Students in grades K to 5 who are overweight or obese, according to their height and weight, as reported by a parent or guardian

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	**32.3**	**31.3**	**27.4**	**26.5**

About

This indicator is the percentage of students in grades K to 5 who are overweight or obese, according to their height and weight, as reported by a parent or guardian.

Source

Student Wellness and Education Survey, Grades K-5: Parent/Guardian Perspective

Calculations

This indicator is calculated by dividing the number of respondents who "have a BMI higher than an age/gender specific cutoff" by the number of respondents who "provided the height and weight of their child". The BMI is obtained by dividing the weight in kilograms by the height in square metres. Conversions are applied to obtain the correct unit of measure from the following questions: How much does your child weigh without their shoes on? And how tall is your child without their shoes on?

Notes

Due to the very low response rate for the 2025-2026 parent questionnaire, survey results may not be representative of the overall student and parent population. Therefore, results should not be used for planning or comparing to previous editions of the survey. Some schools will not receive their K to 5 results due to the extremely low number of parents who responded.

Unit	Interpretation	NBHC code
%	Lower is better	SA_BMI03_3

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size