

Students in grades 4 and 5 who reported being physically active for one hour or more at school on most days

Unit : %

Province	Academic Year	Academic Year	Academic Year
	2024-2025	2023-2024	2022-2023
Province			
New Brunswick	66.5	60.8	60.5
Health zones			
Zone 1 - Moncton and South-East Area	63.8	57.0	58.0
Zone 2 - Fundy Shore and Saint John Area	66.9	62.9	62.1
Zone 3 - Fredericton and River Valley Area	65.0	59.5	57.6
Zone 4 - Madawaska and North-West Area	75.6	64.8	73.0
Zone 5 - Restigouche Area	69.6	72.1	63.7
Zone 6 - Bathurst and Acadian Peninsula Area	73.4	65.3	61.6
Zone 7 - Miramichi Area	65.5	64.4	64.2
Communities			
Bathurst, Beresford, Petit-Rocher Area	74.0	64.1	64.2
Bouctouche, Richibucto, Saint-Antoine Area	68.5	60.1	71.1
Campbellton, Atholville, Tide Head Area	72.7	74.9	61.8
Caraquet, Paquetville, Bertrand Area	66.5	68.9	55.2
Dalhousie, Balmoral, Belledune Area	65.6	68.4	66.1
Dieppe and Memramcook	66.0	53.3	59.6
Douglas, Saint Marys, Doaktown Area	57.4	49.8	60.7
Edmundston, Rivière-Verte, Lac Baker Area	74.3	67.0	72.2
Florenceville-Bristol, Woodstock, Wakefield Area	66.3	61.1	53.9
Fredericton	65.8	61.7	62.8
Grand Bay-Westfield, Westfield, Greenwich Area	79.5	65.6	71.6

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Grand Falls, Saint-Léonard, Drummond Area	76.6	61.4	71.8
Hillsborough, Riverside-Albert, Alma Area	61.2	67.2	66.3
Kedgwick, Saint-Quentin and Grimmer	77.6	65.5	77.7
Minto, Chipman, Cambridge-Narrows Area	64.9	62.2	30.7
Miramichi, Rogersville, Blackville Area	65.6	65.8	65.5
Moncton	63.0	57.9	58.4
Nackawic, McAdam, Canterbury Area	75.6	73.9	58.0
Neguac, Alnwick, Esgenoopetitj Area	64.8	48.2	48.2
New Maryland, Kingsclear, Lincoln Area	68.4	56.0	53.4
Oromocto, Gagetown, Fredericton Junction Area	60.8	52.9	51.4
Perth-Andover, Plaster Rock, Tobique Area	47.8	56.9	73.2
Quispamsis, Rothesay, Hampton Area	65.5	68.5	62.3
Riverview and Coverdale	61.0	56.1	50.8
Sackville, Dorchester, Port Elgin Area	63.2	58.4	56.6
Saint John, Simonds and Musquash	69.7	62.1	61.5
Salisbury and Petitcodiac	58.6	60.2	53.1
Shediac, Beaubassin East and Cap-Pelé	66.2	52.7	45.8
Shippagan, Lamèque, Inkerman Area	69.8	60.8	58.9
St. George, Grand Manan, Blacks Harbour Area	59.2	64.8	69.5
St. Stephen, Saint Andrews, Campobello Island Area	54.5	52.3	65.5
Sussex, Norton, Sussex Corner Area	66.1	55.8	54.1
Tracadie and Saint-Isidore	78.8	67.4	64.1
School districts			
Anglophone East School District	59.4	54.3	54.9

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Anglophone North School District	65.3	65.0	64.6
Anglophone South School District	67.1	63.2	61.9
Anglophone West School District	64.6	59.2	56.8
Anglophone sector	64.1	59.8	58.8
District scolaire francophone Nord-Est	75.6	67.0	61.6
District scolaire francophone Nord-Ouest	79.7	67.3	76.4
District scolaire francophone Sud	68.5	60.4	62.2
Francophone sector	72.3	63.3	64.4
Grades			
Grade 4	63.9	58.9	58.9
Grade 5	68.8	62.8	62.0
Gender			
Female	65.1	57.2	58.6
Male	68.6	64.8	63.0
Indigenous identity			
Indigenous	62.4	57.9	60.6
Immigrant			
Immigrants	60.8	55.0	54.9

About

This indicator is the percentage of students in grades 4 and 5 who reported being physically active for one hour or more at school on most days. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "1 hour, 1 hour and 30 min, 2 hours or 3 hours or more" by the number of respondents who answered "none, less than 30 min, 30 min, 1 hour, 1 hour and 30 min, 2 hours or 3 hours or more" to the question: On most days, how much time do you spend. f) Being physically active at school (walking/biking to school, open gyms in the morning or lunch time, intramurals, physical education class, fitness breaks, yoga, Mornings in Motion, school-sports team or clubs.)

Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_PHY03_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size