

Students in grades 4 and 5 who reported being physically active for one hour or more outside school on most days

Unit : %

Province	Academic Year	Academic Year
	2023-2024	2022-2023
Province		
New Brunswick	60.9	62.5
Health zones		
Zone 1 - Moncton and South-East Area	59.5	61.4
Zone 2 - Fundy Shore and Saint John Area	62.4	63.5
Zone 3 - Fredericton and River Valley Area	61.2	62.2
Zone 4 - Madawaska and North-West Area	59.1	65.4
Zone 5 - Restigouche Area	63.1	60.3
Zone 6 - Bathurst and Acadian Peninsula Area	62.0	62.2
Zone 7 - Miramichi Area	59.3	64.5
Communities		
Bathurst, Beresford, Petit-Rocher Area	65.3	65.3
Bouctouche, Richibucto, Saint-Antoine Area	63.2	64.8
Campbellton, Atholville, Tide Head Area	56.9	64.3
Caraquet, Paquetville, Bertrand Area	53.2	60.8
Dalhousie, Balmoral, Belledune Area	71.0	55.2
Dieppe and Memramcook	55.9	62.7
Douglas, Saint Marys, Doaktown Area	55.0	57.1
Edmundston, Rivière-Verte, Lac Baker Area	60.8	63.9
Florenceville-Bristol, Woodstock, Wakefield Area	59.0	60.4
Fredericton	62.8	65.5
Grand Bay-Westfield, Westfield, Greenwich Area	60.3	68.2

	Academic Year 2023-2024	Academic Year 2022-2023
Grand Falls, Saint-Léonard, Drummond Area	55.9	68.0
Hillsborough, Riverside-Albert, Alma Area	60.2	58.1
Kedgwick, Saint-Quentin and Grimmer	61.7	63.1
Minto, Chipman, Cambridge-Narrows Area	55.5	38.5
Miramichi, Rogersville, Blackville Area	60.4	65.8
Moncton	58.0	61.9
Nackawic, McAdam, Canterbury Area	65.4	65.3
Neguac, Alnwick, Esgenoopetitj Area	45.3	49.1
New Maryland, Kingsclear, Lincoln Area	62.5	67.5
Oromocto, Gagetown, Fredericton Junction Area	61.9	57.8
Perth-Andover, Plaster Rock, Tobique Area	51.9	61.6
Quispamsis, Rothesay, Hampton Area	68.5	69.0
Riverview and Coverdale	65.9	60.7
Sackville, Dorchester, Port Elgin Area	64.9	62.1
Saint John, Simonds and Musquash	60.5	59.2
Salisbury and Petitcodiac	58.4	59.8
Shediac, Beaubassin East and Cap-Pelé	61.8	48.1
Shippagan, Lamèque, Inkerman Area	61.9	57.5
St. George, Grand Manan, Blacks Harbour Area	61.5	62.2
St. Stephen, Saint Andrews, Campobello Island Area	55.9	69.5
Sussex, Norton, Sussex Corner Area	58.8	59.0
Tracadie and Saint-Isidore	62.5	61.8
School districts		
Anglophone East School District	57.1	58.0

	Academic Year 2023-2024	Academic Year 2022-2023
Anglophone North School District	59.5	63.6
Anglophone South School District	62.8	63.1
Anglophone West School District	60.6	61.7
Anglophone sector	60.3	61.4
District scolaire francophone Nord-Est	62.5	61.4
District scolaire francophone Nord-Ouest	61.1	66.0
District scolaire francophone Sud	62.4	66.4
Francophone sector	62.2	64.9
Grades		
Grade 4	58.2	60.5
Grade 5	63.5	64.4
Gender		
Female	58.1	60.3
Male	63.9	64.9
Indigenous identity		
Indigenous	62.3	62.9
Immigrant		
Immigrants	52.0	55.2

About

This indicator is the percentage of students in grades 4 and 5 who reported being physically active for one hour or more outside school on most days. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "1 hour, 1 hour and 30 min, 2 hours or 3 hours or more" by the number of respondents who answered "none, less than 30 min, 30 min, 1 hour, 1 hour and 30 min, 2 hours or 3 hours or more" to the question: On most days, how much time do you spend. g) Being physically active outside school (running, walking, swimming, sports, yard work, etc.)

Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_PHY04_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size