

Students in grades 4 and 5 who reported eating breakfast on most days

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province			
New Brunswick	64.9	65.8	66.0
Health zones			
Zone 1 - Moncton and South-East Area	66.0	68.5	67.2
Zone 2 - Fundy Shore and Saint John Area	65.0	64.6	67.3
Zone 3 - Fredericton and River Valley Area	63.3	63.1	63.2
Zone 4 - Madawaska and North-West Area	69.9	67.4	71.7
Zone 5 - Restigouche Area	58.4	63.5	59.6
Zone 6 - Bathurst and Acadian Peninsula Area	70.0	71.5	67.8
Zone 7 - Miramichi Area	55.3	58.0	59.4
Communities			
Bathurst, Beresford, Petit-Rocher Area	70.0	72.0	66.7
Bouctouche, Richibucto, Saint-Antoine Area	65.8	73.1	66.7
Campbellton, Atholville, Tide Head Area	59.8	64.8	59.5
Caraquet, Paquetville, Bertrand Area	70.4	73.2	70.4
Dalhousie, Balmoral, Belledune Area	56.6	61.8	59.7
Dieppe and Memramcook	71.8	72.0	74.6
Douglas, Saint Marys, Doaktown Area	41.9	50.9	56.8
Edmundston, Rivière-Verte, Lac Baker Area	70.2	72.2	71.9
Florenceville-Bristol, Woodstock, Wakefield Area	60.4	62.8	60.1
Fredericton	68.7	67.4	66.6
Grand Bay-Westfield, Westfield, Greenwich Area	70.3	69.6	72.3

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Grand Falls, Saint-Léonard, Drummond Area	67.7	62.2	70.1
Hillsborough, Riverside-Albert, Alma Area	62.1	56.3	71.8
Kedwick, Saint-Quentin and Grimmer	74.8	63.1	75.4
Minto, Chipman, Cambridge-Narrows Area	44.5	42.2	41.8
Miramichi, Rogersville, Blackville Area	56.0	56.9	60.4
Moncton	65.0	67.8	66.6
Nackawic, McAdam, Canterbury Area	58.8	59.4	61.5
Neguac, Alnwick, Esgenoopetitj Area	49.5	70.7	48.2
New Maryland, Kingsclear, Lincoln Area	68.2	68.2	65.5
Oromocto, Gagetown, Fredericton Junction Area	61.3	61.7	64.6
Perth-Andover, Plaster Rock, Tobique Area	51.4	45.8	56.1
Quispamsis, Rothesay, Hampton Area	73.0	73.9	74.0
Riverview and Coverdale	68.6	68.5	64.6
Sackville, Dorchester, Port Elgin Area	59.8	65.3	62.0
Saint John, Simonds and Musquash	64.1	64.1	67.0
Salisbury and Petitcodiac	60.8	61.4	62.9
Shediac, Beaubassin East and Cap-Pelé	59.3	65.2	57.5
Shippagan, Lamèque, Inkerman Area	72.5	74.8	63.6
St. George, Grand Manan, Blacks Harbour Area	52.3	39.5	47.8
St. Stephen, Saint Andrews, Campobello Island Area	56.3	55.9	59.8
Sussex, Norton, Sussex Corner Area	59.3	59.9	64.8
Tracadie and Saint-Isidore	68.2	67.8	70.3
School districts			
Anglophone East School District	60.6	62.3	63.2

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Anglophone North School District	53.2	56.1	58.7
Anglophone South School District	64.8	64.4	66.9
Anglophone West School District	61.9	60.3	61.7
Anglophone sector	61.6	61.7	63.5
District scolaire francophone Nord-Est	71.4	73.3	67.0
District scolaire francophone Nord-Ouest	74.2	72.5	75.8
District scolaire francophone Sud	73.7	77.2	72.9
Francophone sector	73.2	75.4	71.8
Grades			
Grade 4	65.5	65.2	66.5
Grade 5	64.4	66.4	65.5
Gender			
Female	65.6	67.2	66.5
Male	64.9	65.3	66.1
Indigenous identity			
Indigenous	57.3	55.7	55.8
Immigrant			
Immigrants	60.4	61.0	60.8

About

This indicator is the percentage of students in grades 4 and 5 who reported eating breakfast on most days.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "5 times, 6 times or 7+ times" by the number of respondents who answered "none, 1 time, 2 times, 3 times, 4 times, 5 times, 6 times or 7+ times" to the question: Last week, how many times did you eat breakfast?

Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_EAT04_2

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size