

Students in grades 4 and 5 who reported being physically active for one hour or more at school on most days

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023
Province		
New Brunswick	60.8	60.5
Health zones		
Zone 1 - Moncton and South-East Area	57.0	58.0
Zone 2 - Fundy Shore and Saint John Area	62.9	62.1
Zone 3 - Fredericton and River Valley Area	59.5	57.6
Zone 4 - Madawaska and North-West Area	64.8	73.0
Zone 5 - Restigouche Area	72.1	63.7
Zone 6 - Bathurst and Acadian Peninsula Area	65.3	61.6
Zone 7 - Miramichi Area	64.4	64.2
Communities		
Bathurst, Beresford, Petit-Rocher Area	64.1	64.2
Bouctouche, Richibucto, Saint-Antoine Area	60.1	71.1
Campbellton, Atholville, Tide Head Area	74.9	61.8
Caraquet, Paquetville, Bertrand Area	68.9	55.2
Dalhousie, Balmoral, Belledune Area	68.4	66.1
Dieppe and Memramcook	53.3	59.6
Douglas, Saint Marys, Doaktown Area	49.8	60.7
Edmundston, Rivière-Verte, Lac Baker Area	67.0	72.2
Florenceville-Bristol, Woodstock, Wakefield Area	61.1	53.9
Fredericton	61.7	62.8
Grand Bay-Westfield, Westfield, Greenwich Area	65.6	71.6

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Grand Falls, Saint-Léonard, Drummond Area	61.4	71.8
Hillsborough, Riverside-Albert, Alma Area	67.2	66.3
Kedgwick, Saint-Quentin and Grimmer	65.5	77.7
Minto, Chipman, Cambridge-Narrows Area	62.2	30.7
Miramichi, Rogersville, Blackville Area	65.8	65.5
Moncton	57.9	58.4
Nackawic, McAdam, Canterbury Area	73.9	58.0
Neguac, Alnwick, Esgenoopetitj Area	48.2	48.2
New Maryland, Kingsclear, Lincoln Area	56.0	53.4
Oromocto, Gagetown, Fredericton Junction Area	52.9	51.4
Perth-Andover, Plaster Rock, Tobique Area	56.9	73.2
Quispamsis, Rothesay, Hampton Area	68.5	62.3
Riverview and Coverdale	56.1	50.8
Sackville, Dorchester, Port Elgin Area	58.4	56.6
Saint John, Simonds and Musquash	62.1	61.5
Salisbury and Petitcodiac	60.2	53.1
Shediac, Beaubassin East and Cap-Pelé	52.7	45.8
Shippagan, Lamèque, Inkerman Area	60.8	58.9
St. George, Grand Manan, Blacks Harbour Area	64.8	69.5
St. Stephen, Saint Andrews, Campobello Island Area	52.3	65.5
Sussex, Norton, Sussex Corner Area	55.8	54.1
Tracadie and Saint-Isidore	67.4	64.1
School districts		
Anglophone East School District	54.3	54.9

	Academic Year 2023-2024	Academic Year 2022-2023
Anglophone North School District	65.0	64.6
Anglophone South School District	63.2	61.9
Anglophone West School District	59.2	56.8
Anglophone sector	59.8	58.8
District scolaire francophone Nord-Est	67.0	61.6
District scolaire francophone Nord-Ouest	67.3	76.4
District scolaire francophone Sud	60.4	62.2
Francophone sector	63.3	64.4
Grades		
Grade 4	58.9	58.9
Grade 5	62.8	62.0
Gender		
Female	57.2	58.6
Male	64.8	63.0
Indigenous identity		
Indigenous	57.9	60.6
Immigrant		
Immigrants	55.0	54.9

About

This indicator is the percentage of students in grades 4 and 5 who reported being physically active for one hour or more at school on most days. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "1 hour, 1 hour and 30 min, 2 hours or 3 hours or more" by the number of respondents who answered "none, less than 30 min, 30 min, 1 hour, 1 hour and 30 min, 2 hours or 3 hours or more" to the question: On most days, how much time do you spend. f) Being physically active at school (walking/biking to school, open gyms in the morning or lunch time, intramurals, physical education class, fitness breaks, yoga, Mornings in Motion, school-sports team or clubs.)

Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit

%

Interpretation

Higher is better

NBHC code

SE_PHY03_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size