

Students in grades K to 5 who usually sleep 9 or more hours each night, as reported by a parent or guardian

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023
Province		
New Brunswick	71.4	72.8
School districts		
Anglophone East School District	63.4	65.1
Anglophone North School District	67.3	61.9
Anglophone South School District	73.4	73.3
Anglophone West School District	69.9	70.2
Anglophone sector	68.5	69.4
District scolaire francophone Nord-Est	75.3	73.5
District scolaire francophone Nord-Ouest	71.7	73.9
District scolaire francophone Sud	77.0	81.4
Francophone sector	75.8	77.6

About

This indicator is the percentage of students in grades K to 5 who usually sleep 9 or more hours each night, as reported by a parent or guardian. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "9 hours to less than 10 hours, 10 hours to less than 11 hours or 11 hours or more" by the number of respondents who answered "under 6 hours, 6 hours to less than 7 hours, 7 hours to less than 8 hours, 8 hours to less than 9 hours, 9 hours to less than 10 hours, 10 hours to less than 11 hours or 11 hours or more" to the question: How long do you think your child usually spends sleeping each night?

Notes

Due to the very low response rate for the 2023-2024 parent questionnaire, survey results are deemed to be not representative of the overall student and parent population. Therefore, results at the school, district, sector, and provincial levels are not to be used for planning or comparing to previous editions of the survey. Some schools will not receive their K to 5 results due to the extremely low number of parents who responded.

Unit	Interpretation	NBHC code
%	Higher is better	SA_SLE01_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size