Students in grades K to 5 who spend at least one hour on most days taking part in physical activity, as reported by a parent or guardian

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	**78.8**	**80.1**	**78.8**	**77.0**

About

This indicator is the percentage of students in grades K to 5 who spend at least one hour on most days taking part in physical activity, as reported by a parent or guardian. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey, Grades K-5: Parent/Guardian Perspective

Calculations

This indicator is calculated by dividing the number of respondents who answered "1 hour, 1 hour and 30 min, 2 hours or 3 hours or more" by the number of respondents who answered "none, less than 30 min, 30 min, 1 hour, 1 hour and 30 min, 2 hours or 3 hours or more" to the question: On most days, how much physical activity does your child take part in?

Notes

Due to the very low response rate for the 2025-2026 parent questionnaire, survey results may not be representative of the overall student and parent population. Therefore, results should not be used for planning or comparing to previous editions of the survey. Some schools will not receive their K to 5 results due to the extremely low number of parents who responded.

Unit	Interpretation	NBHC code
%	Higher is better	SA_PHY01_1

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size