

# Students in grades 4 and 5 who report eating breakfast on most days

Unit: %

	Academic Year 2023-2024	Academic Year 2022-2023
Province		
New Brunswick	65.8	66.0
Health zones		
Zone 1 - Moncton and South-East Area	68.5	67.2
Zone 2 - Fundy Shore and Saint John Area	64.6	67.3
Zone 3 - Fredericton and River Valley Area	63.1	63.2
Zone 4 - Madawaska and North-West Area	67.4	71.7
Zone 5 - Restigouche Area	63.5	59.6
Zone 6 - Bathurst and Acadian Peninsula Area	71.5	67.8
Zone 7 - Miramichi Area	58.0	59.4
Communities		
Bathurst, Beresford, Petit-Rocher Area	72.0	66.7
Bouctouche, Richibucto, Saint-Antoine Area	73.1	66.7
Campbellton, Atholville, Tide Head Area	64.8	59.5
Caraquet, Paquetville, Bertrand Area	73.2	70.4
Dalhousie, Balmoral, Belledune Area	61.8	59.7
Dieppe and Memramcook	72.0	74.6
Douglas, Saint Marys, Doaktown Area	50.9	56.8
Edmundston, Rivière-Verte, Lac Baker Area	72.2	71.9
Florenceville-Bristol, Woodstock, Wakefield Area	62.8	60.1
Fredericton	67.4	66.6
Grand Bay-Westfield, Westfield, Greenwich Area	69.6	72.3



	Academic Year 2023-2024	Academic Year 2022-2023
Grand Falls, Saint-Léonard, Drummond Area	62.2	70.1
Hillsborough, Riverside-Albert, Alma Area	56.3	71.8
Kedgwick, Saint-Quentin and Grimmer	63.1	75.4
Minto, Chipman, Cambridge-Narrows Area	42.2	41.8
Miramichi, Rogersville, Blackville Area	56.9	60.4
Moncton	67.8	66.6
Nackawic, McAdam, Canterbury Area	59.4	61.5
Neguac, Alnwick, Esgenoopetitj Area	70.7	48.2
New Maryland, Kingsclear, Lincoln Area	68.2	65.5
Oromocto, Gagetown, Fredericton Junction Area	61.7	64.6
Perth-Andover, Plaster Rock, Tobique Area	45.8	56.1
Quispamsis, Rothesay, Hampton Area	73.9	74.0
Riverview and Coverdale	68.5	64.6
Sackville, Dorchester, Port Elgin Area	65.3	62.0
Saint John, Simonds and Musquash	64.1	67.0
Salisbury and Petitcodiac	61.4	62.9
Shediac, Beaubassin East and Cap-Pelé	65.2	57.5
Shippagan, Lamèque, Inkerman Area	74.8	63.6
St. George, Grand Manan, Blacks Harbour Area	39.5	47.8
St. Stephen, Saint Andrews, Campobello Island Area	55.9	59.8
Sussex, Norton, Sussex Corner Area	59.9	64.8
Tracadie and Saint-Isidore	67.8	70.3
School districts		
Anglophone East School District	62.3	63.2



	Academic Year 2023-2024	Academic Year 2022-2023
Anglophone North School District	56.1	58.7
Anglophone South School District	64.4	66.9
Anglophone West School District	60.3	61.7
Anglophone sector	61.7	63.5
District scolaire francophone Nord-Est	73.3	67.0
District scolaire francophone Nord-Ouest	72.5	75.8
District scolaire francophone Sud	77.2	72.9
Francophone sector	75.4	71.8
Grades		
Grade 4	65.2	66.5
Grade 5	66.4	65.5
Gender		
Female	67.2	66.5
Male	65.3	66.1
Indigenous identity		
Indigenous	55.7	55.8
Immigrant		
Immigrants	61.0	60.8



### **About**

This indicator is the percentage of students in grades 4 and 5 who report eating breakfast on most days.

## Source

Student Wellness and Education Survey, Grades 4-5

# **Calculations**

This indicator is calculated by dividing the number of respondents who answered "5 times, 6 times or 7+ times" by the number of respondents who answered "none, 1 time, 2 times, 3 times, 4 times, 5 times, 6 times or 7+ times" to the question: Last week, how many times did you eat breakfast?

#### **Notes**

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_EAT04_2

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size