------------|----------------------------|----------------------------|
| <b>Province</b>                          |                            |                            |                            |
| New Brunswick                            | 31.3                       | 27.4                       | 26.5                       |
| <b>School districts</b>                  |                            |                            |                            |
| Anglophone East School District          | 30.2                       | 29.2                       | 24.7                       |
| Anglophone North School District         | 39.8                       | 31.1                       | 47.2                       |
| Anglophone South School District         | 31.7                       | 26.2                       | 25.9                       |
| Anglophone West School District          | 31.1                       | 27.5                       | 28.8                       |
| Anglophone sector                        | 32.0                       | 28.0                       | 27.7                       |
| District scolaire francophone Nord-Est   | 34.1                       | 29.2                       | 28.8                       |
| District scolaire francophone Nord-Ouest | 34.8                       | 31.6                       | 26.8                       |
| District scolaire francophone Sud        | 25.8                       | 24.1                       | 21.8                       |
| Francophone sector                       | 30.1                       | 26.4                       | 24.6                       |

### About

This indicator is the percentage of students in grades K to 5 who are overweight or obese, according to their height and weight, as reported by a parent or guardian.

### Source

Student Wellness and Education Survey, Grades 4-5

### Calculations

This indicator is calculated by dividing the number of respondents who "have a BMI higher than an age/gender specific cutoff" by the number of respondents who "provided the height and weight of their child". The BMI is obtained by dividing the weight in kilograms by the height in square metres. Conversions are applied to obtain the correct unit of measure from the following questions: How much does your child weigh without their shoes on? And how tall is your child without their shoes on?

### Notes

Due to the very low response rate for the 2023-2024 parent questionnaire, survey results are deemed to be not representative of the overall student and parent population. Therefore, results at the school, district, sector, and provincial levels are not to be used for planning or comparing to previous editions of the survey. Some schools will not receive their K to 5 results due to the extremely low number of parents who responded.

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| Unit | Interpretation  | NBHC code  |
|------|-----------------|------------|
| %    | Lower is better | SA_BMI03_3 |

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size