Students in grades K to 5 who ate vegetables or fruit 5 times or more the day before the survey, as reported by a parent or guardian

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	**47.3**	**44.7**	**44.4**	**49.0**

About

This indicator is the percentage of students in grades K to 5 who ate vegetables or fruit 5 times or more the day before the survey, as reported by a parent or guardian.

Source

Student Wellness and Education Survey, Grades K-5: Parent/Guardian Perspective

Calculations

This indicator adds the responses to the following 2 individual questions: 'Yesterday, how many times do you think your child consumed fruits, including fresh, cooked, frozen, canned or dried fruits? (Do not count: fruit juice, fruit roll-ups or other fruit flavoured candies.)' and 'Yesterday, how many times do you think your child consumed vegetables, including fresh, cooked, frozen, or canned vegetables?'. The response options for these 2 individual questions are: none, 1 time, 2 times, 3 times, 4 times, 5 times, 6 times, 7 times or more and I do not know. This indicator is calculated by dividing the number of respondents who have a total of '5 times or more' by the number of respondents who answered at least 1 of the 2 individual questions.

Notes

Due to the very low response rate for the 2025-2026 parent questionnaire, survey results may not be representative of the overall student and parent population. Therefore, results should not be used for planning or comparing to previous editions of the survey. Some schools will not receive their K to 5 results due to the extremely low number of parents who responded.

Unit	Interpretation	NBHC code
%	Higher is better	SA_EATFV_1

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size