

Students in grades 4 and 5 who reported being physically active for one hour or more at school on most days

Unit : %

| | Academic Year 2024-2025 | Academic Year 2023-2024 | Academic Year 2022-2023 |
|--|----------------------------|----------------------------|----------------------------|
| Province | | | |
| New Brunswick | 66.5 | 60.8 | 60.5 |
| Health zones | | | |
| Zone 1 - Moncton and South-East Area | 63.8 | 57.0 | 58.0 |
| Zone 2 - Fundy Shore and Saint John Area | 66.9 | 62.9 | 62.1 |
| Zone 3 - Fredericton and River Valley Area | 65.0 | 59.5 | 57.6 |
| Zone 4 - Madawaska and North-West Area | 75.6 | 64.8 | 73.0 |
| Zone 5 - Restigouche Area | 69.6 | 72.1 | 63.7 |
| Zone 6 - Bathurst and Acadian Peninsula Area | 73.4 | 65.3 | 61.6 |
| Zone 7 - Miramichi Area | 65.5 | 64.4 | 64.2 |
| Communities | | | |
| Bathurst, Beresford, Petit-Rocher Area | 74.0 | 64.1 | 64.2 |
| Bouctouche, Richibucto, Saint-Antoine Area | 68.5 | 60.1 | 71.1 |
| Campbellton, Atholville, Tide Head Area | 72.7 | 74.9 | 61.8 |
| Caraquet, Paquetville, Bertrand Area | 66.5 | 68.9 | 55.2 |
| Dalhousie, Balmoral, Belledune Area | 65.6 | 68.4 | 66.1 |
| Dieppe and Memramcook | 66.0 | 53.3 | 59.6 |
| Douglas, Saint Marys, Doaktown Area | 57.4 | 49.8 | 60.7 |
| Edmundston, Rivière-Verte, Lac Baker Area | 74.3 | 67.0 | 72.2 |
| Florenceville-Bristol, Woodstock, Wakefield Area | 66.3 | 61.1 | 53.9 |
| Fredericton | 65.8 | 61.7 | 62.8 |
| Grand Bay-Westfield, Westfield, Greenwich Area | 79.5 | 65.6 | 71.6 |

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|--|----------------------------|----------------------------|----------------------------|
| Grand Falls, Saint-Léonard, Drummond Area | 76.6 | 61.4 | 71.8 |
| Hillsborough, Riverside-Albert, Alma Area | 61.2 | 67.2 | 66.3 |
| Kedgwick, Saint-Quentin and Grimmer | 77.6 | 65.5 | 77.7 |
| Minto, Chipman, Cambridge-Narrows Area | 64.9 | 62.2 | 30.7 |
| Miramichi, Rogersville, Blackville Area | 65.6 | 65.8 | 65.5 |
| Moncton | 63.0 | 57.9 | 58.4 |
| Nackawic, McAdam, Canterbury Area | 75.6 | 73.9 | 58.0 |
| Neguac, Alnwick, Esgenoopetitj Area | 64.8 | 48.2 | 48.2 |
| New Maryland, Kingsclear, Lincoln Area | 68.4 | 56.0 | 53.4 |
| Oromocto, Gagetown, Fredericton Junction Area | 60.8 | 52.9 | 51.4 |
| Perth-Andover, Plaster Rock, Tobique Area | 47.8 | 56.9 | 73.2 |
| Quispamsis, Rothesay, Hampton Area | 65.5 | 68.5 | 62.3 |
| Riverview and Coverdale | 61.0 | 56.1 | 50.8 |
| Sackville, Dorchester, Port Elgin Area | 63.2 | 58.4 | 56.6 |
| Saint John, Simonds and Musquash | 69.7 | 62.1 | 61.5 |
| Salisbury and Petitcodiac | 58.6 | 60.2 | 53.1 |
| Shediac, Beaubassin East and Cap-Pelé | 66.2 | 52.7 | 45.8 |
| Shippagan, Lamèque, Inkerman Area | 69.8 | 60.8 | 58.9 |
| St. George, Grand Manan, Blacks Harbour Area | 59.2 | 64.8 | 69.5 |
| St. Stephen, Saint Andrews, Campobello Island Area | 54.5 | 52.3 | 65.5 |
| Sussex, Norton, Sussex Corner Area | 66.1 | 55.8 | 54.1 |
| Tracadie and Saint-Isidore | 78.8 | 67.4 | 64.1 |
| School districts | | | |
| Anglophone East School District | 59.4 | 54.3 | 54.9 |

| | Academic Year 2024-2025 | Academic Year 2023-2024 | Academic Year 2022-2023 |
|--|----------------------------|----------------------------|----------------------------|
| Anglophone North School District | 65.3 | 65.0 | 64.6 |
| Anglophone South School District | 67.1 | 63.2 | 61.9 |
| Anglophone West School District | 64.6 | 59.2 | 56.8 |
| Anglophone sector | 64.1 | 59.8 | 58.8 |
| District scolaire francophone Nord-Est | 75.6 | 67.0 | 61.6 |
| District scolaire francophone Nord-Ouest | 79.7 | 67.3 | 76.4 |
| District scolaire francophone Sud | 68.5 | 60.4 | 62.2 |
| Francophone sector | 72.3 | 63.3 | 64.4 |
| Grades | | | |
| Grade 4 | 63.9 | 58.9 | 58.9 |
| Grade 5 | 68.8 | 62.8 | 62.0 |
| Gender | | | |
| Female | 65.1 | 57.2 | 58.6 |
| Male | 68.6 | 64.8 | 63.0 |
| Indigenous identity | | | |
| Indigenous | 62.4 | 57.9 | 60.6 |
| Immigrant | | | |
| Immigrants | 60.8 | 55.0 | 54.9 |

About

This indicator is the percentage of students in grades 4 and 5 who reported being physically active for one hour or more at school on most days. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "1 hour, 1 hour and 30 min, 2 hours or 3 hours or more" by the number of respondents who answered "none, less than 30 min, 30 min, 1 hour, 1 hour and 30 min, 2 hours or 3 hours or more" to the question: On most days, how much time do you spend. f) Being physically active at school (walking/biking to school, open gyms in the morning or lunch time, intramurals, physical education class, fitness breaks, yoga, Mornings in Motion, school-sports team or clubs.)

Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

| Unit | Interpretation | NBHC code |
|------|------------------|------------|
| % | Higher is better | SE_PHY03_1 |

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size